

## THE TRIPPER



Newsletter of the Chilliwack Outdoor Club

C/O 381 Cedar St., Cultus Lake B.C. V2R 4Z1

## TRIP REPORT

## WEST DYKE TRAIL, RICHMOND - DEC. 30



We were greeted at the Garry Point trailhead by a clear sky and a bitterly cold wind. Nonetheless it was a good hiking day. Granted it was more of a pleasant walk. But so what. It was nice to get outside and wear off some of that Christmas season yummy food. Heading north there were views of Point Grey, Vancouver skyline and the Northshore mountains. Planes were busy coming and going at YVR from Terra Nova Park our turn around destination. Unfortunately clouds soon settled over much of the north Shore Mountains evidenced by the group picture. Thanks Lisa for the pictures.



Our intention was to enjoy lunch at Terra Nova. Instead we chose otherwise because the wind had increased its bitter blow. We did stop for lunch in a sheltered area on the south edge of Terra Nova. West Dyke borders Sturgeon Bank, a bird resting habitat. Unfortunately we did not see many

flocks, except for a small grouping of snow geese at Garry Point. Perhaps they were hiding from the wind in the tall grass.



At the end of our 12 km return trek we headed to the Steveston Coffee Company for refreshments. On route from our parking spot we encountered our only "hill". About 10 to 15 foot gradual decline to the coffee shop and the return elevation gain. Christine C, Lisa S, Steven K, Pat R and I met this climbing challenge with unflinching resolve ☺

- Dave Ortis

## CLEARCREEK HOTSPRINGS – JAN. 3

Last year when we attempted this snowshoe we ended up doing 17 km and running out of time, having to turn back within a few km of the springs. This year was quite different. The snow was dry and fresh (no ice) and a few feet deep. Thanks to our FJ we made it all the way to the springs. But not without effort...

I didn't know Doug would be taking a two-seater truck so six of us had to pile into our 5-seater FJ. Because Judy & Margaret were the smallest they got the privilege of sitting in the front by the gearshift. Thanks ladies for your good humor while being in a rather uncomfortable position for almost five hours! Case had a challenge keeping the tires in the snow ruts. At Rainbow Falls we stopped so Case could let air out of the tires. We admired the long icicles, which reminded me of a pipe organ and the falls that were half frozen and rushing under sheets of ice.



At the second logging camp, east of Harrison Lake, we dropped by to say a “hello” to Lester and put chains on the tires. We were now 38 km from Harrison Village. Another 5 km north on the Harrison Lake FSR and we were at the junction to the springs, it being another 12 km up the road. This is where we had to make a decision because Doug’s truck lost its 4WD gear. They told us to keep going so we did, not expecting to make it all the way through two to three feet of snow to the springs. So it was a relief when we arrived. It took some careful steps over the snow-covered log and very quick steps on bare feet through the snow to the tubs.



And then it was pure pleasure to uncramp our tense muscles and thaw our cold feet. There’s a new booth to change in there and a new hot tub. Black hoses come right out of the rock and pour the tubs full of soft soothing water. After half an hour we clambered back in the FJ, knowing our return journey would be even more challenging because the sun had softened the now wet and slippery snow. On this section of road there were water bars, which were hard to see under the snow. Case suddenly hit one. Next thing we knew, we were sprinkled with coffee! From the backseat Terry erupted

in laughter. She had decided to pour herself a cup just when Case hit the ditch and the brown liquid jumped right out of her cup. She said she felt sorry for Margaret & me but not for Case. Good times.

Back on the Harrison FSR we ran into the others about half way down. They were getting tired, having to push and dig themselves out constantly when getting stuck in the snow, especially on the uphill. So we winched them out and then hooked them up and on we went. But not very far. There was another guy stuck on the next hill. So we unhooked Doug’s truck and hooked the stranger up and pulled him to the Hick’s Lake pullout where Carol had parked her vehicle. In the meantime, our FJ was running very low on gas.



Us ladies went to the Old Settler Pub in Harrison Village thinking that once Case went back to get Doug & his truck, we’d probably be finished our dinner. So it was a joyful surprise when Willem & Doug walked in before we even ordered. Their smug smiles were a welcome sight. Since the remainder of the road was mostly downhill, they’d managed to get themselves back unaided. And Case made it back without running out of gas. A happy ending.



So this was not a snowshoe, as it was intended to be. But we did have to push the vehicles several times in the deep snow to get them free and we did have to do some short stretches of walking and those of us in the front of the FJ did have to constantly readjust our positions to accommodate the driving. I found myself constantly “pushing the brake” that wasn’t there when I felt the wheels sliding. Case said it was the most intense 4WDing he’d ever done.





Yes, it is one of those COC outings that we won't soon forget. Thanks Case for the skilled driving and for rescuing the other two vehicles. And thanks to all who came out for this thrilling adventure: Carol A, Terry B, Judy P, Willem R, Margaret T, Doug W + Case & **Joce T**

## PIONEER TRAIL – JAN. 6

For nine of us it was the first time on this trail. The morning drizzle and dripping trees did not take away from our experience. Forest, fresh air and fellowship made for an enjoyable day for eleven of us hardy hikers.



What to wear? Micro-spikes or snowshoes? It ended up that the beginning of the trail had the most snow (along with

broken branches from the ice storm). I had my snowshoes on for only 5 minutes and then carried them the rest of the way. At the third clear cut, at over 500m, there was a more snow again but most of the way through the forest was clear. These trails are well maintained by the Fraser Valley Mountain Bikers Association.

9:30am we started out at the end of Doyle Rd, which branches off of Stave Lake Rd. in Mission. The first short stretch we had to high step over small debris from the storm. Then the Pioneer Trail wound gently up through moss covered trees and boulders, over boardwalks and past an impressive giant Douglass Fir stump with a tall tree growing on top of it. One section of boardwalk had a long piece of curved bark from a tree. The trail signage higher up in the trees was very decorative. We stayed right at 'Crank' intersection, left at Carral, which is a loop, and we should've stayed right at Bomba but went left. This resulted in us backtracking a bit.



We then turned left on Wasp Trail, which was the steepest section. This led us to a viewpoint without a view of Judge Howay & Robbie Ried. There were nice log benches so that's where we took a group shot. We were now on the Bomba Trail, which then got us onto the Back Door Trail (getting confused yet?). When we popped out onto a gravel road, Dave, who'd biked it before, said it was still a stretch to the summit of Bear Mt. So we decided to turn back since we were wet and hungry and wouldn't get a view anyways.







Downy coats went on for lunch. A few decided not to stop moving and headed for the parking lot. By 1:30pm we were all back, having taken the Bomba Trail down. Case of course had to satisfy his urge and push a few dead trees over during the descent. He says it's for trail safety. All except two headed for the Mission Springs Pub for home brewed beer and nachos. Thanks to all you die-hards who came out and braved the elements.

Stats: 10 km / 480m gain / 540m high

Carol A, Terry B, Lori B, Irene H, Joe & Brianna K, Dave Sawatzky, Margaret T, Allana W + Case & **Joce T**

## WINTER HIKING ORIENTATION (JAN.8) AND DELACY GROVE SNOWSHOE HIKE (JAN. 13)

WHAT A WEEK! This was the second year the "Winter Hiking Orientation" session was offered and based on last year's turnout, I was hoping and planning for 10- 15 participants, a cozy number. I set the room up accordingly.

I no sooner got all the display gear set out with the expectation that I might have a few minutes to mentally prepare and perhaps have a stroll around the SardisLibrary when folks started to show up. Within minutes, the 15 chairs that were set out were occupied, and more and more chairs were hauled out of the storage area. The library staff were running about to find more chairs from staff offices and the general library seating areas. When the last participant squeezed into the meeting room, there were over 50 people. A goodly number were standing. Wow!

During the presentation, the participants had many thoughtful questions. All in all, I felt good about how it went, and in the following days, many participants sent me e-mail thanks.

Why the large turnout? This event was posted to the club's Facebook Page and we indicated the session was open to

non-club members. I had no idea that so many non-members were monitoring the club Facebook Page.

Numerous individuals who attended the Orientation session signed up for the Delacy Grove Snowshoe Hike which is one of my very favorite winter hikes, and it is also perhaps the easiest A-1 wilderness routes in the area ( both length and elevation gain wise). Based on the sign up list at the Orientation Session and e-mails from interested persons, I anticipated a turnout of 25-30. This prompted my call for other club members who snowshoe to come out and help 'shepherd' such a large group of newbie snowshoers. To those who were able to assist, a big thank you.



The weather leading up to the hike date was awful (the streets were sheets of ice that Thursday) and the forecast for the weekend was 'iffy'. I had commented at the orientation session not to judge the road and weather conditions in Manning Park by what one sees in Chilliwack; 90% of the time conditions in the Park are much better. None the less, the e-mails started to arrive, "The weather conditions look awful. Sorry I will not be joining you." When Sheryl and I departed to the meeting site we had no idea how many people would be there. To my delight, with the carpooling sorted out, we were a group of 19.

The roads to Hope were wet and from there to the Skagit River picnic area parking area were practically bare. The parking area had not been plowed, but the snow was not so deep to affect the transport vehicles (all 4X4s).

On the hike we had to break trail in about 20cm of fresh snow. With 19 sets of snowshoes packing the snow on the way in we had a hard packed trail to follow out. On the way in, we stopped at the old mine site and tunnel. A leisurely lunch stop and op opt ensued when we reach the 'Grove'. The conditions couldn't have been better: Temperature - 1C and the sun even broke through the clouds.

There were a few tired folks back at the vehicles. All in all this was a fun, successful introduction to snowshoeing for the newcomers to the sport.

- Gary Baker



Vedder Mt. is almost in our backyard and very familiar to our family. So Case led the way. But we ran into a glitch before the hike got started. The plan was to drive up a ways and then hike to the high point where paragliders jump off. We got permission from the Coers to drive through their property as we often do but just beyond that another neighbor had parked his trailer loaded with wood. Our son tried to drive us around it but there wasn't enough room and the road was too muddy. So we started hiking on the gravel road at 9:30am. This added 50 minutes to the hike.

About 15 min. after the fork in the road, we turned right onto the Rocky Creek Trail. The first part was littered with branches and some trees. Pieces of the bank to our right had given way, taking trees with it and the ice storm had also left its mark. Johnny pulled out his machetes and started hacking away. The last half of this trail was clear but had a creek running through it. By about 11:00am we got to the main junction where our original plan was to go straight. These roads are also drivable. But because we lost an hour, we turned right and then quite soon another right onto a narrower dirt walkway.



When we walked along a long puddle about 10 minutes in, we waited thinking why are two persons of our group not here yet? So Johnny went back to look for them. A few more minutes went by and I went back to the junction. Then Heather joined our search party. This was the third time we went south, thinking why were there no footprints in the snow? Back to the solid layer round the corner. Just beyond



where I'd stopped and turned back before, guess what we saw: footprints! By now the rest of our group were on the main FSR, all heading in the same direction with Heather in the lead, yelping and me blowing my whistle.

It was a great relief when we saw them in the distance coming towards us. They'd run into a sheet of snow and discovered no footprints so they turned round. We could now eat our lunch in peace. And we'd learned a valuable lesson: to wait at the junctions.

This had cost us another hour so plans to go to another viewpoint were ditched. But we did see the two Columbia Valley viewpoints and walk along the ponds filled with trout. On the west side of the mountain, a bit before completing a loop, we turned left onto the Lucky Trail. This zigzagged steeply downhill, ran into another trail where we went left and then cut off of that onto a fainter trail that led to the railway track and then through our neighbor's pasture and finally to our house.



By now it was 3:00pm and time for coffee and homemade cranberry loaf with butter sauce. Wells Jones joined us as well as Joachim B who runs our nursery. Then our daughters came with our grandchildren and it was a noisy cozy household of hikers and family.

Stats: 15 km / 620m gain / 620m high point

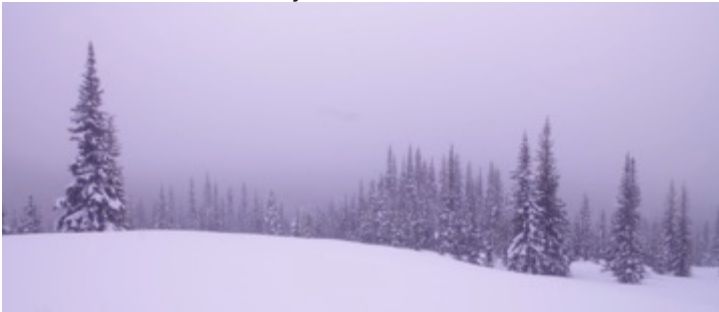
Out for another adventure were: Gary B, Heather B, Steve C, Johnny G, Irene H, Margaret T + Case & **Joce T**



## FAT DOG – JAN. 14



We had a great snowshoe to the summit area on Fat Dog. The day was bright with a few glimpses of blue sky on the way up. The trail was excellent as about 20 Vancouver skiers/snowshoers were just ahead of us and set the trail.



All 7 of us made it to the top. There was very little wind, which is always a plus on that mountain. So we enjoyed our lunch break before heading down. While up top a predicted freezing fog came in creating a mystic atmosphere.



A fun day - photo of Carol sums up the day. Good work group, we did 15 km - about 700m elevation gain in 6 hours.

Thanks Allana, Carol, Brett, Dave, Lori, Terry + **Judy P**

## PACIFIC SPIRIT REGIONAL PARK – JAN. 17

This hike by UBC took us along Acadia, Tower and Wreck Beaches. Wreck Beach was the prettiest, being long, curved and sandy. A sign there read; “clothing is an option” and another read: “please respect people’s privacy – don’t stare or gawk”. We thought we’d not encounter any nudists, it being winter but one elderly man walked by wearing every-

thing **but** his pants. Our eyes were trying to obey the sign...

Giant alders and Douglas Firs leaned over the first

two pebbled beaches and we passed two WWII concrete bunkers by Point Grey covered in bright colored graffiti. At the end of Wreck Beach we turned left and followed alongside a waterfall, up steep steps to the SW Marine Drive. There we perched on a low fence overlooking the bay and ate lunch while jets flew loudly overhead.



Dark clouds were approaching so we donned our waterproof covers before those raindrops hit. For the next hour it poured. We crossed the road, skirted round the Botanical Gardens, past UBC living quarters by way of the forest and into the outskirts of the city where we found a Blenz Coffee shop. Ahh. Hot drinks were had and wet layers were peeled off. It was with some reluctance that we headed out back into that rain 20 minutes later. But once we were in the forest again, it stopped.



BOUNDARY BAY AND BOUNDARY DYKE  
TRAILS - JAN. 20

What started out to be an enjoyable hike ended up being strong winds with pelting rain that felt like tiny needles piercing the face. But I am getting ahead of myself.



By 4:00ish we were back at the vehicles. We decided to drive to Abbotsford where we had dinner at the Wings restaurant. It was a great way to end the day. Thanks Irene for guiding us on this interesting hike.



Stats: 15 km / 220m gain

Participants were: Terry B, Johnny G, **Irene H**, Margaret T, Tim & Bernadette Y + Case & **Joce T**



The weather was quite pleasant when we arrived at Boundary Bay Regional Park. These trails were new to most of us. A relaxing walk more than a hike the Boundary Bay scenery was great. Though this area is called the Pacific Flyway we saw few wintering birds. Bald eagles yes. One in particular remained roosted atop a "no pets" sign and did not so much as flutter its wings but did stare down at us when we gathered by his post. He did eventually fly off probably out of boredom. Thanks Allen for eagle and beach pictures.





From the eagle post we walked the 12<sup>th</sup> Avenue Dyke Trail alongside the beach. At trail's end we returned inland via the Raptor Trail. This trail runs between a no access wildlife reserve named after Dr. Bert Brink, environmentalist and naturalist.



Five kilometers and an hour later we drove to the parking lot at the start of Beach Grove Road. Ten minute walk later we were at the start of the Boundary Bay Dyke Trail. Alas we cut short our trekking for a few hours. At 2 km we opted to turn around at the 64<sup>th</sup> Street access. Why? That pelting rain suddenly appeared compelling us to turn tail and head for the Wood N Frog Coffee Company just outside the park in Tsawwassen. The drinks and goodies, our lunch were most enjoyable. Yep, Bill W, Linds I, Tammy, Sharon R, Bev H, Allen C and I had a short jaunt this day, about 10 km. No apologies!

- Dave Ortis

## CHADSEY LAKE – JAN. 24

This is a diverse trail, with many features that is a part of the TCT. We parked at the west trailhead and set out at 9:00am. It didn't take long to see the many broken trees and branches, probably mostly from the ice storm. But most of them had been cleared from the trail. The three bridges have been built in the last few years. There was one new feature this year that we didn't like: a large clear-cut area just after you cross the gravel road. It stops just short of the trail.



The first hour was the steepest, first crossing over two bridges and then climbing through a fern field, through second growth forest and then to a logging road. At the FSR I immediately noticed something different: the higher forest did not have a black background. This is where they'd clear-cut. On we went, alongside a gully with scattered fallen trees, over a curved boardwalk, through some fairytale moss covered ground and trees and then to the northern viewpoint overlooking Dewdney. On the trail went along another deeper gully, past the weeping rocks and then over the rushing Chadsey Creek. Another steep rooty section after crossing the bridge and then it leveled off as we approached the lake 2 ½ hours later.



Yes, the lake was still frozen. A low mist hovered over its surface. We went left and parked ourselves at the campsite by the shore for lunch. Later a few of us continued on along the lake till the trail began to climb steeply upwards. There's a small grove of old growth Douglas Firs there that I just had to photograph. Another 45 min. or so would've gotten us to the summit but the others were on their way down so no time for that. We got back to the vehicles just minutes after the last ones did. As we were driving to Tim Hortons the rain began. Good timing.

Stats: 11.5 km / 670m accumulated gain / 605m high





Thanks for joining in on another fine day in our great outdoors: Johny G, Joe K, John Laf, Judy P, Joel P, Glen R, Margaret T, Steve T, Tim & Bernadette Y + Case & **Joce T**

## A CENTURY OF ANTICS, EPICS, & ESCAPADES:

THE VARSITY OUTDOOR CLUB 1917-2017

PUBLISHED BY THE UNIVERSITY OF BRITISH COLUMBIA'S VARSITY OUTDOOR CLUB, 2017

Those who have studied at University of British Columbia (at undergraduate or graduate levels) and who have had some interest in mountaineering (at whatever level) will have joined and done a variety of trips and treks (of various levels of challenge and competence) with the Varsity Outdoor Club, the Club being one of the oldest mountaineering clubs on the west coast (the Alpine Club of Canada and British Columbia Mountaineering Clubs yet older). The 100<sup>th</sup> anniversary tale of the Varsity Outdoor Club from 1917-2017 is aptly, graphically and generously told and recounted in the finely packaged and printed A Century of Antics, Epics, & Escapades: The Varsity Outdoor Club 1917-2017.

Each of the chapters in this must read beauty cannot but hold the curious reader. "A History Older than Ours" (First Nations history) introduces this bounty of a book, the meticulous "Timeline" offers an aerial overview of the history and the chapters that follow delve deeper into the unfolding drama: 1) 1917-1939: Maps: VOC Areas & Traverses Over Time, 2) 1940s: Decades of Garibaldi Park, 3) 1950s: Decades of Loganeering, 4) 1960s: Building and Socializing, 5) 1970s: Conservation and Advocacy in the VOC, 6) 1980s: Women in the VOC, 7) 1990s: Huts and Selection of Traverses since the 2000s & Climbing Pilgrimages, 8) 2000s: VOC Portrait and Marriage Proposals, 9) 2010s and 11) Beyond 2017. Each of the chapters are told in an evocative and compelling manner,

and for those even minimally interested in the west coast and west coast mountaineering many a detail is told in a most readable and accessible manner. The multiple photographs in this timely hardbound classic of a telling are more than worth many a lingering and meditative gaze. The roll call of those who have provided wise leadership over the decades, challenging trips and tragic endings are all packed into this compact text.

The fact the Varsity Outdoor Club has played such a pivotal role in pioneering 1<sup>st</sup> ascents, building new trails and huts, founding Mountain Equipment Co-Op (MEC) and continued with their creative antics, epics and escapades (updated for each decade) does need to be duly noted. The black and white photos (reflecting an earlier era) and many coloured photos complement the text in a balanced and well crafted manner. The diverse yet short biographies of many VOC myths, legends and leaders over the decades are succinctly summed up on various pages with companion photographs.



There can be no doubt that Antics, Epics, & Escapades is a purchase imperative for those interested in west coast history, UBC mountaineering exploits (more daring and demanding the further afield), the mountaineering support structure (MEC, huts, trails maintenance and political advocacy for wilderness and wildness). Varsity Outdoor Club has been front and centre both in UBC and beyond in initiating, maturing and sustaining mountain culture and the way VOC has done this is superbly told in A Century of Antics, Epics, & Escapades: The Varsity Outdoor Club 1917-2017. Elliott Skierszkan deserves an A++ grade for guiding the mountain tale from beginning to end and keeping the team well roped on the lengthy journey.

- **Ron Dart**

Masthead: Harrison Lake by Joce T



## MULTI DAY TRIPS

### ELPHIN LAKES HUT, SQUAMISH

April 25 – 27    LIMIT: 10

Day hike on snowshoes, stay at hut

Sue Lawrence / Al Smith: [gwelu@telus.net](mailto:gwelu@telus.net)

### SOUTHERN SUNSHINE COAST TRAIL, POWELL RIVER

May 29 – 31        LIMIT: 10

Day hike, stay at hut

Ron Dart: [rdart@shaw.ca](mailto:rdart@shaw.ca)

### LORD OF THE RINGS PEAK, NORTH OF WHISTLER

July 2 – 5        LIMIT: 10

Day hike, stay at hut

Ron Dart: [rdart@shaw.ca](mailto:rdart@shaw.ca)

### THE DEWDNEY TRAIL, CASCADE MTS.

June 29 – July 3, Canada Day weekend

5 day backpack, tenting    LIMIT: 12

Terry Bergen: [terrybergen@shaw.ca](mailto:terrybergen@shaw.ca)

### THE 3 SISTERS WILDERNESS.PACIFIC CREST TRAIL, CENTRAL OREGON

July 7 – 15        LIMIT: 10

8 day backpack, tenting

John McLellan: [jhmclellan@shaw.ca](mailto:jhmclellan@shaw.ca)

### MOWICH CAMP AT HOZOMMEN PEAK, MANNING PARK

Aug 4 - 6    BC Day weekend    LIMIT: 12

3 day backpack

Terry Bergen: [terrybergen@shaw.ca](mailto:terrybergen@shaw.ca)

## THE SNOWY MTS, KEREMEOS

July 28 – Aug. 3    LIMIT: 10

4 or 5 day backpack, tenting

Joce Timmermans: [jocelyntimmermans@hotmail.com](mailto:jocelyntimmermans@hotmail.com)

### ASSINIBOINE & BUGAGOOS PROV PARK

Aug. 12 – 19        LIMIT: 12

Day hiking, tenting

Joce Timmermans: [jocelyntimmermans@hotmail.com](mailto:jocelyntimmermans@hotmail.com)

### TONQUIN VALLEY, OVAL/BALD PEAKS – MIETTE, JASPER MP, ALBERTA

Aug. 19 – 26        LIMIT: 10

Day hike, 2 day backpack, car camp, tenting, hut

Ron Dart: [rdart@shaw.ca](mailto:rdart@shaw.ca)

### BELLA COOLA, BC

Sept. 6 – 15        LIMIT: 12

Day hiking & grizzly bear watching, car camping

Margaret Tranah: [Margaret\\_tranah@hotmail.com](mailto:Margaret_tranah@hotmail.com)

### COPPER RIDGE OR EXCELSIOR RIDGE, MT. BAKER AREA

Sept 12 – 16        LIMIT: 6

4 day backpacking, tenting

Sue Lawrence / Al Smith at [gwelu@telus.net](mailto:gwelu@telus.net)

### HIGH RIDGE, WHISTLER-BLACKCOMB

Sept 26 – 29        LIMIT: 8

Day hike, hostel        Ron Dart: [rdart@shaw.ca](mailto:rdart@shaw.ca)

### THE BRUCE TRAIL

Oct. 1 – 8        LIMIT: 8

Day hiking, car camping, photograph fall colours

Joce Timmermans: [jocelyntimmermans@hotmail.com](mailto:jocelyntimmermans@hotmail.com)



## CLUB INFORMATION

### Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

### Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: [www.valhallapure.com](http://www.valhallapure.com) (club sponsor), [www.backpacker.com](http://www.backpacker.com) and [www.mec.ca](http://www.mec.ca).

**Safety first, last, and always!** It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

### The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

### Equipment for Club Members' Use

2 canoes with accessories	1 stove
2 backpacks	1 water filter
1 two-person tent	1 pruning saw
1 three-person tent	1 dehydrator
1 projector and screen	13 ice axes
3 9 mm climbing ropes	4 pairs of crampons
4 climbing harnesses	8 assorted carabiners
2 avalanche transceivers	? avalanche probes

**Note:** All equipment must be returned in the same condition as borrowed or repaired appropriately.

## Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

## CLUB CONTACTS

Position	Name	E-mail
President + FMCBC Rep	Ken Orr 604-858-0813	<a href="mailto:orrke@shaw.ca">orrke@shaw.ca</a>
Vice President	vacant	
Past President	Ken Hurley 604-792-9029	<a href="mailto:kwurley@gmail.com">kwurley@gmail.com</a>
Presentations & speakers	Ray Daws 604-724-7746	<a href="mailto:raydio@shaw.ca">raydio@shaw.ca</a>
Treasurer	Irene Hofler 604-824-6741	<a href="mailto:ihofler@telus.net">ihofler@telus.net</a>
<b>Directors:</b>	Paul Schumak 778-868-6474 Ken Hurley 604-792-9029 Margaret Tranah 604-819-8940 Stuart Wood 604-745-0095 Helen Turner 604-792-0972 Gary Baker 604-858-4928	<a href="mailto:paulschumak@hotmail.com">paulschumak@hotmail.com</a> <a href="mailto:robbinyager@gmail.com">robbinyager@gmail.com</a> <a href="mailto:kwurley@gmail.com">kwurley@gmail.com</a> <a href="mailto:margaret_tranah@hotmail.com">margaret_tranah@hotmail.com</a> <a href="mailto:Stuart_wood@shaw.ca">Stuart_wood@shaw.ca</a> <a href="mailto:hturner59@gmail.com">hturner59@gmail.com</a> <a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>
Membership Secretary	David Biehn 604-378-9938	<a href="mailto:dave.biehn@gmail.com">dave.biehn@gmail.com</a>
Mail checks to: Secretary:	Danielle Goulet 438-871-1623	<a href="mailto:dapatnic@gmail.com">dapatnic@gmail.com</a>
Club Trip Email	For trips and announcements to be forwarded to all members	<a href="mailto:coctrips@gmail.com">coctrips@gmail.com</a> or <a href="mailto:terrybergen@shaw.ca">terrybergen@shaw.ca</a> Note: Give at least 1-2 days lead-time.
Librarian	Irene Hofler	<a href="mailto:ihofler@telus.net">ihofler@telus.net</a>
Newsletter Pub. 604-854-6267	Jocelyn Timmermans	<a href="mailto:jocelyntimmermans@hotmail.com">jocelyntimmermans@hotmail.com</a>
Website	Amanda Rallings	<a href="mailto:Amanda_rallings@Hotmail.com">Amanda_rallings@Hotmail.com</a>
Vedder Mt Trail Ass'n	Gary Baker 604-858-4928	<a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>
Refreshments	Helen Turner + Lori Bodkin	<a href="mailto:hturner59@gmail.com">hturner59@gmail.com</a> <a href="mailto:firechick@telus.net">firechick@telus.net</a>
<b>Equipment Managers: Richard Aikema - aquatic (canoes)</b> <a href="mailto:richard.aikema@abbotsfordcommunityservices.com">richard.aikema@abbotsfordcommunityservices.com</a>		
Mountaineering/hiki	John LeBlanc	<a href="mailto:John3@teuls.net">John3@teuls.net</a>