

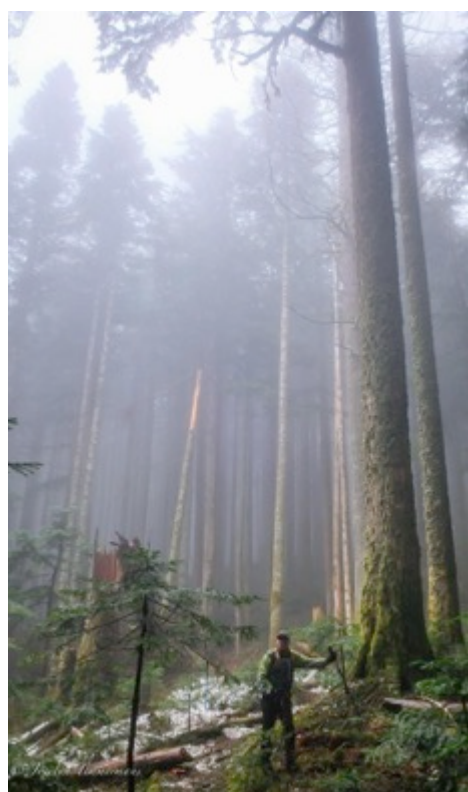
THE TRIPPER



Newsletter of the Chilliwack Outdoor Club C/O 381 Cedar St., Cultus Lake B.C. V2R 4Z1

TRIP REPORT

BEAR MT. – APRIL 9



This hike was mostly on an old logging road that you could access with an ATV, hiking the last 2 km through a pretty forest of hemlock and fir trees. The weather forecast changed at the last minute so we couldn't cancel the hike. But 7 die-hards still showed up, Irene equipped with her umbrella.

We started out at 8:50am in the rain and within 10 minutes we were at the remains of a

mine. Trays of drill specimens leaned out of a deteriorating frame. To our left was a mineshaft enclosed with a metal grill. There were 3 new white signs pointing the way to the summit. So by the fork we stayed right and walked through a boulder barrier that is only wide enough to let a quad through. By the time we got to the waterfall the rain had stopped. There was a new bridge by a washout. The trail went on to loop around Bear Lake and past the frog where there were now patches of old snow. A quad had been up there the day before so we walked in the tire tracks where the snow had been packed down.

In three hours we got to the end of the FSR and then entered a pretty forest marked with ample flagging tapes.



Another half an hour and we emerged out into the open summit where there's a radio tower and helicopter landing pad. There was also a blasting cold wind and too many clouds to get any view. So we took a quick group shot and headed back down a bit to a nice sheltered spot with lots of fallen logs to choose from for seating.



When I'd eaten my lunch I got up to take a picture of the group. Terry thought to quickly throw her apple core away before I pushed the shutter release button. Suddenly there was a loud splat and then a split second of silence to register what had just happened? Her peel had hit John smack on the chest! She said in a daze, "Oh I'm sorry", before we all exploded into laughter.



We didn't get any far-reaching views till we were going down and were about an hour from the start. Then Harrison Lake and River glimmered through the trees. If the clouds had parted at the top we would've seen the Fraser Valley from Hope to Vancouver and the Cheam Range right across from us. But we still had a good workout, a great fellowship in the forest and invigorating fresh air.

Stats: 22.4 km / 1150m gain / 7 hours moving time / 1025m high

Participants were: Terry B, Cathy C, Roberto D, Irene H, Joe K, John Laf + **Joce T**

TIKWALUS 1848 HERITAGE TRAIL – APRIL 16

Our hats are off to the crew of five from Hope: Kelly Pierce, Chris Hornby (chainsaw work), Mike Millar, Glen Keil + Wil Vader who spent two days clearing this entire trail of dozens of fallen trees and debris. They even artistically cut anti-slip grill patterns into cut logs!



It was our pleasure to see firsthand the results of their work on a trail that brought history back to life thanks to the large illustrated signs located along the trail.

In 1847/48 the Nlaka'pamox guided HBC personnel on this treacherous trail that proved to be too hard on the horses. They provided the traders with salmon & venison, traded fur

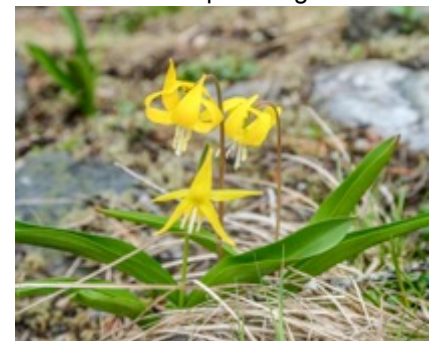
with them and helped carry their goods. It wasn't till the gold miners arrived a decade later, in hordes of almost 30,000 that war almost broke out after 5 decades of peaceful existence with non-natives. The miners showed no respect for the natives, digging up their salmon spawning grounds and burning five of their villages. War was averted when they got formal permission to continue prospecting.



We started climbing at 9:15am, the first 2 km having the steepest grade, winding upwards through Coastal Douglas Fir forest with a bright green moss carpet covering the entire ground. Then we crossed a second creek & bridge, a boulder slope and got to the second viewpoint, which offered a view of the Fraser Canyon & River and northern mountains.

From there the trail hugged the edge of the cliff before angling off into an earthen basin filled with culturally modified old growth Western Red Cedars. You can still see the obvious strips on the trees that are devoid of bark. The Nlaka'pamox used the outer bark of the cedars for roofing and flooring, the softer inner bark for clothing bags and mats, and the spring roots for baskets. This area was of sacred value to the Nlaka'pamox, used for spiritual training. Standing there, it was utterly quiet. No more sounds of the wind or traffic from below.

It wasn't much farther to the junction of the loop. Knowing our good weather window would soon change on us, we turned left, on the more scenic Bluffs route. Soon we were on the ridge, walking through the black burnt skeletons of trees from the 2004 fire. There were ample Lodge Pole Pines filling in the bare spots. Now we could see the neighboring Gate Mt. to our east. Before the trail dipped down again, we stopped at the Black Canyon viewpoint. This





provided the best view on this hike; of the Fraser River upstream from Hells Gate and alongside it, Hwy 1 with its tunnel running through Black Canyon.

One more km and we were at the campsite, after passing two lakes to our right. We sat around the fire ring where there was more shelter from the wind as opposed to the picnic table area. There is a food cache and outhouse there. And as I was anticipating, the lovely yellow Avalanche Lilies were blooming. But there were just a few, it being a bit early yet. The Nlaka'pamox ate the buds of these lilies. They stored well in winter and were nutritious & starchy.



After lunch we continued on along the Lakes route, through the Yew forest. The natives used the hard wood from the Yew trees for snowshoes, bows, ax handles & wedges. To our left was another lake, mostly obscured from our vision by evergreens. A few very steep sections and we were back at the junction. The last few slopes before the parking lot caused some knee grinding and quad burning but we were all back in one piece by 2:30pm. About half the group went to Earls in Chilliwack afterwards.

Stats: 13.8 km / 1010m gain / 920m high

Participants were: Dave B, Steve C, Cal F, Johnny G, Irene H, Joe K, Sonia J, Jan S + **Joce T**

For all twelve of us, this was the first time we did this hike. And we were all impressed. The trickiest part was crossing the busy Sea to Sky highway, right by a corner. Parking at the small Tunnel Point rest area was also a bit tricky. We had to pass it first and then do a “U”y to be able to access it. I wouldn't recommend this hike on a weekend because of the limited parking.



A brief adrenaline rush and we were on the other side of the highway. The trail wasted no time in gaining altitude. It wound through second growth forest sprinkled with a few orange-barked Arbutus trees. We had to do some high steps and watch out for protruding roots and rocks. We stopped at a moss covered weeping wall and clung to ropes on two steep sections. There were three viewpoints of Howe Sound, each time to the south and west but each time more expansive. Once past the second one we soon reached a junction with a map on a sign and an old logging road. Right was a faint trail leading to Brunswick Mt. We turned left.



Lunch was a leisure affair, lasting more than the usual half hour. Half of our group consisted of hikers who did the Baja Mexico & the Nepal Trips. We had lots of catching up to do. The large smooth rock reflected the warm sun as we soaked up the view. From south to north were: Horseshoe Bay, then Bowyer, Bowen, Gambier & Anvil Islands.



Eventually we headed down. Once we were back at the vehicles we all decided to avoid rush hour and went for an early dinner at Troll's restaurant in Horseshoe Bay.



Stats: 10.5 km / 800m gain / 678m high / 4 hours moving time

Along for this lovely day were: Carol A, Dave B, Peter F, Cal F, Irene H, Sonia L, Anne O'L, Judy P, Lucy S, Margaret T, Peter V + **Joce T**



I posted this hike thinking I'd get a few people...well more than a few showed up. I had 22 people (including myself). Five or six people had not done this 30 km return hike before. Although it is relatively flat for a BC hike, it does have its short steep sections and much of the trail is littered with stones so it does offer a good workout.



The beautiful green Stein River makes up for it as the trail snakes along the river. We did not stay in one big group but formed several groups. Thanks Case for sweeping.





Seven people elected to stay at the relic of Earl's cabin at the 12.5 km mark and 12 people did the last 2.5 km to the bridge. And we picked up the other 3 on the way back. The water was low and the flowers are late this year...only saw a couple of Arnica, but the Saskatoon's were all in bloom.

Stats: 31.5 km to the suspension bridge & 963m cumulative gain / 25 km to Earls Cabin



It was a good day with a great bunch of people: Annette, Cal F, Carol A, Case T, Cathy C, Christine C, Debby H, **David B** - thanks for organizing the group in Chwk, Doug H, Fred H, Jessica F, Jocelyn T, John C, Lynn M, Patrick R, Peter E, Peter V, Redge S, Sonia J, Tammy S, Ted S, - **Judy P**



Thanks so much Judy for taking on the challenge of organizing this hike. Thought I'd add a pic of the crooked suspension bridge due to a large tree falling on its cables.



Fat Jacks kept their restaurant open half an hour longer for us. Good thing because we were all starving and it was almost 8:00pm. All but 3 had dinner here. -Joce T

HARRISON WEST FIRE LOOKOUT TOWER PROJECT - JANUARY TO JUNE



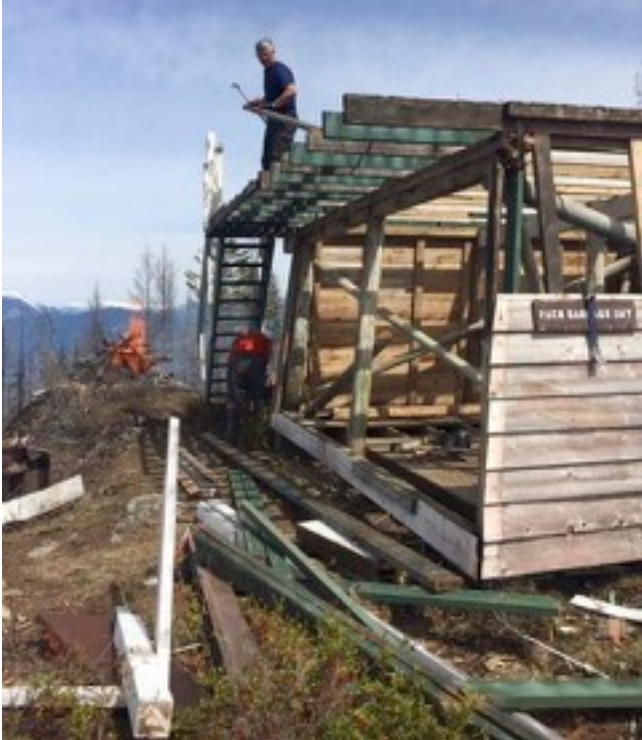
Ministry of Forest - Rec Sites and Trails has partnered with COC and Coquitlam School District, Terry Fox Secondary School to reconstruct the 60-year-old fire lookout tower. First there was the inspection and trail marking with all partners. Tower is set on the top of the ridge.



Some great views of Harrison Lake through the forest fire damage terrain. Lots of blow down cleared by COC., Jim, Peter, Dan, Richard, Terry, Harry Chris, Jim.



Forestry Fire Crews will deal with the danger trees in early May to ensure safe access to the site.



Richard the carpentry teacher directed the deconstruction of the tower with COC volunteers, Peter, Jan and Jim plus Dan and Luc from RST.



Salvaged materials were carefully stacked for use on the

replacement tower. Waste materials were burned and other wastes will be removed from the site when the new materials are being delivered.



Construction of the new tower begins in early May. Ministry of Forests is purchasing the material and arranging the helicopter lift to the site. Efforts are being made to repeat the design of the original structure including the cable system holding the tower in place. The bottom half of the tower will be constructed onsite in early May by Richard the teacher and COC volunteers.



The carpentry students under Richard's supervision are constructing the top cabin of the lookout at their school now. It will be disassembled in components and transported to the site in early June at which point the students will re-assemble it on the new tower base with the assistance of Valley Helicopters. It is an exciting project and should create a destination site for visitors to Harrison Lake West.

- Jim Alkins

Masthead: Tunnel Bluffs north of Horseshoe Bay

2019 C.O.C MULTI DAY TRIPS

TRIP: MAY 22-23, OVERNIGHT HIKE AT MEGHER CREEK,
PEMBERTON AREA

LEADER: LORI BODKIN @ FIRECHICK@TELUS.NET

ACCOMD: TENTING

TRIP: MAY 27-30, CENTRAL SECTION OF THE SUNSHINE
COAST TRAIL

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: HUT TO HUT, 10 PEOPLE MAX

TRIP: JUNE 10-14, SOUTHERN SECTION OF THE SUNSHINE
COAST TRAIL

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: HUT TO HUT, 10 PEOPLE MAX

TRIP: MAY 25-JUNE 01, KAYAK THE BROKEN ISLANDS
GROUP, VAN ISLAND

LEADER: DAVE BIEHN @ DAVE.BIEHN@GMAIL.COM

ACCOMD: WILDERNESS TENTING, 6 PEOPLE MAX

TRIP: JUNE 21-23, HIKE THE DEWDNEY TRAIL TO
HORSEGUARD CABIN

LEADER: CHRISTINE CAMILLERI @
4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: TENTING & POSSIBLE CABIN, 8 PEOPLE MAX

TRIP: JUNE 29-JULY 01, HIKE THE DEWDNEY TRAIL TO
HORSEGUARD CABIN

LEADER: TERRY BERGEN @ TERRYBERGEN@SHAW.CA

ACCOMD: TENTING & POSSIBLE CABIN, 8 PEOPLE MAX

TRIP: JULY 8 -13, HIKING IN STRATHCONA PROV PARK,
VAN ISLAND

LEADER: MARG TRANAH @
MARGARET_TRANAH@HOTMAIL.COM

ACCOMD: CAR CAMPING & TENTING

TRIP: JULY 08-12, DAY HIKING IN THE WHISTLER -
BLACKCOMB AREA

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: STAY AT ONE OF THE HUTS, 8 PEOPLE MAX

TRIP: JULY 13-28, SAWTOOTH MTNS IN IDAHO &
BEARTOOTH WILDERNESS IN WYOMING.

LEADER: JOHN MCLELLAN @ JHMCLELLAN@SHAW.CA

ACCOMD: 2-4 DAY BACKPACKS SO WILDERNESS TENTING,
DAY HIKING, 10 MAX --FULL

TRIP: JULY 27-AUG 05, HIKING FROM THE WHEELER HUT,
GLACIER NP (CANADA)

LEADER: JUDY PASEMKO @ JUDYPASEMKO@SHAW.CA

ACCOMD: STAY AT THE WHEELER AND ASULKAN HUTS, 12
PEOPLE MAX

TRIP: JULY 27-AUG 05, DAY HIKING IN THE JUMBO
GLACIER AREA OF B.C.

LEADER: CHRISTINE CRAIGEN @
COZYTOES4US@GMAIL.COM

ACCOMD: CAR CAMPING, 10 PEOPLE MAX

TRIP: JULY 27-AUG 05, DAY HIKING IN GLACIER NP (U.S.)

LEADER: CHRISTINE CAMILLERI @
4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: CAR CAMPING, 8 PEOPLE MAX

TRIP: JULY 29 – AUG 1 HEATHER TRAIL IN MANNING PARK

LEADER: JOCELYN TIMMERMANS

JOCELYNTIMMERMANS@HOTMAIL.COM

ACCOMD; TENTING, 10 PEOPLE MAX -- FULL

TRIP: AUG 03-05, 3 DAY BACKPACK TO MOWICH CAMP @ MANNING PARK

LEADER: TERRY BERGEN @ TERRYBERGEN@SHAW.CA

ACCOMD: TENTING, 12 PEOPLE MAX

TRIP: AUG 25 - 30, HIKING IN TO HUT IN TONQUIN VALLEY, JASPER NP

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: HUT AND TENTING, 10 PEOPLE MAX

TRIP: AUG 17/18, OVERNIGHT TO PIERCE LAKE/MT MACFARLANE

LEADER: GRANT ACHESON @ ACHESONGRANT9@GMAIL.COM

ACCOMD: TENTING, 10 PEOPLE MAX

TRIP: AUG 12 -17, Monashee PP, KEREMOS B.C.

LEADER: JOCE TIMMERMANS & DAVE WALTON @ JOCELYNTIMMERMANS@HOTMAIL.COM

ACCOMD: BACKPACK AND WILDERNESS TENTING, 10 PEOPLE MAX -- FULL

TRIP: SEPT 02-05, DAY HIKING FROM JACOBSEN LAKE, TULAMEEN FSR

LEADER: CHRISTINE CAMILLERI @ 4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: CAR CAMP/TENTING, 8 PEOPLE MAX

TRIP: SEPT 07-14, BIKE THE CASCADE LOOP, 700K WASHINGTON & B.C.

LEADER: STUART WOOD @ STUART_WOOD@SHAW.CA

ACCOMD: TENTING, MOTEL, 4/6 PEOPLE MAX

TRIP: SEPT 16-20, BACKPACK THE ROCK WALL, KOOTENAY NP

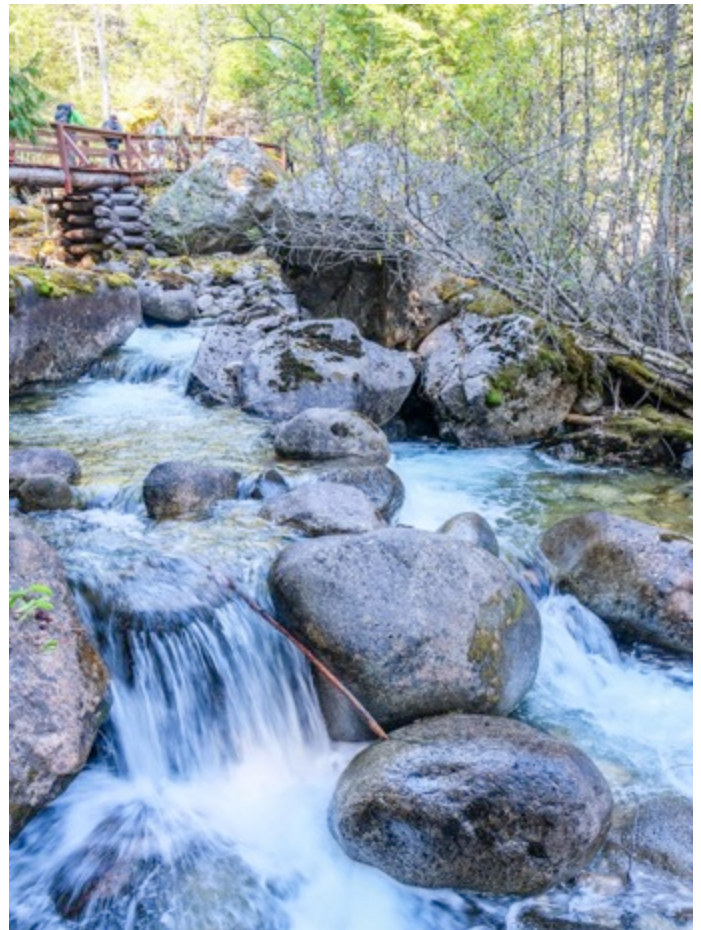
LEADER: SUE LAWRENCE & AL SMITH @ GWELU@TELUS.NET

ACCOMD: WILDERNESS TENTING, 8 PEOPLE MAX

TRIP: SEPT 25-28, DAY HIKING AT WHISTLER-BLACKCOMB

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: STAY AT HUT, 8 PEOPLE MAX



Stein Valley

CLUB INFORMATION

Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: www.valhallapure.com (club sponsor), www.backpacker.com and www.mec.ca.

Safety first, last, and always! It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

Equipment for Club Members' Use

2	canoes with accessories	1	stove
2	backpacks	1	water filter
1	two-person tent	1	pruning saw
1	three-person tent	1	dehydrator
1	projector and screen	13	ice axes
3	9 mm climbing ropes	4	pairs of crampons
4	climbing harnesses	8	assorted carabiners
2	avalanche transceivers	?	avalanche probes

Note: All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

CLUB CONTACTS

Position	Name	E-mail
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