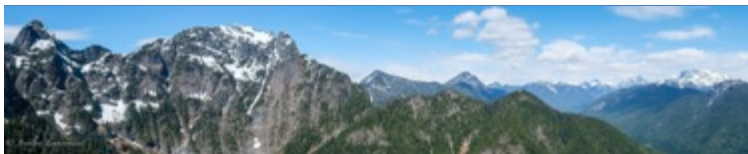


THE TRIPPER



Newsletter of the Chilliwack Outdoor Club C/O 381 Cedar St., Cultus Lake B.C. V2R 4Z1

TRIP REPORT

TRAILS REPORT - MAY

On Wednesday, May 29 a team of volunteers completed the routine maintenance chores and the major trail upgrades planned to be done on the Vedder Mountain Ridge Trail this year. This completes Phase 1 of the work that has been planned to be done on the mountain (more about this later). This is what was accomplished.



The access road from the Parmenter Rd. up the FSR to the upper parking area was brushed and cleared. At the trailhead steps (photo # 1) were built through the berms that were installed about 10 years ago to restrict wheeled access to the trail. A series of steps were also built near the second set of barriers that were installed approximately 15 years ago to again restrict wheeled access. Approximately 3km from the trailhead there were originally steps down a steep, often muddy section of the trail. These steps had rotted away, needing replacement. Replacing these steps was a huge job, made more challenging due to the distance tools and materials had to be 'hoofed' in to do the rebuild.

Thankfully we were able to gain vehicle (4X4) access a new, but deactivated, and technically closed FSR to haul what we needed over halfway to the worksite. We did carry some pre-cut steps in, but quickly realized that we were better off to get permission to cut down appropriately sized trees (which we did) to build the replacement steps. Originally there were about 12 steps in this location; there are now 47 (photo # 2).

At the bottom of these steps we also grubbed in some earth steps up the opposite embankment. Time will tell if they hold up or will have to be replaced with wood steps. There is more! We also installed non-slip pads on an inclined wood bridge, removed the log ladder up the last rock face approaching the summit and reinstalled the rope climbing aids near the summit. To finish it all off, we raked the full length of the trail (all 4 kms) of light debris.

Needless to say collectively those who did all this work walked this trail numerous times. In doing so, locations for other potential improvements and upgrades were identified.

For the most part these are not huge jobs and could be done on a "if there is time basis" later in the year or become identified tasks for next year.



Oh, Vedder Mountain Phase # 2. This phase involves rebuilding portions of the connector route from the Ridge Trail down to trails that work their way towards the summit from Yarrow. Initially this will involve marking the existing route and any proposed changes to it then submitting an application to the MFNR (RS&T) for approval and permission to build it. This will be done, independent of work on other trail work projects over the summer months. Hopefully we will receive approval in a timely way and will be able to commence reconstruction

early in the fall.

Although work on the Vedder Ridge Trail has occupied a significant proportion of our trail work time to it is not the only project we have been working on. The Pierce Lake trail is also a trail the club has agreed to maintain. Early this Spring a group of volunteers brushed and cleared a large area between the trailhead parking area and Chilliwack River Rd. This was to provide good sight lines from the roadway to the parking area, hoping that the better visibility would help reduce/prevent vehicle vandalism in the parking area. Much of the lower elevation of the trail was also cleared of blowdown.

The big concern on the Pierce Lake has been the replace of the bridge across the creek that had been destroyed by a falling tree at the 3000' level of the trail. Members of the club, accompanied by a Ministry authorized faller were up the trail (on Sunday, May 26) to assess the possibility of falling a large tree across the creek near the original crossing site. They determined it was possible and the MFNR (RS&T) have approved that this can be done. We are awaiting direction from RS&T and Fisheries Dept. staff before proceeding. Hopefully we will be able to proceed in June.

And there is more.

The Club has taken an active role in the maintenance of several sections of the TCT in the Chilliwack River Valley. Club volunteers have joined TCT work teams on their regular work dates (every Tuesday & Thursday). This collaboration with the TCT has been spearheaded by Harry Waldron.

Arguably the most interesting project that is being worked on is the reconstruction of the Harrison Lake Forestry Fire Lookout Tower. This project is in cooperation with RS&T and the Coquitlam School District where a replica of the original tower is being prefabricated and will be helicoptered to the tower site and re-assembled by club volunteers and students from Coquitlam. The plan is for this to be done through the month of June. What an ambitious undertaking. Jim Alkins is the driving force behind this project.

It's not that we haven't enough on our 'to do' list. We have also assisted The Valley Outdoor Club with building the new access trail to the Slesse Memorial Site. For obvious reasons the importance to improve public access to this memorial site cannot be understated.

Maintaining trails is an endless task. The trails we all love to hike were built by folks who loved the outdoors and volunteered their time to build them. Nature is relentless and will reclaim what is not maintained. We owe it to the people who built them and to future users to do our part to preserve them. To the entire club members, and often their friends and neighbors, a huge thank you is owed for the many, many hours you have given to do just that. If every club member gave one or two days a year to this important task it would be amazing what could be accomplished.

- Gary Baker

EVANS PEAK – MAY 1



I had cancelled this hike due to a lack of response but a few members convinced me to keep it a 'go' at the last minute. And I'm glad we did. The weather was just perfect: sun with a few clouds, no wind, warm temperatures and wide-open views from the ridge.

We parked at the West Canyon parking lot in Golden Ears PP (equipped with a nice outhouse) and started east up the broad gravel trail. Soon we got to the Viewpoint Trail where we turned left ("Evans Peak" is scratched into the sign). After



crossing the creek, we came upon the sign to Evans Peak. Now the trail became steep, rooty and rocky. But we maintained a relaxed pace. Joe crawled into a lean-to structure we found in the bush. Not sure why it would be located there, so far from a water source.

At the viewpoint to the peak and Alouette Lake, there was a rare piece of flat land. For first-timers, this is a “are you kidding me?” moment. Why? Because after doing about 1.5 hours of mostly steep climbing, and feeling relieved, thinking we “must be almost there”, these thoughts are quickly squelched when you peep through the evergreens and see the sharp peak, still not so close and involving a bit of a decline before rising even steeper to the top.

Now the trail continued along a gully from which a creek flowed along with a few thin long waterfalls. Then came the connector section of the trail, where there was a 30m-drop before climbing almost vertically (with the aid of two ropes and long roots) to the ridge. Once on the ridge we continued to the northern end of it, following footprints through several patches of snow. There we found some dry rocks to sit on by the summit.

Now was our payback time. To our west were the close-up peaks, first of the rounded snow-covered top of Alouette Mt and then the black pointed peak of Blanchard and finally the massive Edge with its two waterfalls cascading a long ways down to the valley floor. To our northeast were the white peaks of Judge Howay and Robie Reid. And to our east was the long Alouette Lake. No rush on this lunch break. It was warm out and gorgeous.

We were not alone on the top. All together we passed 8 people on the trail. We met two young ladies on the other end of the ridge and encouraged them to carry on just a bit farther to where the views were much better. It was their very first hike! One of them fearfully asked us how we felt about going back down. Her friend replied, as if “what a dumb question”, “Look at them. They know what they’re doing.” Another young man a bit farther down at the base of the steepest part had just moved here from Montreal. He also was on his first hike in western Canada. Back at the viewpoint, the two young ladies joined us for the better part of the descent. They were in no hurry to leave us and were eager to learn more about hiking and what gear to get. It was a pleasure to be with such enthusiastic people, so new to it all.



Stats: 12.5 km / 980m gain / 1132m high

Participants were: Vic D, Joe K, Don Tocher + **Joce T**

NAK PEAK – MAY 8

I hesitate to call this a hike because it involved so much more: route-finding, bushwhacking, kick-stepping on steep snow slopes and glissading. We went into this climb not knowing what to expect. Would we make the summit? We weren’t so sure in the beginning of the day. There were several challenging obstacles to overcome...

Obstacle #1: Where to enter the forest? So we’ve walked about 900m east, up the pipeline road to the higher point, just before a large dead tree. Joe put pink flagging tape on a



branch where we decided to enter the forest. It's not an ideal spot, but then nothing on this climb was ideal. Staying not too close to the person in front of us lest a branch whipped into our face, we made our way upwards through some alders, evergreens and lower brush.



Obstacle #2: Those almost vertical rocky bluffs that were wet with melting snow run-off and the fields of long tangled alder branches were tricky to avoid. We did a bit of a horseshoe around them, and stayed lower on the return trip. When we started traversing west, through an open slope filled with Avalanche lilies, we came upon a faded orange flagging tape. We ran into a few more later.

Obstacle #3: Soft sticky snow on steep slopes. At 1600m we were trying to decide whether to put on micro-spikes or snowshoes. There were pros and cons. The guys in their micro-spikes did a bit of post-holing, whereas me in my snowshoes, felt like I had weights on my feet due to the snow sticking to them. All three of us had to kick-step into the steeper slopes, up to 3x per step to make sure our feet would hold. Even then sometimes they didn't so we had to anchor our poles to keep from falling.

It was with joyous relief that we reached the summit and gave each other 'High 5s'. Or so we thought. Once at home when I downloaded my GPS route I discovered we were a whole 4 meters lower than the top and just a bit on the other end of the ridge by the radio towers. So it was pretty well the same elevation gain. And it had the same rewarding views, from Yak Peak close up and personal to Thar, then Illal & Coquihalla and then the Needle & Flat Iron. Numerous peaks lined the horizon.



But we still had to get back down in one piece. Glissading proved to be fun and relaxing (except my dear derriere got rather frozen). The sticky snow kept us at a controlled speed, thus making our 300m descent take only half the time it took to ascend. Thanks to the breadcrumb trail on my Garmin GPS, we found our way back without getting lost. More "high 5s" back at the pipeline road.

And guess what? The icecream truck is back for the season at the restrooms by the #217 exit. Yummy.



Stats: 7.8 km / 880m gain / 1937m high / 4 hours moving time (2.5 up)

Along for this challenging climb were: Allan C, Joe K + **Joce T**

COQUITLAM LAKE VIEW TRAIL – MAY 15

This was a “six or half a dozen” or “all roads lead to Rome” hike. We ended up taking a few wrong turns (there was not enough signage and there wasn't always reception for our ALL Trails app) but ended up at the correct destinations regardless. Like a web, the many trails all somehow connected to one another. Attractive features were three waterfalls and the viewpoint overlooking Coquitlam Lake + the city of Burnaby & Vancouver Island.



After making 4 stops to pickup passengers, we parked by the yellow gate on Harper Rd. at 10:00am (just before the shooting range). Numerous walking sticks were propped up against a tree at the beginning of the trail, left of the gate. Mountain bikers also use these trails but we didn't see any this day. Ramps and bridges ran through the forest. When we crossed an FSR we carried on onto another trail, which we discovered was the wrong way after about 15 minutes. Not too much later we also discovered it would've got as there as well. Anyhow, we backtracked, now seeing decorative signs to guide the descent; a smiling sun, a frog sitting in a wreath hanging off a tree and a metal duck.



So, when you see 3 small wooden signs on a post on a gravel road, go left and follow it to the power lines. Turn right and soon you'll see a trail delving back into the forest. After a tricky



crossing on wet rocks in a wide creek, we came to a fork in the trail. Again, we took a wrong turn. But was it wrong? Later we found out you could've gone either way. This is where our group split up, three carrying on to do the loop. Six of us stayed right, crossing another tricky creek by Dry Crossing Falls. From there to the lookout it was a steep narrow trail.

By the time we got to the viewpoint it was 1:00pm and we were famished, not having stopped at all yet. Lunch at the lookout was beautiful, with Coquitlam Lake reservoir below us, the high-rises of Burnaby and the ocean to our left (south) and Eagle Ridge facing us to our west. We phoned Case to check on their progress before heading back down.



Once back at Dry Crossing Falls, we turned right, after running into two girls who assured us that was the correct way to Sawblade Falls. We asked if they'd seen 2 men and a woman. They said yes, “An old man was trying to push a dead tree down”. Yup. That was Case. The trail led to the base of Sawblade Falls, much higher than the first falls. Remains of a large log bridge hung halfway over the gorge. It reminded me of the bridge on the way to Statlu Lake.

From Sawblade to Woodland Falls it was a steep drop. A huge old-growth Douglas Fir tree stood on the bank at the

base of the falls. Then, contrary to what the "105 Hikes in SW BC" book says, we stayed on the **Lower** Woodland trail, not going back up on the Upper Woodland trail. This proved to be the correct way because we did run into the gigantic Red Cedar stump and the bridge over Pritchett Creek as described in the book (and we saved ourselves from climbing back up that steep trail).

We were reunited with the other 3 at 4:15pm. They'd been waiting 45 minutes. Four of us went out for dinner before heading home.

Stats: 16 km / 750m gain (minus the first trail we backtracked on) / 920m high / 5 hours moving time

Thanks for all who came out to explore this new trail: Al C, Heather F, Joe K, Brenda L, Anne O'L, Glen R, Mark W + Case & **Joce T**

PLAN B – TSEK HOTSPRING, JOFFRE LAKES + COOL CREEK CANYON – MAY 22 - 23



And all good plans by man and mice...it was 12 hours before a group of 5 COCers were set to take up the challenge of an overnight hike to Meager Creek Hotsprings but Lori found out that there were 2 gates blocking the 4x4 route that would have shortened the hike to a doable 11 km each ways. So Pan "B" was initiated and each person had a say in the trip. The main goal was to soak in natural hot springs with a few good hikes to explore.

The day started as it would have with plan "A" except the first hiking stop was Joffre Lakes. The 3+ hour hike passed quickly with so many hiking stories to tell and listen to. After a round trip hike to a little bit beyond the campsite at the top lake with many beautiful views and pictures to take it was off to our second choice hot spring, T'sek or also commonly known as Skookumchuck or St. Agnes.

We were greeted by a friendly and knowledgeable young



First nation man who told us about the site and gave us a road update about the bridge that is out essentially blocking a round trip path back home by way of Harrison Lake.

After setting up camp and eating a much-deserved meal we headed for the hot springs. The site has expanded a bit since Jocelyn was there last with several more hot tubs to sit in (11 in total). We all enjoyed about an hour soak before heading back for a good night sleep with the "gentle roar" of the Lillooet River not far from our tents.

Our lazy breakfast and exploration of the whole campsite was a great way to start the morning but soon we were off back down the In-shuck FSR 54 km to Mount Currie area. The road was amazingly well serviced for a FSR and traffic was light. A few stops were made at points of interest such as a small cemetery, a historical signboard and the Mount Currie cultural center.



Our next hike was a new one from the new 105 hikes book called Cool Creek Canyon. The steep trail ascended and descended directly beside a "raging" waterfall, which offered a multitude of picture ops and a picnic table at the lookout over The Birkenhead River far below.

Our last walk/hike was an hour down the highway in Whistler called Train Wreck Park. This little walk over a suspension bridge to a train wreck site from 1954 was a mix of a walk back in time and a mural opportunity for the youth of today.



Our final stop was in Squamish at the Brewhouse for a great meal before a quick drive home on a highway with little traffic and home by 9pm to unpack and reminisce about a great, but as always, too short trip into our beautiful BC mountains.



Leader: **Lori B.**, with Cal F., Heather F., Katie C., and Jocelyn T (photos).

A special thanks to Jocelyn and Cal for posting some of your lovely pictures on Facebook.

EATON LAKE – MAY 29

We all got sticky buns on this hike but not the kind you'd expect. Also it was a mystery as to why the markers say its 4 km to the lake and 3 of our GPSs said that it's 14½ km round trip. Judging by the grade of the slope and the length of time it took us to get there, this would make more sense. The weather was on our side, the sun coming out about 2/3rd way up.

We got a 9:30am start, after driving 16km on the Silver-Skagit Road and 200m in to the trailhead. Most of the trail followed alongside the Eaton Creek, which looked more like

a river. Many waterfalls gushed down steep slopes. The first creek crossing was on a solid wood bridge with a magnificent view of high falls and a huge log-jam over which water cascaded not far from us. After the next creek crossing of a tributary, we switch-backed up between the 2 creeks till about ¾ up.



Now we had to cross the main creek again, which was gushing and high. Was there a new bridge there yet? Nope. How to do this? Case tried first and coached us across as we straddled a log about 5 feet above the water, before carefully easing our way off of it, picking steps across a small hump of turf, and balancing on the old broken log bridge before stepping to safety. Phew. This is where we got our sticky buns (and hands) -- from the sap on the log.



From there the trail leveled off, winding through some old-growth forest, across a boulder slope and forest of furry trees who's bark was decorated with intermittent pale green "witches beard" moss. We came out at the lake outlet where numerous submerged logs were piled up beside each other in the glittering green water. The view did not disappoint. To our left (north) was Mount Grant and to our right Eaton Mt. The lake is actually crescent shaped, nestled in a bowl lined with mountains. We could see trout in its very clear waters.



Lunch was a leisure affair, basking on the sun's warmth reflected off of the round smooth boulders by the lake's edge. We had visitors; 3 Whisky Jacks. Otherwise not a soul in sight. It was really quite a magical place to be.

On our descent we took the time to check out a few short side trails that led to more waterfalls. We were back at our car by mid afternoon.

Stats: 14½ km / 1000m gain / 1325m high

Along for this lovely day were: Katie C, Christine C, Joe K + Case & **Joce T**

SUNSHINE COAST TRAIL: TIN HAT MOUNTAIN/HUT - MAY 29-31

The Sunshine Coast Trail (SCT) is the finest hut-to-hut trail systems in Canada (15 huts covering 180 KL). The Chilliwack Outdoor Club has done the northern and part of the southern and central section of the SCT. The part of the trail we planned on covering this trip was from Fiddlehead Landing to Tin Hat (a steep trudge—3500 ft) and potentially Lewis Lake.



We caught the ferry at Horseshoe Bay 7:20 am on Wednesday May 29—2 ferry rides later and at 12:30 (lunch)

we were in Powell River at Shinglemill Marina, a boat waiting to speed us up Powell Lake to Fiddlehead Landing. We began our ramble about 1:30 up to Tin Hat Hut on Tin Hat Mountain, much of the trek through dense forest, the trees thinning out the higher the journey. We were greeted, about 5 hours later, with the sight of green roofed Tin Hat Hut, perched on a rock knoll just below Tin Hat Summit.



The views from the Hut in all directions charmed and delighted eyes and soul, ocean thousands of feet below, white dressed mountain peaks, Coastal Mountains to the east and the snow layered mountain range on Vancouver Island to the west. We climbed under comforting sleeping bags in the loft of the Hut as day ended, much needed filling dinners our gift for the demanding day on the trail as dusk joined us.



The sun rose over the easterly peaks about 6:00 am on Thursday May 30, another blue canopy beauty of a day before us, Rainbow Range of thick glacier summits ever before us. Most of the trekkers headed down towards Lewis Lake, water in short supply atop Tin Hat Mountain, wide ranging green forests, Powell Lake and mountains towering on all sides. It was another full day on the trail, excellent lake swimming to cool off sweated bodies, and rumor has it a family of deer's joined the swimmers at Lewis. All were back



at Tin Hat Hut for dinner, plenty of good food, conversation and laughter to bid adieu to another high alpine day, stars as night approached thick and strewn across the sky, superb views from the loft of Tin Hat Hut. The final packing for our departure day on May 31 was done in a lingering way as day star turned ever westward, Texada and Vancouver Islands sights worth the seeing as another bounty of a trip near its end.



We were up and on the trail by 5:30 am Friday May 31, the 10 KL, 3500 ft descent done in haste (3 hours). We were back at Fiddlehead Landing by midmorning, the boat not arriving until 11:30 am, so some took to swimming in Powell Lake, others meandering about the area, some reading, dozing and resting after a full three days on one of the treasure and high points of the Sunshine Coast Trail.

We caught the 2:30 pm ferry from Saltery Bay, 5:45 pm ferry from Langdale and were back in the Fraser Valley by 8:00 pm, an expansive high alpine trip well etched in our memories and more of the Sunshine Coast Trail completed, Cindy and Nadine off to Savary Island for a couple of days.

Montani Semper Liberi



Participants: Judy Pasemko, Cindy Waslewsky, Sue Abegg, Nadine Bauman, John Laframboise, Don Field and **Ron Dart** (trip leader and reporter)

CHILLIWACK OUTDOOR CLUB TRIP REPORT – TRAIL MAINTENANCE

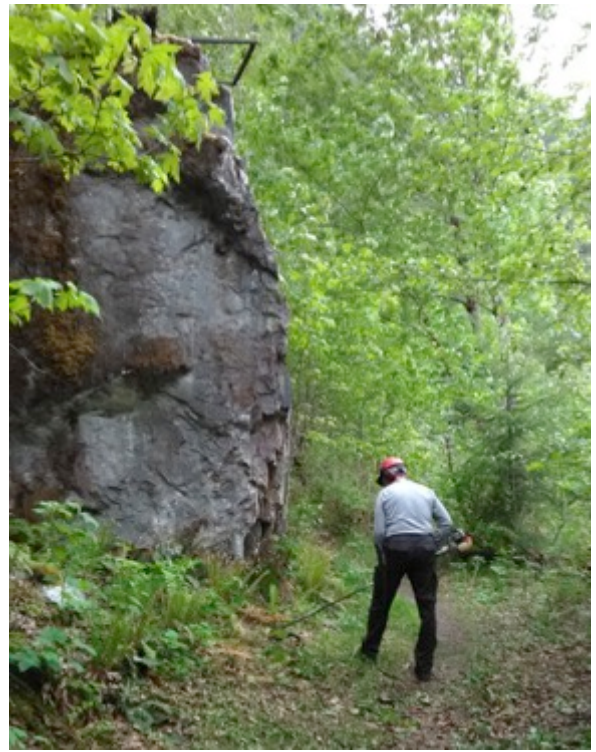




The Club has been active on various trails in the Chilliwack River Valley. The deadfall and low brush has been cleared and drainage improved throughout the 42km trail from Chilliwack Lake to Vedder Bridge with the planning and guidance of Leon Lebrun the TCT President of the Southwest Region.



There are amazing views along the Trans Canada Trail, which are easily accessible and practically unknown to most hikers. The old growth stumps, moss cover trees and fish channels are amazing.



The deadfall and low brush has been cleared through out the 42km trail from Chilliwack Lake to Vedder Bridge during the past two months by various members joining Leon.



The Club assisted with the completion of a boardwalk started by the students of GW Graham Secondary and funded by MFNR near the Fish hatchery. Considerable thought and discussion were required by Don and Harry to layout and align the 50ft long walkway. Grubbing and placement of crushed rock were also required.





A team cleared the Pierce Lake Trail parking lot for MFNR and cleared the lower section of the trail to the lake.



TRIP: JUNE 10-14, SOUTHERN SECTION OF THE SUNSHINE COAST TRAIL

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: HUT-TO-HUT, 10 PEOPLE MAX

TRIP: JUNE 21-23, HIKE THE DEWDNEY TRAIL TO HORSEGUARD CABIN

LEADER: CHRISTINE CAMILLERI @ 4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: TENTING & POSSIBLE CABIN, 8 PEOPLE MAX



TRIP: JUNE 29-JULY 01, HIKE THE DEWDNEY TRAIL TO HORSEGUARD CABIN

LEADER: TERRY BERGEN @ TERRYBERGEN@SHAW.CA

ACCOMD: TENTING & POSSIBLE CABIN, 8 PEOPLE MAX

TRIP: JULY 8 -13, HIKING IN STRATHCONA PROV PARK, VAN ISLAND

LEADER: MARG TRANAH @ MARGARET_TRANAH@HOTMAIL.COM

ACCOMD: CAR CAMPING & TENTING

TRIP: JULY 08-12, DAY HIKING IN THE WHISTLER - BLACKCOMB AREA

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: STAY AT ONE OF THE HUTS, 8 PEOPLE MAX

Masthead: Blanshard & Alouette Mtns.

2019 C.O.C MULTI DAY TRIPS

TRIP: MID JUNE - OVERNIGHT HIKE AT MEGHER CREEK, PEMBERTON AREA

LEADER: LORI BODKIN @ FIRECHICK@TELUS.NET

ACCOMD: TENTING

TRIP: JULY 13-28, SAWTOOTH MTNS IN IDAHO & BEARTOOTH WILDERNESS IN WYOMING.

LEADER: JOHN MCLELLAN @ JHMCLELLAN@SHAW.CA

ACCOMD: 2-4 DAY BACKPACKS SO WILDERNESS TENTING, DAY HIKING, 10 MAX --FULL

TRIP: JULY 27-AUG 05, HIKING FROM THE WHEELER HUT,
GLACIER NP (CANADA)

LEADER: JUDY PASEMKO @ JUDYPASEMKO@SHAW.CA

ACCOMD: STAY AT THE WHEELER AND ASULKAN HUTS, 12
PEOPLE MAX

TRIP: JULY 27-AUG 05, DAY HIKING IN THE JUMBO
GLACIER AREA OF B.C.

LEADER: CHRISTINE CRAIGEN @
COZYTUES4US@GMAIL.COM

ACCOMD: CAR CAMPING, 10 PEOPLE MAX

TRIP: JULY 27-AUG 05, DAY HIKING IN GLACIER NP (U.S.)

LEADER: CHRISTINE CAMILLERI @
4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: CAR CAMPING, 8 PEOPLE MAX

TRIP: JULY 29 – AUG 1 HEATHER TRAIL IN MANNING PARK

LEADER: JOCELYN TIMMERMANS

JOCELYNTIMMERMANS@HOTMAIL.COM

ACCOMD; TENTING, 10 PEOPLE MAX -- FULL

TRIP: AUG 03-05, 3 DAY BACKPACK TO MOWICH CAMP @
MANNING PARK

LEADER: TERRY BERGEN @ TERRYBERGEN@SHAW.CA

ACCOMD: TENTING, 12 PEOPLE MAX

TRIP: AUG 25 - 30, HIKING IN TO HUT IN TONQUIN VALLEY,
JASPER NP

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: HUT AND TENTING, 10 PEOPLE MAX

TRIP: AUG 17/18, OVERNIGHT TO PIERCE LAKE/MT
MACFARLANE

LEADER: GRANT ACHESON @
ACHESONGRANT9@GMAIL.COM

ACCOMD: TENTING, 10 PEOPLE MAX

TRIP: AUG 12 -17, Monashee PP, KEREMOS B.C.

LEADER: JOCE TIMMERMANS & DAVE WALTON @
JOCELYNTIMMERMANS@HOTMAIL.COM

ACCOMD: BACKPACK AND WILDERNESS TENTING, 10
PEOPLE MAX -- FULL

TRIP: SEPT 02-05, DAY HIKING FROM JACOBSEN LAKE,
TULAMEEN FSR

LEADER: CHRISTINE CAMILLERI @
4CHRISTINECAMILLERI@GMAIL.COM

ACCOMD: CAR CAMP/TENTING, 8 PEOPLE MAX

TRIP: SEPT 07-14, BIKE THE CASCADE LOOP, 700K
WASHINGTON & B.C.

LEADER: STUART WOOD @ STUART_WOOD@SHAW.CA

ACCOMD: TENTING, MOTEL, 4/6 PEOPLE MAX

TRIP: SEPT 16-20, BACKPACK THE ROCK WALL, KOOTENAY
NP

LEADER: SUE LAWRENCE & AL SMITH @
GWELU@TELUS.NET

ACCOMD: WILDERNESS TENTING, 8 PEOPLE MAX

TRIP: SEPT 25-28, DAY HIKING AT WHISTLER-BLACKCOMB

LEADER: RON DART @ RDART@SHAW.CA

ACCOMD: STAY AT HUT, 8 PEOPLE MAX

Stein Valley

CLUB INFORMATION

Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: www.valhallapure.com (club sponsor), www.backpacker.com and www.mec.ca.

Safety first, last, and always! It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

Equipment for Club Members' Use

2	canoes with accessories	1	stove
2	backpacks	1	water filter
1	two-person tent	1	pruning saw
1	three-person tent	1	dehydrator
1	projector and screen	13	ice axes
3	9 mm climbing ropes	4	pairs of crampons
4	climbing harnesses	8	assorted carabiners
2	avalanche transceivers	?	avalanche probes

Note: All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

CLUB CONTACTS

Position	Name	E-mail
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