

MARILYN CRAM TRIBUTE

REMEMBERING MARILYN LOUISE CRAM

June 12, 1951 (Kindersley, Saskatchewan) – March 7, 2021
Chilliwack

By: **Karl Ricker**

Between these two dates a vibrant, hardworking volunteer and certainly a very gracious and helpful outdoors lady graced the mountains of North America, the waterways of the British Columbia coast and the big rivers of our North. Marilyn was non-stoppable, always on the move participating in adventures, big and small. Marilyn moved to British Columbia from eastern Canada as a teenager and quickly adapted to a mountain life, first as a skier and primarily at Mt. Baker and Hemlock Valley.

Upon graduation from UBC as a physiotherapist in the 1970s she moved on to bigger pursuits. She worked four winters for Canadian Mountain Holidays at their Cariboo Lodge, perfecting her ability to ski in any snow conditions, be it breakable crud or deep powder.

Back to Chilliwack in private physio practice she soon joined the Chilliwack Outdoor Club and the BCMC and developed a deep friendship with their members, especially those living in the Fraser Valley. By the early 1980s she was an enthusiastic member of both.

Marilyn's BCMC participation probably began well before 1985, but her name became a regular appearance in our journal that came out in 1988 with a presence at the BCMC summer camp to the Tchaikazan Valley in July 1986—she

was on a new route ascent of Monmouth Mountain. Going through all club journals since then her name appears at 12 club camps and expeditions during the summer and another eight ski camps, the latter primarily organized by Pat Crean. It doesn't stop there; she can also be found on many a weekend trip in our newsletters.

Notes provided by Carol McMillan and Jack Bryceland show far more of Marilyn's adventures. From 1986 to 2014, the notes provide a list of at least 130 trips into the wilderness, all but 17 being on foot or ski, with more than 140 peaks ascended. When not on BCMC trips she was on outings with the Chilliwack Outdoor Club, at Alpine Club of Canada camps, or winter ski trips to many backcountry lodges, usually organized by Carol McMillan. One of her favourite backcountry haunts, however, was to Ruedi Beglinger's chalet and cabins in the Selkirk Mountains, visiting the Durrand Glacier several times to ski tour and once on foot in summer.

With an expedition organized by Ruedi she made ski ascents of two significant peaks in the St. Elias Mountains. Yes, Marilyn had an attraction for snow camps on our icefields, several on the Elaho-Lillooet-Bridge, at times in difficult conditions. Adversity did not bother Marilyn; she would always smile and enjoy its happy ending.

How far did Marilyn "ramble"? Two trips to Baffin Island, the Rockies of Canada and the USA, throughout the Columbia Mountains ("Interior Ranges"), the Cascades of Canada and the USA, the Coast Mountains to as far north as Mount Edziza, our coastline (usually in kayaks), and the impressive rivers in the north by canoe—Stikine, Nahanni, Wind-Peel—with her longest canoe trip on the Thelon River from just east of Great Slave Lake to its exit at Hudson Bay.

Unfortunately, she would not write about her full spectrum of adventures, but she did give a very enlightening presentation of the Thelon paddle to the Chilliwack Naturalists Club. Otherwise she was shy to talk about her many trips, although she kept beautiful photographic albums on some of them. She was the next best thing to silent perpetual motion—always on the move.

From Marilyn's quaint home located in the farming community of Greendale, west of Chilliwack, there is a broad panorama of mountains to the north, east and south. She has climbed many of them except for the most inspirational of the lot, Mt. Slesse. Her attempt to bag it was weathered off at the final summit tower. For the remembrance of this remarkable lady, the BCMC will be conducting a memorial ascent of Mt. Slesse this summer on a nice day. Those who knew Marilyn either directly or indirectly are invited to apply to attend (there are number limitations). There will be a brief eulogy on the summit and an engraved stone will be left there. Alzheimer's may have stopped Marilyn, but her spirit will linger forever.

For more details about this very special club endeavour phone Dave Hughes (604-987-7101), Dave Scanlon (604-230-2601) or Karl Ricker (604-698-9459).

MARILYN CRAM: MOUNTAIN MEMORIES

There are six mountain memories I hold near and dear when I think of Marilyn Cram. First, Marilyn's sheer delight in skiing, Mt. Baker her home of sorts, her effortless deep powder choreography in the snow, her many tales of working for



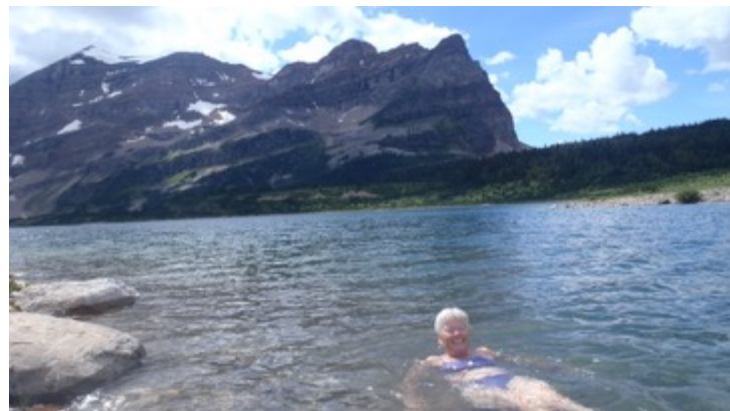
Hans Gmoser and Canadian Mountain Holidays (CMH), heli-skiing in the Bugaboos when there were free openings. Second, a shared experience on a Kokanee-Silver Spray trip when we were marooned in Nelson because of a flash flood, an afternoon on a rock cliff, watching a rescue of a dog that had

fallen part way down the mountain, trapped in a cleft. Third, Marilyn's sheer joy in all sorts of alpine flowers, their Latin names tumbling from her excited mouth like cascading early spring waterfalls. Fourth, a trip to Assiniboine I led in which I assigned, for her cooking partner, a person from the Middle East. He could not, in the least, understand the food she chose and why he had to eat in such a manner----all quite amusing in retrospect—not so at the time.



Fifth, a trip to the 14,000er summits in Colorado with eight from the Chilliwack Outdoor Club and doing various peaks, Vail, Aspen and Breckenridge splendid side trips. And sixth, but a predictable and not to be forgotten habit of Marilyn—swimming in naught but her skin in high alpine lakes. Marilyn will be sorely missed.

montani semper liberi
Ron



This photo was taken up in Mt Assiniboine 2013. We were a large group that Ron had been able to organize and lucky to have stayed in the cabins.

Marilyn was fond of swimming and I've been known to dip into some cold lakes too. After a hike, she talked me into going for a swim in Magog lake. Even though the day started out cloudy, a patch of blue opened up and we were blessed with a great view of Assiniboine peak. It was wonderful. We splashed and swam around for a while. I am grateful to have spent time with a kindred swimmer.

-Irene Hofler



Marilyn,

May you know you made your mark with zest and passion

May you know you did your best with strength and endurance

May you know you made a difference with generosity and kindness

May you know you inspired with wanderlust and adventure

May you know, my friend, you were loved and will be missed

May you rest in peace.

Love **Wendy G**

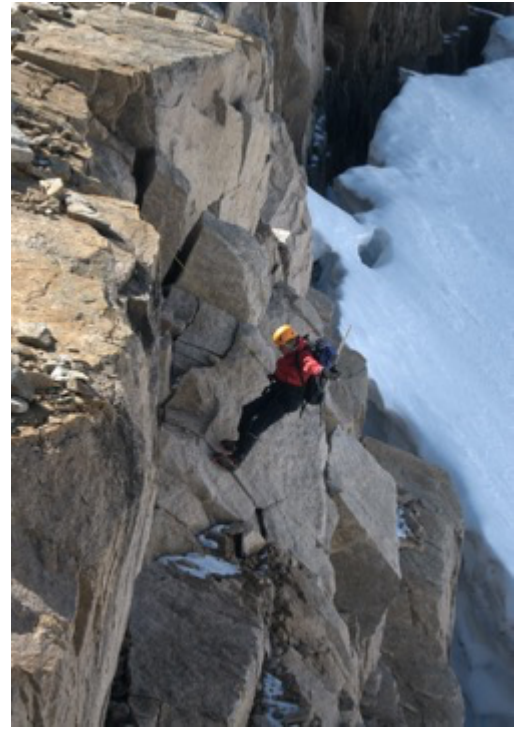


Here is a photo of Marilyn and Don Field on a canoe trip on Myrtle Lake. Other than that Marilyn was exceptional alpine skier and famous for taking a dip in fridge alpine lakes, usually naked. Great to hear you are preparing a write up of Marilyn's life. She was a great gal....

-John laf

We were all saddened when we heard of Marilyn's passing, she will be sorely missed by all her friends at the C.O.C. I first met Marilyn in 2002 when I joined the hiking club. In the first few years I only hiked occasionally with her but starting around 2008 we started to do quite a few trips together; climbing in the Rockies, Bugaboos, Colorado, canoeing in Wells Gray PP, caving the Nakimu Caves at Rogers Pass, backpacking the West Coast trail or skiing into Neil Grainger's cabin in Sunshine Valley to remove the snow off

the roof and stay a couple of nights. Marilyn could do it all and always with a big smile on her face. She loved to swim in cold alpine lakes. I remember when we were staying at the Kain Hut in the Bugaboos for a few days, and we went for a hike. Right below Bugaboo Spire we came upon a lake with a lot of floating ice. Off went the clothes and in she went. I couldn't keep my feet in the water for more than 10 seconds and here was Marilyn doing laps for 30 minutes amongst the icebergs! It was the most amazing thing.



Marilyn was different in a quirky sort of way and I think that this alienated her from a lot of people who didn't take the time to get to know her, but to me that was part of her charm. She was no cookie cutter. She did things in her own way and I think that those that misunderstood her was to their loss. We should all try and celebrate each other's differences as that is what makes us who we are, individuals and those people end up being the real characters in life. Marilyn was a very caring person and had a great sense of humor but only once you got to know her. If she was on your trip you didn't have to worry about Marilyn as she always was prepared. She could take care of herself and had a real good set of mountain skills. Looking back now I wish that I had gone on more trips with her, and I am sure most people feel that way. I think that is a natural thing to happen after somebody passes. Goodbye Marilyn Cram, you will be missed by all that new you, see you in the mountains...
-John McLellan

PRESIDENT'S PERSPECTIVE

The Chilliwack Outdoor Club Constitution and Bylaws requires that an Annual General Meeting be held. This took place on April 26 via zoom with some 40 members linking in. Completed at the AGM were presentation of several annual reports and the election of Directors for the next year. I want to echo VP Christine's thanks to the departing Directors and welcome the three new members who have stepped forward to serve this great club. Thanks as well to all continuing members of the Board for your dedication and hard work. Treasurer Irene presented the end of fiscal year numbers and a budget for the next year, which was adopted. We will be working hard to implement the various programs and initiatives funded in the budget in order to give back to the members after a difficult year.

We have decided to move the annual June BBQ to September 19, location to be announced. We feel we will be more likely to have a social gathering as by that time most Canadians will have been vaccinated and any restrictions will be more permissive.

I look forward to seeing you on the trails, or at the May 31 meeting via zoom. We will have a short business meeting to review proposed bylaw amendments and then will enjoy another interesting speaker.

-Grant Acheson, President

VEDDER MT. – APRIL 5



What to do on an Easter Monday which was the final day of a 4-day holiday for most? Stay local. Vedder Mt is our go to hike if the weather is rather iffy, the snow is too low and in this case, the highways were too busy. So having clear sunny skies was a real treat. And having 4 new members along for not only their first time on this trail but also their first time with the club, was also a treat.

Three vehicles were able to drive the last .7km rough stretch of road to the trailhead. The others walked up which didn't take them more than 15 minutes. By 9:45am, 15 eager hikers began our 2-hour ascent (1:40 hours moving time) to the summit. Not far from the picturesque pond, we turned right to the first viewpoint overlooking Sumas Mt. & Prairie.

Once we were all together again, we continued, marveling at the frozen pond, wooden stairs and moss-covered ground in the fairy tale forest. Then as we approached the frozen lake, we negotiated a steep downward slope made trickier (especially for those without micro-spikes) because the trail was now covered with ice. I was surprised to see so much ice. I was not surprised to hear later that Case had walked on it.



Just past the lake we were treated to a long boardwalk and soon after climbing a steep slope we came to the artistically built bridge with its smooth curved branch railing. Next came the two rope sections, the second one being more challenging because especially at the bottom you can swing around from side to side if you don't choose your steps carefully.

Now we were on the ridge with an open view of the Cheam Range. Then back into forest, passing another rocky bluff with trees too high to see over. Just before the summit I steered the group to the right. There's an orange flagging tape there. Not many knew about this viewpoint. Its more expansive, with views from Mission with the Fraser River to Sumas Mt to Vedder Canal and the Golden Ears Range.

As we were getting ready to settle for lunch on the warm rocks in the sun, we ran into Gary Robbins. Or I should say he ran into us, literally. He's somewhat of a celebrity in our hiking community. If you haven't seen his YouTube video, "The Big Chill" on our Facebook site yet, I strongly suggest you do. He ran 176 km from Chilliwack to Cultus Lake in 37.5 hours non-stop, across 8 mountain peaks!



No one was in a hurry at lunch time, basking in the balmy warmth of the sun. Across from us Mt. Baker stood out and to the left of Baker was International Ridge with Cultus Lake below it. Five of our group (prompted by my husband) carried on along the trail on the ridge, down a section of cut-block, onto FSR and then onto trails that led to our home. The rest of us returned the way we came. When I got to our truck I noticed the driver's door had been open the whole time. A photo of our truck ended up on the Chilliwack BC Hiking Club FB site. I reassured them that it was not a stolen vehicle and nothing was stolen from it. It was just silly us, making sure the truck was locked but forgetting to check if the door was shut.

It was neat to have Jenny back with us again. She was there, on my very first hike with the club 14 years ago. I didn't see her for a long time but two months ago she became a member of our club once again. Welcome back Jenny!

Stats: 11 km / 610m gain / 890m high

Thanks for coming out on this lovely day and for you "newbys" for being courageous enough to give 'er a try. Hope to see you back. Along were: Grant A, Terry B, Lorenz B, Don F, Susan & Jenny F, Michelle K, Tracey G, Paul L, Don McD, Anne O'L, Len & Miriam S + Case & **Joce T**

BEAR MT – APRIL 13

This is a long but not steep hike with an 11.1% grade, most of it being on a deactivated FSR.

So why do it? Because the view at the end, as you emerge from the forest, always ends in a "Wow!!!" moment. Especially for the first timers.

Twelve of us started out at 9:45am, some carrying snowshoes which they never used. We made sure not to park in front of the gate because apparently the gold mine is operating again and on private property. But we saw no signs

of life there. Staying right at the fork just past the mine, we ascended the nicely cleared FSR. Soon after passing an antique squashed-against-a-tree turquoise car to the right of the road, we came to a lovely waterfall with a small pool below it. This is a potable water source for the community below.

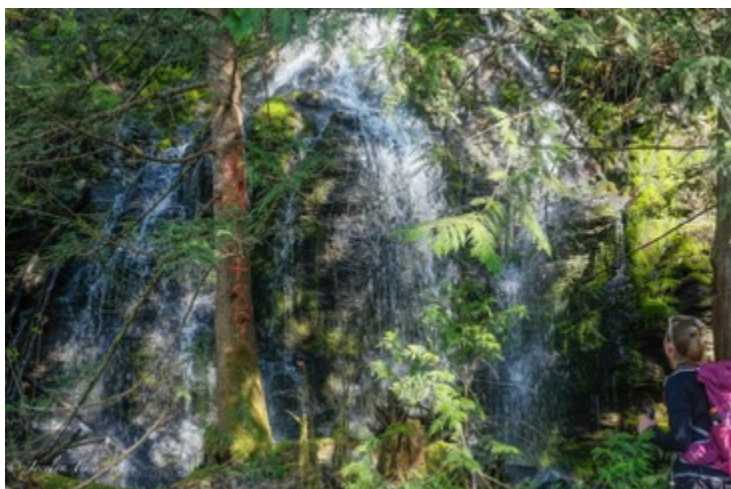
About halfway up we ran into snow and had most of the elevation gain behind us. Soon after we passed the short road leading to the frozen Bear Lake. Then past the frog pond, through the alder tree tunnel, along banks of snow lining a creek and finally turning left into a fir and hemlock forest and onto a trail. From there it was a short 25 minutes to the summit. You can't see any far-reaching views until the last minute, when you emerge onto an open rocky bluff with a radio tower & old helicopter pad.



And what a feast for the eyes! The Cheam Range was close up and personal, with only the Fraser Valley & River separating us. It's not often one can view them from this angle. With clear skies we could see from Chilliwack to Vancouver to Mt. Cartmell on the other side of Harrison Lake (where we'd just been standing a few weeks before) and the Breakenridge Mtns to the north.



With warm beams of sun shining down on us and unusually no wind, we settled in for a nice long lunch break. Dave even managed to have an afternoon nap amongst the continuous chatter of 11 other hikers. It was hard to believe that just the week before we were wearing full winter gear.

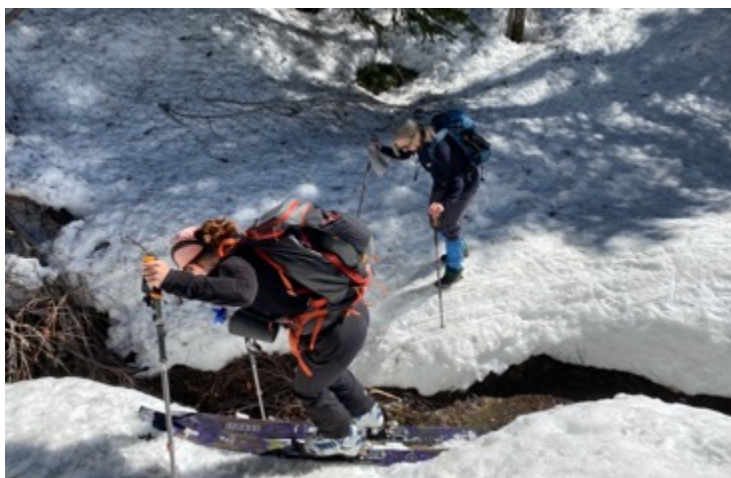


For the descent we all strapped on our micro-spikes. The footpath on old snow was well packed coming up but by now the snow was beginning to soften. Not many of us got down without doing a bit of post-holing. And most of us were feeling our feet towards the end. None of us had regrets about doing this hike on such a picture perfect day.

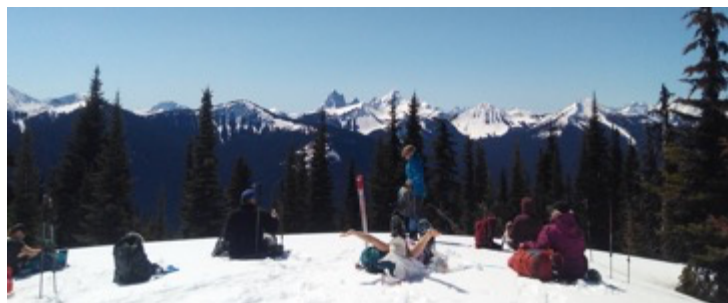
Stats: 20 km / 1165m gain / 1088m high / 5:45 hours MT

Our stalwart group consisted of: Dave B, Lorenz B, Denise D, Charlene D, Heather F, Tracey G, Irene H, Anne O'L, Sheri K, Denise P, Mark S + **Joce T**

GIBSON PASS SKI HILL (MANNING PARK) – APRIL 15



Any time after the first week in April, is a great time to go snowshoeing up at Manning ski hill (Gibsons Pass). The whole mountain, now, is your paradise especially if the



weather is fantastic. 7 snowshoers and 2 backcountry skiers took advantage on this glorious, sunny day. We parked at Strawberry flats and headed up the Poland lake trail. Most of us put on our snowshoes right away and Sue decided likewise, not too long after. She was post holing too much. It took us just over 1 hour to get to the top of the ski lift. Love those hill lifts on my snowshoes. Heather led/skied the way to Apple Bowl with 7 snowshoers following along. Cindy W decided to enjoy a ski run down and joined us later for lunch. We stopped close to 1 at the end of the ridge, and plopped down at the best view, Hozomeen Ridge. For me, it was t-shirt and shorts weather. There was a slight breeze but definitely, sunscreen, hats and sunglasses day. Time ticked away and we had to get going again.



Back at the top of the ski run, off went the snowshoes and out came the plastic sliding apparatus aka, garbage bags. The ski run was hard packed, but the hot sun had made them a bit slushy. For me, I had a couple of great slides and it was entertaining to watch others. Poor Don kept turning around going backwards and eventually had a wipeout. Lori sled the longest on her stronger plastic bag. We headed to the bottom of the run, to the road, which was easier to walk out on. Thankfully, my wet bottoms had a chance to dry out. The skiers had a great time, going up once more to take the Poland trail down. Thank you for a great day, Cindy W, Heather, Denise, Anne, Cindy L, Sue, Lori, Don M,

Cheers, **Irene H**

FORT TO FORT TRAIL – APRIL 17



Three of us spent a very pleasant Saturday walking the urban trail called Fort to Fort. Simon and I met Ben, a newer member of our club at the Fort Langley Fort parking lot. First adventure, where to find a bathroom. The Fort doesn't open till 10 so we headed down to the boat launch where there is an outhouse. From there we followed the river on a footpath that turned into the Fort to Fort Trail. I expected the day to be busy, and it was but the trail is nice and wide.



We meandered by houses, a golf course, on farmland, a forest of large trees and a campground. Along the path, the city has installed plaques describing the history of the people and the land. One can even learn about the old fruit trees that dotted the farmland. Eventually, you get to Derby Reach park. Here we sat on a log for lunch and enjoyed watching the activities around us. Return trip was 14km and an ice cream treat in town. Great way to spend the day, thanks Ben for joining Simon and Irene on this adventure.



Cheers, **Irene H**

Mt Laughington - April 22

What a great way to spend Earth day, hiking and snowshoeing up our gorgeous Chilliwack Valley. We headed out to a trail that none of us had snowshoed before. If you have a 4x4, you can knock off a few kilometres. It is a long, logging road up if you have to start from Foley Service Road but the views are so worth it.



We walked on a gravel road approximately 3 km before getting to the snowline at about 950m. There we strapped on our snowshoes. No need to bring spikes for this trip. There are no steep icy sections. As one gets higher, the views across the valley become amazing. Our mountains rival anything in the Alps.

It was still a long slog on snowshoes. The snow was soft, slushy and heavy. By 1, some of us wanted to stop for lunch. The second group decided to go for another 20 minutes to a knoll. We enjoyed a long 1-hour lunch. Sun was shining and the Cheam range was right in front of us. Wow.

The second group came down around 2 and we headed back down. Again, the views of our mountains are breathtaking. Back at our truck by 5, what an awesome day...Anne O, Don M, Lorenzo, Dave B, Sue A, Denise, Sherri, Lori Y, Jocelyn and **Irene**



Looking at my GPS, I convinced 3 others to climb just a bit higher, so we'd be up on the Laughington ridge. As I suspected, it wasn't far and there before us was the meadow and ridge with Mt. Laughington a rounded hump at the far end of it. It was only 208m higher than our lofty knoll. But it would've been another 4 km to the peak. From our vantage point the views were just as good. I think this hike offers some of the best views of the Chilliwack River Valley Peaks.



The Cheam Range loomed right in front of us, separated by only a valley. Then Geotz, Williams, Rexford, Slesse, McFarlane & the Border Peaks (to name a few) lined the southern horizon. It was a true feast for the eyes.

This route offered views when we were only about half an hour into the hike. It was teasing us with snippets here and there till finally as we rounded the bend where most had lunch and the whole Cheam Range was ours to take in.



Stats from the snowline (950m) to the Laughington Knoll:

10.12 km / 713m gain / 1590m high / 3:45 hours MT

-**Joce T** (+ photos)

Masthead: Chilliwack River Valley Peaks taken from Mt. Laughington

GLORIA LOOKOUT – APRIL 29

Amazing day up at Gloria lookout. It's a relentless up up up at a 1200m gain. The group's slow steady pace took over 3 hours. The lookout was a welcome sight bonus with magnificent views. Here we had a nice long leisure lunch. Blessed with the sun, and high wispy clouds we could see as far west at the hazy, Vancouver Island mountains. Two other men from the coast had already staked out the best spot but they did sort of break trail. Every post hole they made; we knew not to step in.



Eventually, we all post holed somewhere. The men had a rougher time because of their weight but we had to dig Denise's foot from under a root. Sheri made great time to meet us after lunch. Going down, I'm not sure what was more tiring, the up or the long, knee knocking down. Finally, when you get to the community forest trails, they seem to go on forever...where is that parking lot.? Spent over 7 hours today and enjoyed it immensely...thank you for the day: Lori, Denise, Denise P, Mary, Lorenzo, Dave, Dan K, Anne, Sheri, Jan + **Irene**



**FIRE ON THE MOUNTAIN:
THE STORY OF THE 10TH MOUNTAIN DIVISION
1995**

A few of us from the Chilliwack Mountain Club (Brett, Michelle, Joce, Case, John, Marilyn, Karin and I) ventured down to Colorado in August 2013 to trek some of the infamous 14,000 leg stretchers. We stayed in Frisco and 8 of the 40 peaks were summited, side trips taken to Breckenridge, Aspen and Vail. When in Vail, we visited the Colorado Ski & Snowboard Museum Hall of Fame. And, it was when there, we watched the 1995 film drama, *Fire on the Mountain: The Story of the 10th Mountain Division*. The historic overview and drama of the 10th Mountain Division is worth the seeing many times, its 3 main Acts unfolding into one another in a seamless flow of mountain culture and life.



Act I in the emerging birth of the 10th Mountain division describes, in various animated ski depictions, the vibrant ski culture that was being birthed in Colorado in the 1930s. Needless to say, the quality of skiing and equipment was not what it is today, but the action films from the 1930s highlight abundant and erratic energy and the birth of skiing as a way of being and living. The fact that it was in the 1930s that skiing was taking off in Colorado (many Europeans as guides and teachers) and elsewhere in the USA as a thriving sport coincided with the political growth of fascism in Europe, Germany and Italy at the forefront. The bombing of Pearl Harbour by the Japanese brought Americans into WWII. The Americans faced Japan (bombing of Hiroshima-Nagasaki such a tragedy) and committed themselves to confront the Germans in alpine and high mountain warfare in Italy. This meant a military mountain unit had to be developed to drive the Germans out of Italy. Such was the birth of the 10th Mountain Division and many who joined had been part of the ski euphoria of the 1930s (many also had no experience of mountain survival and, in time, mountain warfare). There is a significant interest in backcountry skiing and touring these

days, and *Fire on the Mountain* lingers long on this form of skiing in the late 1930s early 1940s as a training and preparation for the fire on the mountain when the American 10th Mountain Division fought the Germans in northern Italy and drove them out. There are many interviews in the film with the men (now much older) who bonded in the mountain training and alpine war in Italy. Act III in the film reflects on what many of the men in the 10th Mountain Division did after WWII, their high level alpine training equipping them to take leadership in the explosion of the ski industry and, equally significant, the ecological and environmental movement. The merging of mountain culture, mountaineering, politics and ecological-environmental thinking-activism is best embodied in David Brower (10th Mountain Division) and many others in their post WWII work as pioneers of mountain culture, Brower's impact best described by his son, Kenneth Brower in *The Wilderness Within: Remembering David Brower* (book includes 20 interviews with men-women inspired by Brower).

The trip to Colorado to do some of the 14,000 by the Chilliwack Outdoor Club in August 2013 was memorable in many ways but a definite delight was seeing *Fire on the Mountain*, purchasing a copy and watching it many times since then.

*Coastal Mountain Mountaineering Literature:
The Birthing Years*

*Mt. Garibaldi Park:
Vancouver's Alpine Playground
Don Munday: 1922*

*In The Western Mountains:
Early Mountaineering in British Columbia
Susan Leslie: 1980*

I was going through my library of mountaineering literature the other day and two books stepped out to greet me from a more dusty part of the book shelves. I had forgotten I still had such beauties in my collection.

Don Munday, and his wife Phyllis Munday, are best known as first generation west coast pioneers in mountaineering, but Don was also a fine writer. Many were the more popular and scholarly articles he had published on the history and geography of mountains. But, Don's missive, published in 1922, *Mt. Garibaldi Park: Vancouver's Alpine Playground*, is a literary and visual bounty not to miss—a collector's item I would think (almost 100 years since it was first published). Don dedicated the booklet "to the truest lover of the mountains I know—My Wife". The pamphlet, and the many black and white photos included in the booklet, was published shortly after Garibaldi became a park, and, in many ways, it was one of the first trail maps in BC for exploring and enjoying the newly born park. The multiple photos and potential destinations (many a good glacier trip worth the making) are described in intricate depth and detail. There is a breadth in this 50-page overview that many can still learn

from. The larger fold out map of Garibaldi Lake and environs is a delight to sit and ponder. There is a grateful nod, by way of conclusion, to both BCMC and ACC-Vancouver section, Don and Phyllis active at different times with both groups.

I was fortunate for a few years to work with Susan Leslie at University of the Fraser Valley (she taught in the English department). *In The Western Mountains*, by Susan, is a hasty but insightful overview of mountaineering in Canada and the western mountains. The short eight sections in 75 pages cover much terrain. "The Alps of North America", "A Field for an Alpine Club", "Mountaineering at the Coast" and "Mystery Mountain" are tasty morsels of chapters that whet the appetite for more. Many women are brought to the fore as innovative climbing partners with men and Susan covers, in a finely textured manner, some of the trips taken by groups in the Coastal Mountains (and the legends and leaders of such challenging trips for those times). Needless to say, Don-Phyllis Munday are significant actors on such an expansive stage. Susan, like Don before her, has many a dramatic black and white photo not to miss, each picture a journey into the origins of mountaineering in the western mountains, the dramatic photo on the front cover and varied maps illuminating treks taken. The interviews done by Susan (included in this Heritage Series book) bring to light many of the women and men (and their memories) that are now mostly forgotten—kudos to Susan for her sleuth work in the 1970s to bring into being such a well wrought and historically pictured missive, text a beauty worth the heeding.

Those who have some abiding interest in the birthing phase of mountaineering on the west coast can learn much from the solid midwife work of Don Munday and Susan Leslie.

montani semper liberi, **Ron Dart**



Ron Dart & Marilyn Cram while on the Colorado 14ers trip.

COC 2021 MULTI DAY HIKING TRIPS

TRIP: OCEAN KAYAK TRIP TO NUCHATLITZ, WEST COAST VAN ISLAND

DATE: JUNE 05-12, 5 DAY PADDLE

LEADER: DAVE BIEHN @ dave.biehn@gmail.com

PEOPLE: 8 PEOPLE MAX & MUST HAVE SOME OCEAN KAYAKING EXP

TRIP: BACKPACK FROM BLACKWELL PEAK TO WHATCOM TRAILHEAD VIA NICOMEN LAKE OR VERSION OF

DATE: MAYBE ABOUT JUNE 28-30, 3 DAY TRIP

SUBJECT TO THE ROAD TO BLACKWELL PEAK OPENING UP

LEADER: MAURICE DODD @

mauricego@gmail.com

PEOPLE: 8 PEOPLE MAX

TRIP: HIKE TO THE SADDLE BETWEEN WEBB & MACDONALD PEAKS, CAMP THE NIGHT

AND THEN SCRAMBLE UP BOTH PEAKS

DATE: END OF JUNE/BEGIN OF JULY,

SUBJECT TO WEATHER, 2/3 DAY TRIP

LEADER: CINDY WASLEWSKY @ [twin-](mailto:twin-creeks@shaw.ca)

creeks@shaw.ca

PEOPLE: 8 PEOPLE MAX

TRIP: HIKING/SCRAMBLING, CAR CAMPING IN YOHO / ROCKIES AREA

DATE: MID OF JULY 17 - 27 DAY TRIP

LEADER: CINDY WASLEWSKY @ [twin-](mailto:twin-creeks@shaw.ca)

creeks@shaw.ca

PEOPLE: 10 PEOPLE MAX

TRIP: BACKPACK TO PIERCE LAKE, THEN CLIMB MT MACFARLANE AND OUT

DATE: 2 DAY MID JULY, SUBJECT TO WEATHER

LEADER: MAURICE DODD @

mauricego@gmail.com

PEOPLE: 8 PEOPLE MAX

TRIP: BACKPACK INTO GARABALDI PP, DAY HIKE IN THE AREA

DATE: LATE JULY – EARLY AUG, 3 DAY TRIP

LEADER: CINDY WASLEWSKY @ twin-creeks@shaw.ca

PEOPLE: 10 PEOPLE MAX

TRIP: 1 WEEK IN REVELSTOKE & GLACIER NP 1 WEEK IN KOOTENAY NP, HIKING & CAR CAMPING

DATE: JULY 29 – AUG 12, 14 DAY TRIP

LEADER: GRANT ACHESON @

achesongrant9@gmail.com

PEOPLE: 10 PEOPLE MAX

TRIP: BACKPACK UP THE WINDY JOE TRAIL, CAMP OVERNITE, HIKE TO THE TOP OF FROSTY MTN, CAMP OVERNITE THEN HIKE OUT

DATE: JULY 29-AUG 01, 3 DAY TRIP

LEADER: TERYY BERGEN @

terrybergen@shaw.ca

PEOPLE: 12 PEOPLE MAX

TRIP: BIKE RIDE (240KM+) “THE HEART OF THE KOOTENAY”, NELSON/KASLO AREA, BOTH ON AND OFF ROAD

DATE; EITHER AUG 09-15 OR SEPT 07-13, 7 DAY TRIP

LEADER: GARY BAKER @ garywbaker@shaw.ca

PEOPLE: 8 PEOPLE MAX

TRIP: BACKPACK THE HOWE SOUND CREST TRAIL, NORTH VAN (+ A COUPLE OF PEAKS)

DATE: MID JULY, 3 DAYS, SUBJECT TO WEATHER

LEADER: CINDY WASLEWSKY @ twin-creeks@shaw.ca

PEOPLE: 8 PEOPLE MAX

TRIP: HELICOPTER IN/HIKE OUT TO BERG LAKE @ MT ROBSON PP

DATE: MID TO LATE AUGUST

LEADER: MARY ANN DYKSHOORN @ madykshoorn@gmail.com & CAL FRANCIS @ calfrancis@gmail.com

PEOPLE: MAY DO MORE THAN ONE GROUP SO CHECK WITH MARY ANN OR CAL

TRIP: DAY HIKING/CAR CAMPING SOUTH OF MT BAKER AND INTO CASCADES NP ON HIGHWAY 20

DATE: EARLY TO MID SEPTEMBER

LEADER: CAL FRANCIS @ calfrancis@gmail.com

PEOPLE: 12 PEOPLE MAX

TRIP: BACKPACK THE SUNSHINE COAST TRAIL, WATER TAXI FROM LUND TO SARAH POINT & END AT POWELL RIVER

DATE: OCT 09-17, 5 DAY TRIP, SUBJECT TO GETTING HUT RESERVATIONS

LEADER: JANE DESBARATS @

janedesbarates91@gmail.com

PEOPLE: 8 PEOPLE MAX

TRIP: DAY HIKING/CAR CAMPING IN UTAH (ARCHS, CAPITAL REEF, ZION, BRYCE CANYON NP, ETC ETC)

DATE: OCT 02-23, 3 WEEK TRIP

LEADER: DAVE BIEHN @ dave.biehn@gmail.com

PEOPLE: 12 PEOPLE MAX

TRIP: DAY HIKE/3-4DAY BACKPACK ON MAUI HAWAII

DATE: NOV 06-21, 16 DAYS

LEADER: JOHN MCLELLAN @

jhmclellan@shaw.ca

PEOPLE: 10 PEOPLE MAX



Marilyn Cram

CLUB INFORMATION

Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: www.valhallapure.com (club sponsor), www.backpacker.com and www.mec.ca.

Safety first, last, and always! It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

Equipment for Club Members' Use

3 shovels	1 climbing dead man anchor
2 pairs of crampons	13 ice axes
2 avalanche transceivers	1 avalanche probe
6 climbing harnesses & a few carbineers	5 ice screws contact Cal Francis to use: calfrancis@gmail.com

Note: All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

CLUB CONTACTS

Position	Name	E-mail
President:	Grant Acheson 604-791-5808	Achesongrant9@gmail.com
Vice President:	Christine Camilleri	4christinecamilleri@gmail.com
Secretary:	Jackie Chambers	Jackie.p.chambers@hotmail.com
Treasurer:	Irene Hofler 604-824-6741	ihofler@telus.net
Directors:	Cal Francis Carol Ault Pat Ramsden Gary Baker	calfrancis@gmail.com carolault@gmail.com patrickr@shaw.ca garybaker@shaw.ca
Membership:	Tim Yochim	membershipsecretarycoc@gmail.com
Past President & FMCBC Rep:	Ken Orr	orrke@shaw.ca
Club Trip Email:		chilliwackoutdoorclub@googlegroups.com
For trips and announcements to be forwarded to all		
Note: also you can post in members: Facebook: Chilliwack Outdoor Club Group		
Librarian:	Carol Ault	carolault@gmail.com
Newsletter Pub:	Jocelyn Timmermans	jocelyntimmermans@hotmail.com
Website :	Christine Camilleri	4christinecamilleri@gamil.com
Vedder Mt Trail Ass'n:	Gary Baker	604-858-4928 garybaker@shaw.ca