

## THE TRIPPER



Newsletter of the Chilliwack Outdoor Club

TRIP REPORT

## PRESIDENT'S PERSPECTIVE

If all the trip reports get in by the deadline, the July Tripper is going to be one awesome edition! Thanks to Jocelyn for the hours she puts into preparing the Tripper for the reminiscence and enjoyment of all members. It's great to see so many folks taking Dr. Bonnie's advice to "get outside and play". She also reminds us to play safe so if you are feeling at all unwell, do not, for the safety of the others, participate in a club activity.

We had good feedback on the proposed dog policy and it will be now posted to the website, [chilliwackoutdoorclub.com](http://chilliwackoutdoorclub.com). Essentially, it is up to the trip organizer to announce if dogs are welcome on an activity. The policy does not preclude dogs on hikes; any trip organizer is free to invite them so long as this is made clear to all participants.

We've been in contact with the Neighbourhood Learning Centre about meeting rooms this fall but they are undecided about renting facilities. We would need a space to accommodate up to 50 members while maintaining physical distancing. So we will continue to explore this along with whether a fall bbq is possible within current public health guidelines. We'll let you know as soon as possible.

I met two new Club members while on the Skyline I hike this week. Both joined up through the new club website. Welcome and thanks for joining a great organization with fantastic people!

- Grant

## QUATSINO SOUND KAYAK TRIP – JUNE 26 TO JULY 2



This trip was originally planned for the Nuchatlitz area, which is on the northwest side of Nootka Island off the west coast of Vancouver Island. Due to forecast gale force winds for most of the week we re-planned the trip on the fly and decided that Quatsino Sound was a better alternative due to it being more protected from the forecast northwest winds.

Our group of five paddlers departed Chilliwack early on Friday morning to catch the 1015 ferry from Tsawwassen to Duke Point. At this point we were still hoping to paddle the Nuchatlitz area so we headed for the put-in near Zeballos which is about a 40-minute drive up a logging road due west of Telegraph Cove. We were not sure if we would be able to reach the put-in since the access road crossed a First



Nations reserve near Zeballos. We planned on camping out on Friday night near Zeballos and checking out the access for a launch on Saturday morning.

In Zeballos we talked to the owner of the General Store and were told that the access road was indeed closed, however, she could give us a pass to access the put-in since she is an outfitter and kayakers are welcome in the area. Outside the store we met a local gentleman who we asked about camping in the area. He insisted on driving us to a great campsite on the river a few kilometers outside of town. We never would have known about it without his assistance.



Early the next morning we checked the weather again and realized that it would not be possible to paddle the Nuchatlitz area due to the winds.

Carol's notes for Friday and Saturday looked like this:

Plan A - Launch at Little Espinoza ... nope, road through First Nations land is blocked.

Plan B - Launch at Esperanza ... nope, gale force winds are in forecast and inlet is narrow with steep sides.

Plan C - Launch at Little Espinoza with a "pass" from the kayak outfitter in Zeballos. Sleep on it at a lovely riverside camp spot near Zeballos.

Plan D - A consistent gale force wind forecast pushed us to try to find an alternative to paddling in the Nuchatlitz area. We got hot drinks from a nice tea shop in Port McNeill, pored over a map, gathered tide and current charts and made a decision. We're off to Quatsino Sound!

Quatsino Sound is a complex of coastal inlets, bays and islands on northwestern Vancouver Island. It is the northernmost of the five sounds that pierce the west coast of Vancouver Island, the others being Kyuquot Sound, Nootka Sound, Clayoquot Sound, and Barkley Sound.

About half way up Quatsino Sound, east of Drake Island, Quatsino Narrows connects the eastern end of the Sound to Holberg Inlet and the smaller Rupert Inlet. These narrows (which are also known in British Columbia as skookumchucks), have strong currents of up to 9 knots (17 km/h) and large standing waves during max tidal flow.

Saturday, June 27:

Rupert Inlet Rec Site to Drake Island (22.3 km)

We put in on the east side of Rupert Inlet after following a short FSR road. The FSR road to Coal Harbour was impassable. After a paddle of about 10km, we stopped on the west side of Varney Bay to have a fire and wait for the turn of the current. At 6:30pm we headed towards the Quatsino Narrows. It was quite exciting but easy paddling (just like we had predicted in our planning). The paddle to Drake Island was into a headwind and by then we were all feeling quite tired.

After some scouting and some brush clearing by Dave S, we set up camp as night was falling. There was barely enough time to cook supper and have a bit of time by the roaring fire before we were all ready for bed. We were thankful for the long days at this time of year.

Sunday, June 28:

Drake Island to Quatsino Prov Park (15 km)

After a relaxing morning we packed up and headed out into some beautiful sunshine. A NW wind blew all day and the marine forecast continued to warn of 25-35 knot winds. Ildstad Island offered a protected bay for lunch and a fire. The campsite at Quatsino Prov Park, which was shown on our map, had not been used for a long time. Once again we cleared the space above the high tide mark and were able to find spots for all 4 tents.

Monday, June 29:

Quatsino Prov Park to Gillam Island (open ocean) and back (26 km)

Another sunny morning invited us to explore further west toward the open ocean. Of course we had a headwind but our muscles by this point were getting used to the paddling. Along the way we were treated to many sightings of sea



otters. Near the rocky islands at the mouth of the Sound there were about 30-40 mama otters swimming on their backs. Many of them had babies on their bellies. They are such curious animals and so cute!! We ventured out into the swells (about 1.5-2 meters) for a short time.

There was also a lot of chop on the surface and reactionary waves coming from the rocky islands so our kayaks were bouncing and bobbing every which way. On the way back we stopped for a late lunch break and a fire. For a change, we had a tailwind on the way back to our campsite. The high tide at 9:30pm just about lapped onto our fire!



Tuesday, June 30:

Quatsino Prov Park to Drake Island (15 km)

Now that we were heading back east, we were hoping to have a tailwind for a change... and thankfully yes we did!

The paddle to Ildstad Island was an easy one. A warm fire and lunch were on the menu. For some entertainment some of us traded kayaks for the next leg of the paddle. Dave S and Carol discovered that the tandem kayak really flies! It was great to know that our campsite on Drake Island was waiting for us. Such a relaxing day.



Wednesday, July 1:

Drake Island to Rupert Inlet Rec Site (20 km; shorter distance than our first day due to straight line across Rupert Inlet)

Today was another day when we had a very late start. This is counter-intuitive for most kayaking days but we needed to plan to arrive at the Quatsino Narrows when the tide was turning. A morning paddle into the bays just around the corner from our campsite was fun. Once we had broken camp and set off into the Sound, we realized that the tailwind was going to speed along our arrival at the Narrows. At some points we were coasting at 4km/hr without putting in our paddles in the water at all! Due to our leisurely pace we arrived at the Narrows just about right on time.

Paddling through the Narrows was a great and the final kms back to the rec site and our vehicles went by quickly. We managed to find enough spots for our tents although the rec site is pretty unorganized. A final beach fire gave us lots of opportunity to reminisce about the good trip. We're all feeling lucky that we managed to squeeze in this kayaking trip considering the marine forecast was really working against us.

Paddlers: Carol A, Dave S, Cindy C, Cindy W, **Dave B**

## SLESSE MOUNTAIN MEMORIAL TRAIL - JUNE

29



Chilliwack Lake Rd to Riverside campground and then we drove in to the TH about 7 kms over a rough road (4X4 and good clearance needed). Plenty of parking at the TH. This is a trail to do over and over again — a forest walk for a few kms as you ascend gently, a solid bridge over the Nesakwatch Creek (a roaring river), up through alder and little streamlets as the trail gets narrower and more open skies until you emerge at the memorial plaque and take in a stunning view.

We continued up from there and found ourselves in snow before long (1400 m) and the microspikes were on. The propeller and cairn were still buried under deep snow so we decided to have lunch instead.



Our group enjoyed the efforts of Harry Waldron and his crew who had worked on trail maintenance the week before and were able to clear up to the plaque. We sure missed them after that! About 11 kms round trip, 800 m elevation gain, some steep sections but all in all a moderate trek, average

grade 10.5%, about 6 hours hike plus back out onto the paved road.



Thanks for participating to: Bernie and Tim Yochim, Jackie Chambers, Ingrid Fischer, Mark Schmale,  
Leader: **Christine Camilleri**

## THE DELTA LOOP – JULY 4

Fourteen club members met up at the south end of the Alex Fraser Bridge to explore the flat lands of south Delta. The ride started with approximately 5 km of trail riding along the eastern edge of the Burns Bog that had some interesting sections, thanks to mud holes and soft sand. There was some walking and several soft falls (I had one of them).

Leaving the bog trail behind we rode a trail that paralleled Hwy # 91 and then to Mud Bay Park. From there we rode approx. 15km along the Boundary Bay dike before heading across the farmlands towards and along Canoe Pass, a channel of the Fraser River to the south and west of Ladner. The channel is lined with marinas, floating homes and homes on pilings suspended over the mud flats.

We stopped at Ladner Harbour Park for a lunch break and to feed the mosquitoes. We didn't linger! Exiting Ladner we rode past another marina, numerous apartment and condominium buildings under construction and through a tunnel under Hwy # 99 and into Deas Island Regional Park. Leaving the Park we followed River Rd. back to the start. This road can be very busy on weekdays with commercial traffic and has an 80kph speed limit. Fortunately, traffic was light and for the most part there was a wide paved shoulder. Distance covered, approx. 60km

- **Gary B**

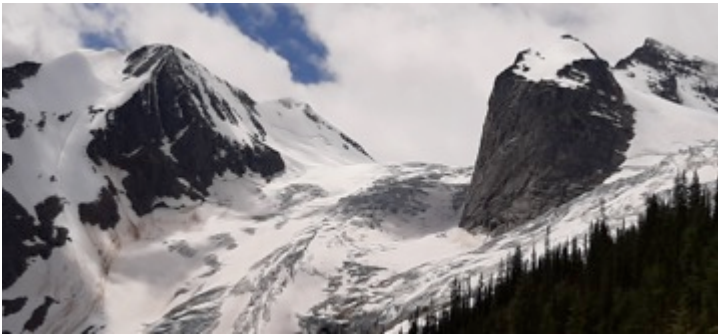
## BUGABOOS AND STANLEY GLACIER - JULY

14 - 15

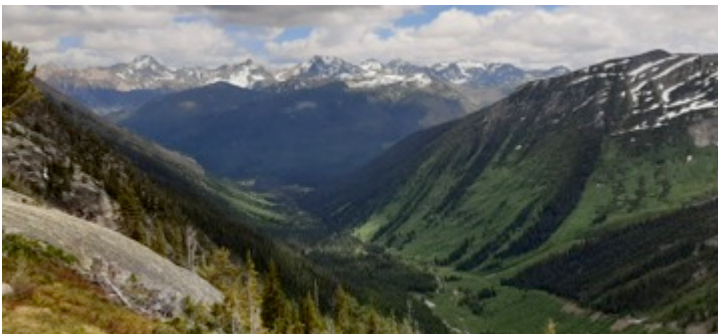


These day hikes were based out of Redstreak Campground near Radium Hot Springs. It's a great campground although not all campsites and no showers were open. And the Hot Springs pool was closed too!

We had a stupendous day for our hike to the Conrad Kain Hut (which was closed) in Bugaboo Provincial Park. The FSR from Brisco to the trailhead (50km!) was in reasonably good condition. We protected the truck from porcupine attacks with chicken wire although I don't think it is required unless parking overnight.



The first 2km of Spires Trail is flat before emerging from the forest and traversing the much steeper and open rock falls, cliffs and meadows. We were happy to have the chains and ladder to assist us up the sketchy parts. We had lunch at the hut and decided to venture no higher to Applebee dome due to the snow and way-finding difficulty.



Saw a black bear and stopped at the Bugaboo falls on the way out.

Stats: 9km; 720m gain; 7 hrs.

Stanley Glacier was actually our Plan C hike after Kindersley-Sinclair Loop and Hanging Glacier trails were ruled out due to snow, bridges out, trees down, etc. But Stanley never disappoints! Located about an hour north of Redstreak in Kootenay National Park, the trailhead has a small parking lot so an early start is recommended (when we finished our hike, cars were parked north and south along the highway).



The trail starts with switchbacks up to the lip of the hanging valley before levelling out. Great views of this classic glacier-carved valley through to the end of the maintained trail. From there, it is a traverse loop through scree and rocks to an upper meadow where we enjoyed glacier views over lunch.





After 5hrs, 11km and 600m of elevation we returned to Redstreak for traditional camper's fare – pizza!

Participating: **Christine**, Mary Ann, Cal, Claudine, Irene and **Grant**.

### YOHO NATIONAL PARK - JULY 16 - 18

We relocated from Redstreak to Takakkaw Falls campground in Yoho NP via Lake Louise (showers at the LL Inn only \$5.25!), the Natural bridge site and a circumnavigation of Emerald Lake (5km). The parking lot at Takakkaw Falls (among four highest in Canada) is 300m from the campground so it took a few trips to get from day camp to backpack mode.



The next morning we backpacked 6.8km (small elevation gain) to Twin Falls campground, set up our tents and then hiked up 1.6km along Twin Falls Creek to the falls. Not as high as Takakkaw but spectacular. We returned via Marpole lake and the 1902 tea hut, which is COVID – closed. A couple of us then hiked in search of the elusive Yoho Glacier, which we've renamed the Yoho no-glacier Glacier. Clearly the glacier has retreated significantly northward from that shown on Gaia mapping.



The next morning, we backpacked to Laughing Falls campground, again set up camp and then hiked up Little Yoho Valley despite the bear warning notices the CO was putting up. Then, up 300m vertical on the switchbacks of Whaleback trail to a wonderful lookout, including: the Yoho Glacier!



The backcountry campgrounds in Yoho consist of a few tentpads, pit toilets, aerial food caches and a couple picnic benches. On day 4, we returned to the parking lot and half of our numbers set off for home, while the RVers headed east to join up with the Icefields' group.



Stats for the 3-day Yoho: Distance: 47km; Elev gain 1365m; Memories: priceless.

Participating: **Christine**, Mary Ann, Cal, Claudine, Irene and **Grant**.

### CHILLIWACK-ROSEDALE DIKES - JULY 11

We started at the downtown Public library then wove our way to Ballam Rd. along the shore of the Fraser River where we climbed onto the dike for the 32km round trip ride to Rosedale and back. The dike surface is suitable for any style of bike. Riding the dike provides some interesting views of life on the 'other' side of the dike. Eleven folks started this ride, sadly two folks had to turn back early. Distance: approximately 50km.

- Gary B

### WEST HARRISON FIRE LOOKOUT TOWER - TRAIL MAINTENANCE – JULY 12

On Sunday July 12, 2020 six members of the club assembled at the Sasquatch Inn at 8:30 and then



travelled the 36 km up Morris Valley Road to the trailhead which is located about 200m up the right fork about 5km past Wood Lake Rec site. Margaret T and Jocelyn T identified numerous blockages from deadfall earlier this spring.



We used loppers, power weed trimmer, axe, rake, chainsaw and cleared the complete trail to the fire lookout tower. The weather was perfect for a work party and the views were spectacular. A fun time was had by Margaret the rake T, Jim the axe S, Andy the trimmer D, Heinz and Emilie the loppers B and Jim the saw A.

We were back at the Sasquatch Inn by about 5:00. The 2km hike to the tower is easily passable now and the tower is a great destination for a lunch inside or out.



Nine of us started out at 10:00am from the lower parking lot, which is 1937m high. The first 4.5 km were downhill, at a nice gradual decline. Just before Buckhorn camp we stopped at the picnic tables to use the outhouse & play with the Whisky Jacks. After that the trail ambled upwards to the meadows, at first it was a bit on the steep side through forest and then it tapered off when we entered the wide open meadows. As five of us women were waiting to regroup at the Bonneveir Trail junction, we were admiring the view and proclaiming “how gorgeous and beautiful”. Then we all went quiet at the same time as we realized Wayne (who was walking down the trail towards us) may be taking this the wrong way. We promptly assured him we were admiring the mountains and not the man. Sorry Wayne.



Oodles of yellow Glacier Lilies filled the meadows. They're the first to bloom after the snow melts. A few of them were transforming into Hippiess-on-a-stick. Just before the tarn there were some short stretches of snow that were easy to walk on. We had a quick lunch break at the tarn, which was still covered with ice. There we all decided to try for the summit and we all made it! I was surprised to see it's only 577m gain to the summit. What makes this hike more challenging is the length of it and then the last hour of uphill again.

- Jim Alkins

FIRST BROTHER SUMMIT – JULY 14

This hike is one of our all time favorites, known for its kaleidoscope of alpine flowers in vast rolling meadows surrounded by white capped peaks. We had a perfect weather day and although it was a little early for the peak of the blooms, we did see a lot of Glacier Lilies.



We lingered at the top, in no hurry to leave. Rico works for us and will soon be leaving for his homeland, Germany again. He wanted to do a hike. At the summit I asked him, “Well, what do you think?” He looked at me, nodded his head and said, “ I can't put it into words. It's so beautiful.”



The last few km of our return journey just seemed to go on and on...and on. The thought of burgers and beer at the Manning Park Lodge was becoming very enticing. By 6:00pm we were in the cars and heading down. The road was lined with purple Penstemon, Lupines and orange Indian Paintbrush.

At the restaurant we got to sit outside on the patio but could





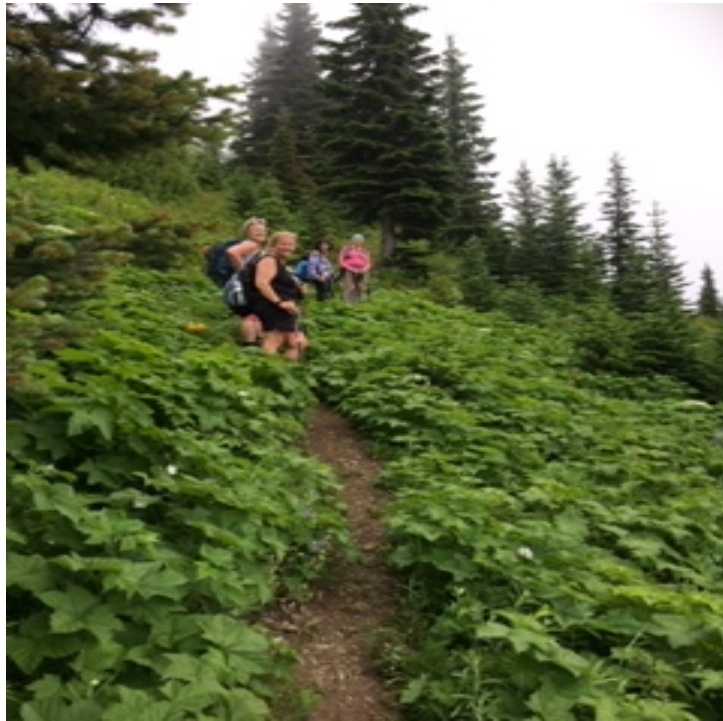
not sit with more than 6 at a table. So we took up two tables. A ground hog kept skittering about by our feet as we tried to stay patient while Wayne was meticulously pouring beer from a jug into four glasses. He insisted on filling each glass with the perfectly same amount. We toasted not once, but twice; first with our water glasses and then later with our beer glasses. This amazing day did deserve two toasts.

Stats: 21.78 km / 830m gain / 6 hours MT / 2272m high

Thanks to all who came out to make this day what it was: Sue A, Terry B, Jackie Ch, Wayne H, Annette L, Leora P, Rico, Case & **Joce T**

### HBC TRAIL: SOWAQUA ROAD TO DEER CAMP, JULY 23

7.5 km 725m elevation gain



We were pleased to have a cloudy, cool start to the morning for the steep hike up to Deer Camp. After passing through a wooded area and crossing a few streams, we were rewarded with large meadows of wildflowers. Since it was a short hike,



it allowed for plenty of stops for photos of the wildflowers, which were incredible.

When we reached the peak it was still cloudy but with the clouds moving, we caught glimpses of the mountains surrounding us. We had a long lunch break enjoying the views and company, before tackling the painful, steep downhill. We all agreed that the uphill was much easier.



Participants: **Margaret**, Ingrid, Robyn, Jackie, Tim and **Bernadette**

### COLUMBIA ICEFIELD PARKWAY AREA: JULY 18 – 24

When this trip was planned back in January, no one had heard of Covid 19. We were originally planning on the majority of the group camping in the first come/first served campsites along the Columbia Icefield Parkway. Like most of the club trips this year, flexibility became the key word. Once we learned that Parks Canada would not be opening the campsites along the Icefield Parkway, we decided to try and secure accommodation for everyone in the HI Hostels along

this route. In the end, eight of us stayed in the hostels and six others camped or boondocked wherever they could. It all worked out very well. Parks Canada even cooperated by opening a few of the campsites that were supposed to stay closed this year but their methods for communicating what was open, and what wasn't, left us scratching our heads.

### July 17 and 18

The trip started off with a few of us arriving early and staying at the HI Lake Louise Hostel for some hiking in the area. On Friday, July 17, a small group hiked up to the peak of Fairview Mountain which sits on the south side of Lake Louise. They found the hike to be not too difficult and the views were spectacular. The group reported that this was well worth doing if you are in the area. The following morning, a larger group set off with a few destinations in mind. Several of us hiked up to Lake Agnes and then on to Devils Thumb and the Plain of the Six Glaciers Trail. A few others hiked up to Mt St. Piran and returned to Lake Louise via the Devil's Thumb. The hiking in the Lake Louise area is always spectacular and we were fortunate to enjoy it with great weather and, due to Covid, without the normal crush of tourists.

On Saturday evening we all moved up to the Mosquito Creek Hostel to meet up with the entire group and to make plans for our week of hiking along the Icefield Parkway. The 230 km Icefield Parkway between Banff and Jasper is undeniably one of Canada's most scenic highways. More importantly for hikers, the road's southern section is the highest stretch of road in Canada. This means you are able to access the alpine areas much quicker than you are in other areas of Banff and Jasper. It is also one of the most highly glaciated areas that is accessible in Canada.

19 July Molar Pass – Distance 21.6 km Elevation Gain 610 m High Point 2348m



For our first hike we chose to do Molar Pass since it is



located directly across the highway from the Mosquito Creek Hostel. This is considered a difficult hike, mainly due to the distance involved. There are two possible options on this hike, Molar Pass and the slightly longer North Molar Pass. Both passes possess expansive views of some of the finest wildflower meadows in Banff National Park. The approach to the pass is in the forest for a considerable distance and the trail was quite muddy due to rain the preceding week. Our group split into two about halfway up the trail with one group doing the north trail and the other heading to Molar Pass.



The weather was a mix of sun and cloud, which allowed for very impressive views of the surrounding mountains. The meadows at the top of both passes are vast and there was time to do some exploring in the open alpine area.

20 July Bow Hut – Distance 22.4 km Elevation Gain 854 High Point 2617m

Sunday morning we awoke to a beautiful sunny day with light winds; a perfect day for the Bow Hut hike. After successfully getting everyone over the large house size boulder that guards the trail near the beginning, we continued on up the post-glacial valley that leads to the hut.

The views were great and included Bow Falls and a large



hanging glacier that sits over the end of the valley as you approach the trail up to the hut.



We ate lunch at the hut then a group of us continued on above the hut to enjoy spectacular views of the Wapta Icefield and St Nicholas Peak, a large shark fin similar to a Bugaboo Spire, that sits right on the continental divide.



21 July Helen Lake/Cirque Peak – Distance 14.6 km  
Elevation Gain 991 m Peak 2993m



Another brilliant sunny day for our hike up to Helen Lake. On the way up we enjoyed open views of Crowfoot Glacier across the valley. Half of the group stopped on the ridge above the lake for lunch while the remainder continued on to the summit of Cirque Peak where they enjoyed superb views of the Great Divide.



The hike to the peak is really a scramble up a steep scree slope. The wind was howling at the top but the views made it all worthwhile.



22 Jul Wilcox Pass - Distance 16.8 km Elevation Gain 630m /781m loss High Point 2423m



We woke up to cloudy skies on Wednesday morning with precipitation in the forecast. We were not sure if we should try Wilcox Pass but decided to give it a shot. The pass sits directly across from the Athabaska Glacier and Columbia Icefield so we were hoping to have some impressive views. About an hour into the hike it started to rain quite hard. We decided to turn back but about 30 minutes later the shower stopped and some blue sky started to show through.



We continued on toward Wilcox Pass and were rewarded with some great views. We stopped for lunch at the pass with a large herd of goats grazing just below us.

About half of the group decided to return to the highway via Tangle Creek. We were not really sure of the trail but it all worked out, and fortunately, Lori's husband Dan was there to pick up the group so they did not have to hitchhike back down to their cars. Thanks Dan!



23 Jul Edith Cavell/Angel Glacier Distance 8.5 km Elevation Gain 570 m



By Thursday, we all needed to do something a bit easier so we decided to hike the area around Angel Glacier. We hiked the route up through the meadows and, despite the cloudy weather, enjoyed good views of Mt Edith Cavell and the Angel Glacier.



In August 2012, 70 per cent of the Ghost Glacier, which hangs beside Angel Glacier, collapsed and fell into the glacial pool at the base of Mt Edith Cavell. The falling ice

landed in the pool of water and created an air blast and a tsunami-like wave that destroyed the parking lot, picnic area and a hiking path. Fortunately, this happened at 2 am so there were no injuries. The parking lot has been rebuilt in a safer location. Cal slept well knowing this.



24 Jul Bald Hills Lookout Distance 12 km Elevation Gain 643 m

By Friday morning the ranks were thinning in our hiking group. A few, who had been hiking in Glacier and Yoho National Parks prior to our week on the Columbia Icefields, needed a rest. A few others were headed down to Glacier for some more hiking the following week. The five of us that remained decided to hike the Bald Hills area near Maligne Lake, which is south east of the town of Jasper. We were treated to great views of Maligne Lake and the mountains that lie to the east which were covered in a dusting of new snow. (Was this really the end of July),



All in all it was a great week of hiking in an area with some of the most spectacular mountain scenery in Canada. Thanks to all who participated. A special thanks to Ron Dart, who could not make it on the trip but was able to provide us with information on all of the great hikes in the area. I even learned to play Hearts but I am still not sure if Case or Andrew know the rules.



Participants: Cal F, Claudine A, Irene H, Nadine B, Cindy W, Brian F, Anne O, Case T, Jocelyn T (photos), Sue A, Andrew D, Val S, Lori Y (and Dan for moral support and transportation).

- **Dave B**

### AGASSIZ-HARRISON LOOP- JULY 25

(Another 60km day) I was really looking forward to this ride as the plan was to ride the dikes along the north shore of the Fraser River from the Seabird Island Slough under and to the west of the Agassiz Bridge; all new territory for me. I called Bev Cole (a former club member and Agassiz resident) for some directions and she provided me with a detailed map of a suggested route. The ride began at the parking area next to the Agassiz Observer office building. I wanted to start the ride with a loop around Seabird Island; a very flat, quiet, and picturesque road to ride. Checking out portions of the planned route earlier in the week I learned that the Seabird island Band Council had closed this road to non-residents. Not to be deterred I contacted the Band Council to request permission to ride through their community. If they said, "No", I would have altered my plans. They said, "Yes", and were pleased that I had sought their permission to ride the road. The Agassiz dikes are public lands but the local farmers have gated and restricted access to many sections. No big deal, as there were well worn paths around most of the gates. The path on the dike directly below the Agassiz Bridge was very overgrown (blackberries) and wet in spots. This section was fun, an adventure.

Leaving the dikes we rode past Hopyard Hill and Cemetery Hill (site of the original Village of Agassiz Cemetery) and followed back roads to Harrison Hot Springs where we enjoyed a leisurely lunch, in a shady area along the beach. It

was HOT! From HHS we headed back to Agassiz which included a short stop at the Backporch Coffee Store. Seven club members enjoyed this ride.



I will be announcing several upcoming rides for August and September. They will include one or two rides approximately 50km in distance and a 100-120km tour. The latter ride will be the Rotary Route from Swartz Bay to Duke Point on Vancouver Island. This is a ride I've organized for club members several times in the past. It's not as challenging as the distance seems to suggest.

Safe riding everyone!

- Gary B

## SKYLINE 1 LOOP, JULY 28

16.5 km 775 elevation gain



We decided to start the hike from Spruce Bay, ending at Strawberry Flats. We left vehicles at Strawberry Flats so we wouldn't have to walk the 3.5 km between the parking areas. It was fun to have some new club members join us for this hike!

After a gradual climb through a forested area, we tackled the short but steep ridge surrounded by 360 views. We were

thankful for the cool breeze as we passed through the area that was damaged by a forest fire a few years ago. At the peak we were mesmerized by the views as we ate our lunches.

The next few kilometres were up and down through large meadows of wildflowers, with mountain views beyond them. It was hard to move quickly when we were surrounded by such beauty.

Our last stop was the viewpoint by the Skyline 1 and 2 intersections. Amazing views of Hozomeen and Thunder Lake left us in awe as we munched on our afternoon snack. Just a short walk along a ridge took us back into the woods, where we could enjoy a cool and easy walk back to Strawberry Flats parking lot. Several members said they would be back to do it again, some of them wanting to bring friends or family.



Participants: Margaret, Denise, Marlene, Brigitte, Grant, Christine C, Christine F, Tim, Anne, **Bernie**, Steve, Irene and Carol



**TRIP: HIKE INTO THE KEES & CLAIRE HUT IN THE WHISTLER AREA**  
**DATE: AUGUST ?????????????? 2020**  
**LEADER: RON DART @ RDART@SHAW.CA**  
**PEOPLE: 8 PERSON LIMIT**

**TRIP: SHADOW LAKE LODGE, BANFF NP, DAY HIKE, SCRAMBLE, BIKE IN**  
**LEADER: RON DART @RDART@SHAW.CA**  
**PEOPLE: 8 PERSON LIMIT**

**TRIP: BACKPACK BRAZEAU LAKE LOOP, JASPER NP**  
**DATE: AUGUST 29 – SEPT 6 2020**  
**LEADER: SUE LAWRENCE @GWELU@TELUS.NET & AL SMITH @HIKETHEPEAK@GMAIL.COM**  
**PEOPLE: 8 PERSON LIMIT**

**TRIP: DAY HIKING ON THE SOUTH SIDE OF MT BAKER ALONG HWY 20 TO THE NORTH CASCADES**  
**DATE: 3/5 DAYS AT A TIME IN AUGUST – SEPTEMBER 2020 AND BEYOND**  
**LEADER: CAL FRANCIS @CALFRANCIS@GMAIL.COM**  
**PEOPLE: 12 PERSON LIMIT**

**TRIP: CHURN LAKE PROTECTED AREA, CHILCOTIN AREA OF B.C.**  
**DATE: SEPTEMBER 17-18-19-20 2020**  
**LEADER: JUDY PASEMKO @ JUDYPASEMKO@SHAW.CA**  
**PEOPLE: 8 PERSON LIMIT**

**TRIP: UTAH – ZION NP, BRYCE CANYON NP, VERMILLON CLIFFS NM ETC ETC, CAR CAMPING AND DAY HIKING**  
**DATE: OCTOBER 12 – 31 2020**  
**LEADER: DAVE BIEHN @ DAVE.BIEHN@GMAIL.COM**

**TRIP: THE ISLAND OF MAUI & HALEAKALA NP HAWAII, DAY HIKE, STAY AT HOSTEL OR AIR B&B**

**DATE: LEADER: JOHN MCLELLAN @ JHMCLELLAN@SHAW.CA**  
**PEOPLE: 8 PERSON LIMIT**  
**NOVEMBER 13 – 26 2020**

**TRIP: DAY HIKING IN PATAGONIA ARGENTINA/CHILE IN SOUTH AMERICA**  
**DATE: JANUARY 23 – FEBRUARY 15 2021**  
**LEADER: CAL FRANCIS @ CALFRANCIS@GMAIL.COM**  
**PEOPLE: 12 PERSO**



Cooling off sore feet in Bow Lake



A marmot at Helen Lake

Masthead: Bow Glacier

## CLUB INFORMATION

### Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

### Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: [www.valhallapure.com](http://www.valhallapure.com) (club sponsor), [www.backpacker.com](http://www.backpacker.com) and [www.mec.ca](http://www.mec.ca).

**Safety first, last, and always!** It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

### The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

### Equipment for Club Members' Use

3 shovels	1 climbing dead man anchor
2 pairs of crampons	13 ice axes
2 avalanche transceivers	1 avalanche probe
6 climbing harnesses & a few carbineers	5 ice screws
	contact Cal Francis to use: <a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a>

**Note:** All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine

its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

### Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

## CLUB CONTACTS

Position	Name	E-mail
President +	Grant Acheson 604-791-5808	<a href="mailto:Achesongrant9@gmail.com">Achesongrant9@gmail.com</a>
Vice President	Christine Camilleri	<a href="mailto:4christinecamilleri@gmail.com">4christinecamilleri@gmail.com</a>
Secretary	Jackie Chambers	<a href="mailto:Jackie.p.chambers@hotmail.com">Jackie.p.chambers@hotmail.com</a>
Treasurer	Irene Hofler 604-824-6741	<a href="mailto:ihofler@telus.net">ihofler@telus.net</a>
<b>Directors:</b>	<b>Johnny Grimm</b> Cal Francis Carol Ault Heather Burles Pat Ramsden Gary Baker	<a href="mailto:johnnygrimm@yahoo.ca">johnnygrimm@yahoo.ca</a> <a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a> <a href="mailto:carolault@gmail.com">carolault@gmail.com</a> <a href="mailto:hburles@gmail.com">hburles@gmail.com</a> <a href="mailto:patrickr@shaw.ca">patrickr@shaw.ca</a> <a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>
Membership Secretary:	Tim Yochim	<a href="mailto:membershipsecretarycoc@gmail.com">membershipsecretarycoc@gmail.com</a>
Past President & FMCBC Rep	Ken Orr	<a href="mailto:orrke@shaw.ca">orrke@shaw.ca</a>
Club Trip Email	For trips and announcements to be forwarded to all members:	<a href="mailto:chilliwackoutdoorclub@googlegroups.com">chilliwackoutdoorclub@googlegroups.com</a> Note: also you can post in Facebook: Chilliwack Outdoor Club Group
Librarian	Irene Hofler	<a href="mailto:ihofler@telus.net">ihofler@telus.net</a>
Newsletter Pub.	Jocelyn Timmermans	<a href="mailto:jocelyntimmermans@hotmail.com">jocelyntimmermans@hotmail.com</a>
Website	Christine Camilleri	<a href="mailto:4christinecamilleri@gamil.com">4christinecamilleri@gamil.com</a>
Vedder Mt Trail Ass'n	Gary Baker 604-858-4928	<a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>
Refreshments	Lori Bodkin	<a href="mailto:firechick@telus.net">firechick@telus.net</a>