



### PRESIDENT'S PERSPECTIVE

Wow, what challenges this summer season is presenting. Between COVID, floods, injuries, and fire and smoke, many plans for activities have had to be adjusted or even cancelled. Still, as this month's tripper will attest to, members are getting out there, overcoming the difficulties, and having fantastic experiences. Well done to all.

A reminder of the club BBQ scheduled for 19 September and, it appears that we will be able to resume in person meetings commencing at the end of September. We'll monitor public health guidelines on indoor gatherings and let you know for sure by mid-September.

Be safe out there and enjoy the rest of the summer.

**Grant Acheson**  
President

### NUCHATLITZ KAYAK TRIP - JUNE 25 TO JULY 2



Nuchatlitz Provincial Park is located off the northwest tip of Nootka Island on the west coast of Vancouver Island. The maze of islets and reefs that make up Nuchatlitz offer excellent opportunities for paddlers in both exposed coastal waters and protected inlets. Dramatic coastlines, small inlets punctuated with sea caves, arches, bluffs and sandy beaches are some of the highlights of this area. Nuchatlitz is home to the greatest concentration of sea otters on the west coast of Canada. The area is also steeped in First Nations history and was the winter home for Captain Vancouver when he explored the area back in 1778.



#### June 25 - Drive Chilliwack to Zeballos

We caught the ferry out of Horseshoe Bay for Nanaimo and then drove out to Zeballos, a small town on an inlet leading out to the west coast of Vancouver Island. The group camped for the night at the Zeballos town campsite with a wake-up time planned for 4:45 the following morning due to tides and currents. Strong winds came up at 1:30 am making us wonder if the paddle was going to even be possible.

June 26 (paddled 16 km to Rosa Island then another 8 km for an evening paddle – Total 24 km)

The ebbing tide created considerable moving water and rapids at the put-in which we had not been advised of or anticipated. It was an exciting start to our adventure but everyone made it out onto the water safely. Little Espinoza



Inlet was calm and beautiful. We stopped at an uninhabited fishing lodge and then paddled out Esperanza Inlet to get to Rosa Island. We set up camp in the forest and relaxed on the beautiful sandy beach. Due to the warm weather, it seemed more like a Caribbean holiday than a west coast paddle. Some of us paddled out to various islands after dinner to explore other camping options. Island 37, 34, 44 (Wyash) and 40 (Chuish). We all agreed that having a home base on Chuish Island would be wonderful - almost 360 views of the open ocean, islets, rock gardens, and the sound of the surf.

June 27

(Moved camp Rosa Island – Chuish Island 3.5 km ... then afternoon paddle 10 km - Total 13.5 km



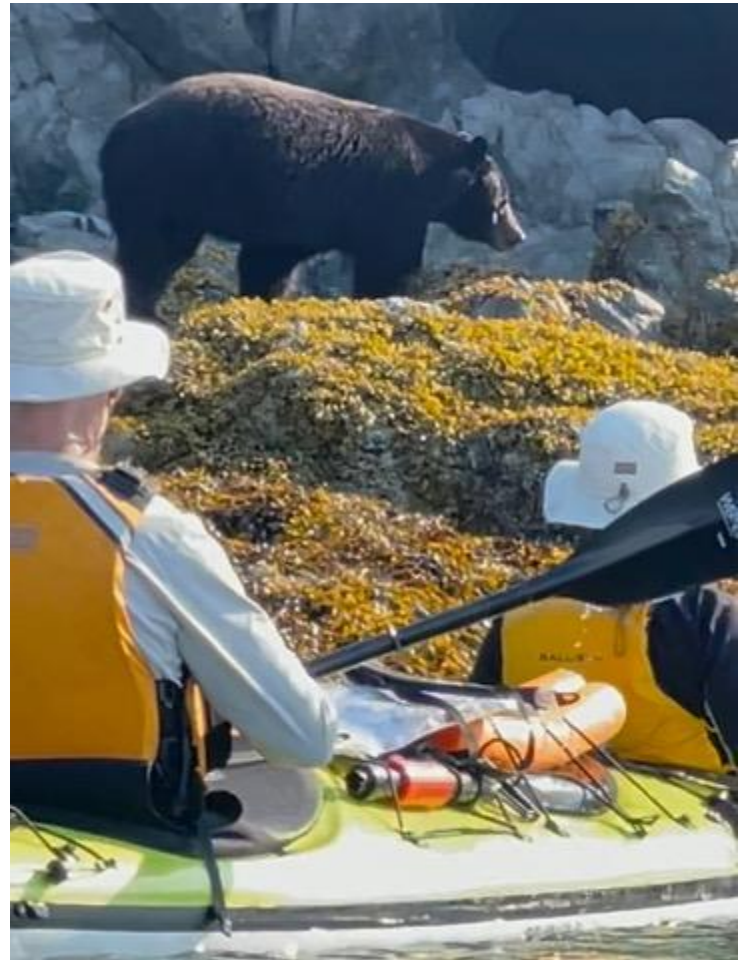
It was great to get out beyond the island and paddle in the ocean swells. We saw some sea otter mamas with their babies rafted up and the scenery was as spectacular as the west coast has to offer. There was an Oyster Catcher bird sitting on two eggs at the point of our island. In the evening most of us hiked over to the west side of the island to watch the sunset. We were perched on a grassy strawberry knoll

and had a view of the spectacular show. The wind blew up big again that night around 1:30.

June 28 Chuish island – Catala Island – Chuish Island (14.7 km)

After a nice breakfast we headed out to Catala Island. Esperanza Inlet was mellow, and we paddled over easily. We discovered some surf on the beach we were going to land on so David gave the group a quick lesson on surf landings and launches. It didn't look too daunting, but it was still tricky. We walked right out to the tombolo that joined Catala to Twin Islands. After our walk, we paddled around to the north side taking in the amazing caves and sea stacks. We had our lunch and a swim at a campsite on the north side of Catala Island. The day was hot, but we all agreed that the cool winds off the Pacific made this the best place to be during the heat wave that had settled over BC. Our day ended with another walk out to the west side of our island, this time via the north trail, and we were treated to a beautiful red sunset.

June 29 Chuish Island - Louie Bay – Chuish Island (23 km)



An 8:00 am start got us paddling in the direction of Nuchatlitz Inlet. Shannon spotted a very large black bear on the beach! We were able to paddle beside him for about 5 minutes without him being bothered at all by our presence. As we

crossed the open waters of Nuchatlitz Inlet we had quite a strong headwind along with the swells and waves.



We found the wreckage of the Greek freighter the 'Treis Lerarchi' in Louie Bay on the far side of Nuchatlitz Inlet. The ship was owned by Aristotle Onassis and was on its maiden voyage in 1969, picking up and dropping off cargo along the west coast when it ran aground off Nootka Island with 28 crew members on board. All on board were rescued but the ship sank. It was later refloated and towed into Louie Bay where it was blown up with hopes of selling it for scrap metal. The wreckage still remains here today looking like a collection of giant metal art sculptures.

Just after we landed on the sandy lagoon, someone spotted two wolves across the bay. Most of us have never seen wolves in the wild. They were scratching and digging in the sand ... we were not sure what for.



We tried to get across Nootka Island to the Nootka Island Trail which we wanted to explore. Unfortunately after walking for several kilometers we realized the rising tides were going

to make it impossible. Our paddle back to our base camp was a little easier and we enjoyed another beach fire after dinner. Around midnight there was a scary thunderstorm that traveled right over our island and kept us all awake for 30-40 minutes. We're pretty sure the island was struck close to our tents. None of us had ever been in a storm that was that close or heard such loud thunder or seen so many lightning flashes. It was a wild display of mother nature at her worst.

June 30 Chuish Island to Nuchatlitz Island- Chuish (11 km)

We awoke to cloud and fog and then had misty rain until late morning. We put up the tarp on the "patio", a small grassy knoll, and some of us played 10,000 with the dice. When the clouds lifted a little in the early afternoon we jumped in our kayaks and headed over to Nuchatlitz Island where there are a few cottages. Around 47 years ago, seven friends, who were Viet Nam draft dodgers, bought the island from the local band and settled there. We were able to fill some of our water jugs at their dock and enjoyed a nice paddle around the area.



July 1 Chuish - Garden Point (10 km)

All week, the marine forecast has been predicting big winds (30-40 kph) on the outer coast. We have not experienced anything significant in the inlets and around the islands, but we decided we didn't want to risk being so far out if winds actually did show up. We decided to paddle to Garden Point which is part way up Nuchatlitz Inlet and closer to the take-out and our vehicles. We took the shoreline route and arrived at low tide so the point and bay were sandy and exposed. After quite a hunt, we managed to find the campsite on the west side of the creek.



### July 2 Garden Point – Little Zeballos Inlet Take-out (13.5 km)

We got up early so we would be on the water by 8:00. This group was really amazing - all down on the beach loading up and in kayaks by the scheduled departure time. The inlet looked nice and calm, and we had an easy crossing over to Espinoza Inlet. We took our time and followed the shoreline again. Just before Little Espinoza, the wind picked up and we paddled into a bit of a headwind. But little Espinoza was especially calm with the water like glass and the mountains reflecting in the water. Such a lovely last day's paddle. With the tide being high, there was no problem paddling straight in to where we had launched in the strong current. The icing on the cake - we saw whales in the bay on our way back to Zeballos! What an amazing week!

Total km paddled = 110 km

Paddlers: Carol, Cindy, Fred, Peter, Shannon, Terry, Allana, Janice + Val & **Dave B**

### AL'S HABRICH TRAIL – JULY 9



After postponing this hike twice due to the heat wave, it was a relief when the weather cooperated the third time. It couldn't have been better. The earlier cloud cover was not encouraging but sure enough, by 11:00am the sun was out.

Starting by meeting at 6:30am in Chilliwack, by 8:45am all 24 of us were congregated at the Sea-to-Sky gondola. And by 9:00am sharp, after picking up the discount group tickets, we were getting into the first lifts up. We started out on the Al's Habrich trail which led us through interspersed sections of forest on a rooty dirt trail and smooth slabs of granite rock dotted with stunted evergreens. There were numerous viewpoints of the Tantalus Mountain range across from us to the west, the town of Squamish and its harbor below us and the 3 peaks of the Stawamus Chief below us to the north. Along the way a few ropes helped to climb up rock without footholds. This is not a hike you would do in wet weather.

Just over 3 km in we arrived at a tarn with a waterfall at the far end and a cute little island in the middle. A sign indicated that this was the end of the marked Al's Habrich trail.



From there we relied a bit more heavily on our GPSs but it would've been better if we'd downloaded their app since there was hardly any signage but just numbered markers. The trail now became quite rough and steep, requiring repeated high body-hoisting steps and 5 rope assists. All the while, providing more and more expansive viewpoints. 100m below our destination: Neverland Lake, a few in our group decided to stay put at a viewpoint while the rest of us carried on to the lake which is more like a tarn. Shallow and golden, it lured 3 hikers into its warm waters: Peter, Charlotte and of course Sonia.

The view from there was not much different than the view from where the others were. Later we met up with them at the tarn-with-the-island which marked the end of the Al's Habrich trail. More hikers took the time to soak their feet and regroup. At that point we were starting to look forward to that cold beer at the Sky Pilot restaurant. There were 3 loops we could do from there till the trailhead. We did the second one since the first one looked incomplete (on my All Trails app). The second one had the longest rope on it. The third one was closed.



We arrived at the Sky Pilot restaurant at 4:20pm, just in time for happy hour. A hearty toast to a hike well done and then a final group shot on the suspension bridge with the best view of Sky Pilot Mt as a backdrop. Most of us headed over to Boston Pizza in Squamish for dinner. It was a great way to end a great day.



Stats: 11.2 km / 934m gain / 1438m high point / 5 hours MT

Participants: Sonia A, Elizabeth B, Christine C, Herb C, Denise D, Don F, **Cal F**, Peter F, Irene & Simon H, Charlotte H, Carolyn H, Linda I, Sophia K, Troy, Cindy L, Liz L, Carolyn M, Denise P, Ling S, Maureen S, Mimi S, Case & **Joce T**

**SKYLINE 1 TO THE LOOKOUT – JULY 12**



516m elevation, 13.1 km.

Nine of us set off at a leisurely pace on a beautiful, clear day. Many of us were catching up with people we hadn't seen for a while or getting to know new members. As always, the views on the way up and at the viewpoint were spectacular. Several people carried on through the meadows to the next knoll. The wildflowers were just starting to bloom, so we knew it would be another week or two until we would see them at their best. The rest of us soaked in the view as we had our lunch. Ingrid led us quickly back down the trail, so we had time for a beverage at the Lodge.



Thanks for joining **Bernie** and I (**Tim**), Margaret, Ingrid, Char, Iraj, Lorenz, Denise and Irene. (Missing from the group picture: Irene, Denise, Lorenz who hiked further up the trail)

**ZUPJOK, ILLAL, ALPACA TRAIL – JULY 20**



It's been a couple of years since I was on the Zupjok, Illal, Alpaca trail so was keen to do it again. We couldn't have asked for a better day. Weather was great! Blue skies, warm, light breeze and 360 degree views!



Organized and led by **Jan S**; he, Sonia, Don T, and Mark spent July 20 hiking all three mountain peaks. The trailhead has a well-marked cairn about 3.25 km up the FSR, then an hour to Zupjok. Four hrs, forty minutes total from parking lot to Alpaca Peak.



Panoramic views of The Needle, Flat Iron, Illal, Yak, Jim Kelly, and others.

There were some great little ponds along the route to stop and soak your feet.

Jan has to give credit to Don T who, at age 77 crushed this hike! We had a great time on the trail, then a cold beer and hotdog back at the parking lot. Highly recommended after a long hike!

19.6km, 1,424 meter gain

### ROCKIES TRIP – JULY 17 – 25

Hike #1- Iceline, Celeste Lake, Whaleback, Yoho Valley loop



After a full day of sitting in the car along Highways 5 and 1 from Chilliwack to Yoho National Park, our first hike was a challenging 24 km with 1935m of elevation gain loop from Whiskey Jack Hostel along the Iceline Trail, down the Celeste Lake Crossover Trail, up to the Whaleback, over and along Twin Falls, past Laughing Falls and down the Yoho



Valley Trail back to the hostel, our homey digs for 4 nights. At the top of the Whales Back, we all enjoyed lunch with dramatic views of the President Range to the west, the Wapitis Range to the east, and Wapta Icefield to the north. Reluctantly, but full of anticipation for what was next, we descended through beautiful flowery meadows into the forest as we made our way to Twin Falls, stopping at both the upper and lower falls where we took off our boots and soaked our feet in the cool glacial water. Opting for the most difficult route back to the hostel at Whiskey Jack, we chose the Marpole Connector, a 1.8 km route through a gigantic boulder field which involved some heavy-duty boulder



hopping and route finding, arriving at Laughing Falls, which necessitated another refreshing break before we completed the route back down the Yoho Valley Trail.



This was a stunning hike that took us to the toe of the Emerald Glacier with its tarns, through subalpine meadows filled with Indian paintbrush, hippy heads, aster, and heather, past huge gushing waterfalls, and into the forest of alpine fir and spruce.

Upon arriving back at the hostel, we were treated to a delicious Italian meal of chorizo and salmon pasta with fresh salad, buns, and an amazing black bean chocolate cake



prepared by Nadine, who had to beat it down the trail to serve us hungry hikers. - **Sue Abegg**

Day #2- Crossover Hike from Whisky Jack Hostel to Emerald Lake via Yoho Pass and Wapta Highline Trail including Burgess Shale UNESCO World Heritage Site Protected Area in Yoho National Park located in British Columbia 22.0 km Elev. gain 860m

Participants: Cindy Waslewsky (Leader), Sue Abegg, Andrew Dunlop, Iraj Filsoufi, Charlene DeGlopper, Don McDonald.



We started our hike at the trailhead located directly in front of our Whisky Jack Hostel and across from a very scenic view of the Takkakaw Falls after 7am on a beautiful sunny day and commenced climbing with the powerful sound of the Falls in the background. We arrived at a trail sign and continued hiking to Yoho Lake which had several hikers camping and two bright red chairs situated with a spectacular view of Yoho Lake and the Rocky Mountains. A stone monument at Yoho Lake informed that the Alpine Club of Canada founded by Elizabeth Parker and A.O. Wheeler held its first camp at Yoho Lake in 1906 and participants from across Canada, United States and as far away as England and South Africa came to this historic camp for the protection of wilderness areas.

At the monument we met up with a colorful, retired international oil and gas geophysicist from Calgary wearing some interesting bright yellow gators. He told us of all the Elk with radio collars who were in the Yoho Lake camp the previous night and then eagerly joined our hike and acting as an informal tour guide for the walk to the Burgess Shale protected area. We hiked through a forest area with some beautiful flowers, along the edge of a steep gully below a



mountain with great views of the Rocky Mountains & Emerald Lake below. We ate lunch just below the Burgess Shale protected area where we had time to find some fossils in some of the shale rocks below the protected area. The Burgess Shale fossil beds are a UNESCO World Heritage site and are protected, closed to the public.

We continued our hike along the trail with wildflowers on all sides until we summited a steep hill for views down to the town of Field, gaining access to cell phone coverage. We descended through

the Burgess pass on to a winding forest trail to Emerald Lake for 2.5 hours, with stunning views of the turquoise blue color.



Arriving at the lake, we walked through beautiful Emerald Lake Resort, across a bridge to the beach where we all enjoyed a refreshing swim, views of tourists swimming, canoeing and the scenic mountains in the background.



We met up with Cal Francis, Irene Hofler, Denise Davidson, Lori Young and Nadine Baumann who had hiked over the

Yoho Pass that day (9.2 KM). We were then driven back to the Whiskey Jack Hostel around 4:30pm by Cal Francis and Lori Yo - **Don Mc**

Hike #3 - Emerald Lake to Hamilton Lake and Emerald Peak 11.6 km / 1260m gain



Within 2 hours on a treed trail, we were at beautiful Hamilton Lake that was surrounded by peaks, one Mount Carnarvon at 3040 m. A few brave souls swam in the mountain lake. We continued around to the right, up a huge scree slope with loose shale, came upon the false summit, so back down a bit, then around the cliffs.



This was not a ridge walk; enormous boulders lay jumbled on the ridge where they compelled us to scramble. After passing some pinnacles next to the notch, the next part looked impassable as towering rocks appeared to block the way.





Luckily, there were a couple of climbers ahead of us who pointed the way – REALLY, that way?! We continued by dropping down into a chasm between the rocks, into a shallow cave that looked like a dead end, but, at the back of the cave, going straight up, was a tunnel! It was a tight fit, but with some squirming, grunting, taking packs off, we went up the 3 metres.



We then had to jump across some rock crevasses and shortly made it to the peak. What a great view and sense of accomplishment for everyone. Back down was not as scary as we thought it would be and we had a well-deserved rest back at Hamilton Lake, some swimming, before heading down to Emerald Lake where we swam, bought drinks and basked in the sunshine. By **Charlene**

Hike #4 – Piaget Lookout to Piaget Peak  
9.5 Km / 962 m to peak



We entered the trailhead using a metal stile and heavy gate to cross the bear proof metal fencing reinforced with electric wire; it was like entering Jurassic Park. A well maintained, steep trail took us to the fire lookout with great views down to Wapta Lake, looking up the valley leading to Lake O'Hara, down the highway to Field and up the Highway towards Lake Louise.



We continued through some lovely flower fields to a long, steep, scree slope. There were only a few places needing hand holds to scramble up at the top, but the loose ground was challenging and steep.



The long ridge to the final peak afforded 360-degree views with mountains to identify surrounding us on all sides. This



was our transition day from Takkakaw Falls to Lake Louise, ending with a feast laid out by Iraj, (marinated Chicken & lamb Kabobs, pita, homemade couscous, tzatziki, Mediterranean salad, an assortment of baklava with coffee/tea.



By **Dave B**

Hike #5 - Devil's Thumb via Lake Agnes Trail (Lake Louise)  
12.9 km / Elev. gain 883m / loop



We arrived at the Lake Louise parking lot just after 7, paid for our parking and started off in cloudy weather. We had just arrived at the Agnes Lake Tea house when it started to rain,



so, we decided to enjoy hot chocolate, tea, and biscuits. When the rain stopped, we continued around the lake, up the switchbacks and on to the main trail for Devil's Thumb. With a tiny bit of scrambling up a little bit of staircase rock, we then came to a high trail cut into the side of a steep hill. Poles were helpful here. And then, the beginning of the last steep uphill to the summit with a clear and direct path all the way up. Our reward was a windy hailstorm with some thunder and smoky skies. But all in good company! We all had lunch at the Big Beehive / fire lookout before splitting into 2 groups heading down, one down to the lakeshore trail, the other to the plain of 6 Glaciers, then dropping to the lakeshore trail.

Cindy Waslewsky (leader), Sue Abegg, Andrew Dunlop, Iraj Filsoufi, Charlene DeGlopper and **Nadine Baumann**. Don McDonald met us at the lookout.

## Hike #6 – Saddleback / Fairview Mountain

10.6km 1014m elevation gain



The day started off smoky and we were hoping for it to blow over. Six of us started from the Lake Louise parking lot at 7:30 going at a slow steady pace, eventually the others catching up. The trail was steep but short and the avalanche swaths we crossed would have made for great views if not for the smoke.



We reached Saddleback Pass in about an hour and a half admiring the wildflowers and larch tree forest as we climbed. From the pass to Fairview Mt., it is another 400m elev gain. The trail to Fairview is the highest in the Canadian Rockies, (routes like the one up Temple don't count). The wind was strong once we reached the top. Some of us found shelter behind rocks, had a snack and enjoyed the views even with the smoky skies. We returned to the parking lot at Lake Louise by 12:30, some to paddle, move to Mosquito Creek,



or head back to the coast after another memorable week hiking in the Rockies with the COC. Cindy W, Iraj F, Don M, Nadine B, Cal F, Irene H, Denise D, Dave B, Val S, Charlene D, **Lori Y**

## Hike #7: Wilcox viewpoint to Tangled Falls

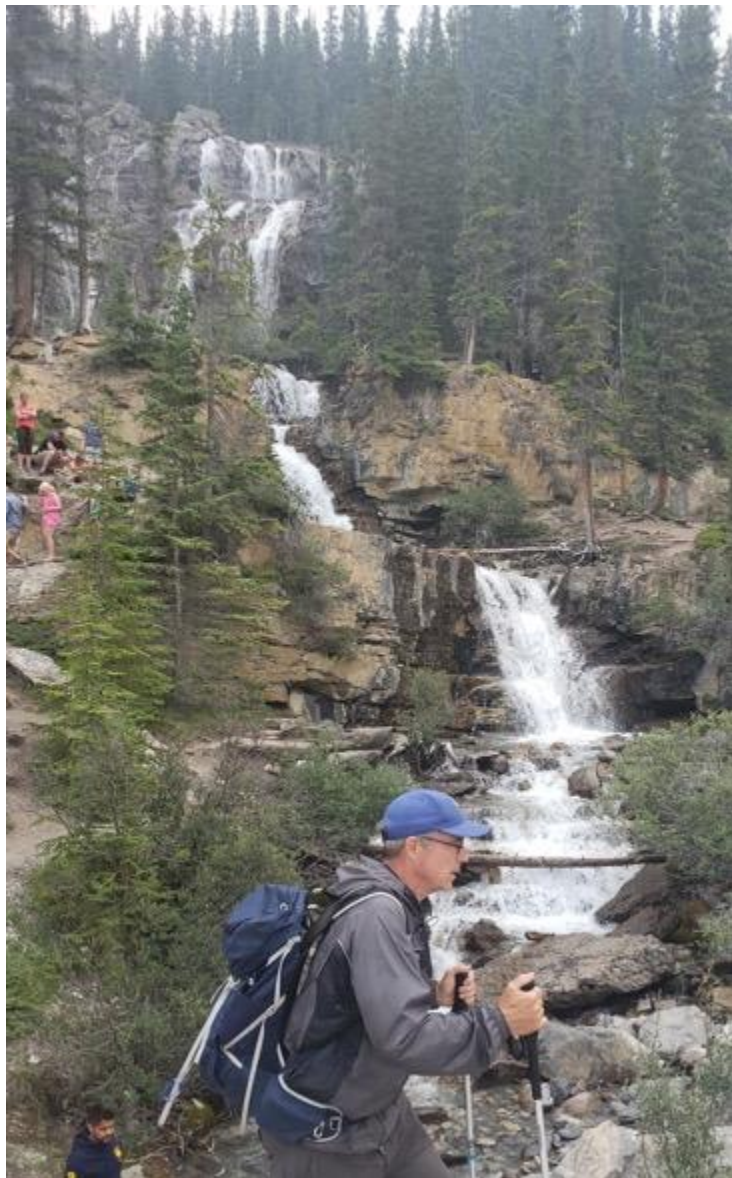


Full breakfast at the Mosquito Creek hostel Cindy, Nadine, Don and Iraj.

We redeemed a smoky day by summiting the Wilcox viewpoint overlooking the Columbia Icefield, continued over the Wilcox pass trail and dropped down to Tangle Creek Falls. 9.3 km 522 meter 4.5 hours. Started uphill to the viewpoint then flat meadows after taking the group picture at the viewpoint facing Athabasca Glacier.



It was windy and smoky at the top as we continued hiking towards Tangle Creek Falls. We returned to junction of Tangle Creek Falls and after 4.5 hours we arrived at the parking lot where Cal met us to drive us back to the trail head. Before heading back to the hostel we hiked Beauty



Creek Water Fall , 3.1 km. 139 meter elevation gain. Very nice falls. By **Iraj F**

Trip organized by **Cindy W**

### **Mt. MacFarlane – July 28**

We had an awesome hike to the peak of Mount MacFarlane via Lower & Upper Peirce Lakes.

This is a grueling hike, and as I said in the FB invitation, wasn't for the faint of heart. Very steep (2,010 M), and long (20.85km). We took 3 litres of water each and were glad of it!

The hiking conditions were ideal. The wildflowers were out in full bloom, trails were dry, skies were blue, and the temperature was perfect for the hike! Every view of the upper lakes and surrounding mountains was a postcard-like view. The hike, organized and led by Jan Simons, included Sonia, Don M, Colleen M, Iraj F, Brigitte G.



We left the trailhead at 7:30, arriving at the Lower Lake after three hours; another 1:45 to the Upper Lake, then another 1hr quick scramble to the very peak of Mt. MacFarlane. Eleven hours in total after a leisurely lunch and swimming at the Upper Lake (although I have to admit it was only Don and Sonia that dared take the frigid plunge into the ice-cold lake).

Brigitte, being the very fast runner that she is met us coming down from the peak as we were just arriving at the Upper Lake. I almost threw up trying to keep up with her fast pace, and quickly gave up early in the hike.

We didn't encounter any mosquitos, just a few of those annoying flies along the way, but the flying ants at the peak of Mt. M were in the hundreds, which made us limit our time at the very top.

This is an iconic hike with beautiful clear, blue lakes and amazing, rugged snow covered mountains.





By Jan Simons

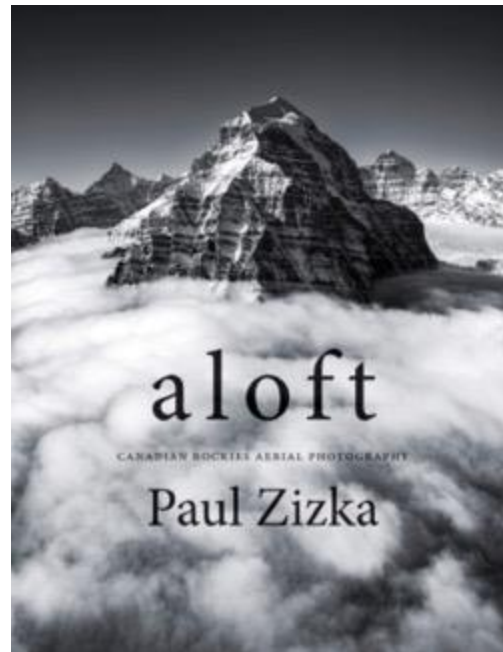
**ALOFT: CANADIAN ROCKIES AERIAL PHOTOGRAPHS  
RMB, 2021 PAUL ZIZKA**

There are photographic books on the Canadian Rockies worthy of a few scans and there are superb books on the Canadian Rockies—such is *Aloft*. The title and subtitle offer the curious the visual nature of this bounty of a book. The photographs are, indeed, taken from above the Rockies and the photographer is very much aloft, the “Introduction” by Zizka worthy of a reflective read (as are his visual gifts).

The photographs taken reflect all the seasons in the Canadian Rockies and track the varied faces and forms of the Rockies in a sort of ordered journey, Rundle Range and Three Sisters near Canmore taking the lead and initial bow, Mount Assiniboine area stepping on stage to strut its sheer beauty. Then, it’s to Banff, Lake Minnewanka, Sulphur Mountain, Mount Louis and Mount Norquay ski hill bounties not to miss. The photographic journey turns northward to Castle Mountain, Sunshine Meadows (summer and winter on display), Bourgeau Lake, Shadow Lake, Storm Mountain and Shadow Lake Lodge next on the Rocky Mountain and Taylor Lake aloft tour. It was inevitable, of course, on the photographic overview of the Rockies that Lake Louise and Moraine Lake would be next to visit, their expansive and epic like grandeur worthy of multiple meditative moments. Those who have lingered and trekked in the area are amply

rewarded by photographs of Eiffel Lake, Sentinel Pass, Lake Agnes (tea hut ever present), Temple, Victoria-Lefroy and Louise Ski Hill, of course. Lake Louise freezes in the winter and the shoveled Lake near Chateau is cleared and turned into rinks to skate on (many pleasant memories of skating on Louise in winter). Zizka has eloquently captured the golden beauty of the alpine larches in the early autumn, Abbot Hut above the higher tea hut suitable for many a night stay (such tales to be told from Abbot Hut). The photographic pilgrimage continues to the ever charming Lake O’Hara region with its rich and layered history, Yoho, many trails done there and Takakkaw Falls a place not to miss (many a night spent sleeping at the base of it). The turn is then made, ever aloft, to Kootenay National Park, the Icefields Parkway the journey ever northward from an aerial perspective, Bow Lake highlighted (treks taken from there worth the doing as is kayaking on the lake), Peyto Lake frontstaged (the starting point for the Wapta Traverse).

The aerial overview maintains a northwards flight, Saskatchewan and Athabasca Glaciers illuminated, crevasses noted and Mount Athabasca (climb worth the effort) duly noted, tourist trips part of the photographic package. Jasper National Park, rightly so, comes into attractive and compelling hue, Fortress Lake, Hooker Icefield and Chisel Peak but tasters and teasers. But, to Jasper and Edith Cavell, Fairmont, Chevron and Ramparts, Tonquin Valley and Amethyst Lakes photographs not to miss (nor, in the Rockies, treks not to miss). Humber Provincial Park is given its prominent places as is Mount Alberta and the ever attractive Maligne Lake, Mt. Robson and Berg Lake next on the agenda as Jasper is left behind.



There is much more that could be said about this photographic and aerial overview of the Canadian Rockies, but for those who have done many of the trips in the area, skated, skied, trekked, hiked and climbed many of the peaks, *Aloft* is a memory massager and reminder of the vast, compelling, immense and

perennial appeal of the Canadian Rockies. *Aloft* is certainly worth the purchase and the photographs, descriptions and vividness of the tour a journey not to miss.

montani semper liberi  
by Ron Dart

# COC 2021 MULTI DAY HIKING TRIPS

**TRIP: BACKPACK INTO GARABALDI PP, DAY HIKE IN THE AREA**

**DATE: LATE JULY – EARLY AUG, 3 DAY TRIP**

**LEADER: CINDY WASLEWSKY @ twin-creeks@shaw.ca**

**PEOPLE: 10 PEOPLE MAX**

**TRIP: 1 WEEK IN REVELSTOKE & GLACIER NP 1 WEEK IN KOOTENAY NP, HIKING & CAR CAMPING**

**DATE: JULY 29 – AUG 12, 14 DAY TRIP**

**LEADER: GRANT ACHESON @ achesongrant9@gmail.com**

**PEOPLE: 10 PEOPLE MAX**

**TRIP: BACKPACK UP THE WINDY JOE TRAIL, CAMP OVERNITE, HIKE TO THE TOP OF FROSTY MTN, CAMP OVERNITE THEN HIKE OUT**

**DATE: JULY 29-AUG 01, 3 DAY TRIP**

**LEADER: TERYY BERGEN @ terrybergen@shaw.ca**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: BIKE RIDE (240KM+) “THE HEART OF THE KOOTENAY”, NELSON/KASLO AREA, BOTH ON AND OFF ROAD**

**DATE; EITHER AUG 09-15 OR SEPT 07-13, 7 DAY TRIP**

**LEADER: GARY BAKER @ garywbaker@shaw.ca**

**PEOPLE: 8 PEOPLE MAX**

**TRIP: BACKPACK THE HOWE SOUND CREST TRAIL, NORTH VAN (+ A COUPLE OF PEAKS)**

**DATE: MID JULY, 3 DAYS, SUBJECT TO WEATHER**

**LEADER: CINDY WASLEWSKY @ twin-creeks@shaw.ca**

**PEOPLE: 8 PEOPLE MAX**

**TRIP: HELICOPTER IN/HIKE OUT TO BERG LAKE @ MT ROBSON PP**

**DATE: MID TO LATE AUGUST**

**LEADER: MARY ANN DYKSHOORN @ madykshoorn@gmail.com & CAL FRANCIS @ calfrancis@gmail.com**

**PEOPLE: MAY DO MORE THAN ONE GROUP SO CHECK WITH MARY ANN OR CAL**

**TRIP: DAY HIKING / CAR CAMPING HBC**

**TRAIL: MT. DAVIS + PODUNK CREEK**

**DATE: SOMETIME AUG 15 – 19, WILL PICK THE 2 BEST WEATHER DAYS**

**LEADER: JOCELYNTIMMERMANS jocelyntimmermans@hotmail.com**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: DAY HIKING/CAR CAMPING SOUTH OF MT BAKER AND INTO CASCADES NP ON HIGHWAY 20**

**DATE: EARLY TO MID SEPTEMBER**

**LEADER: CAL FRANCIS @ calfrancis@gmail.com**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: BACKPACK THE SUNSHINE COAST TRAIL, WATER TAXI FROM LUND TO SARAH POINT & END AT POWELL RIVER**

**DATE: OCT 09-17, 5 DAY TRIP, SUBJECT TO GETTING HUT RESERVATIONS**

**LEADER: JANE DESBARATS @ janedesbarates91@gmail.com**

**PEOPLE: 8 PEOPLE MAX**

**TRIP: DAY HIKING/CAR CAMPING IN UTAH (ARCHS, CAPITAL REEF, ZION, BRYCE CANYON NP, ETC ETC)**

**DATE: OCT 02-23, 3 WEEK TRIP**

**LEADER: DAVE BIEHN @ dave.biehn@gmail.com**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: DAY HIKE/3-4DAY BACKPACK ON MAUI HAWAII**

**DATE: NOV 06-21, 16 DAYS**

**LEADER: JOHN MCLELLAN @ jhmclellan@shaw.ca**

**PEOPLE: 10 PEOPLE MAX**

## CLUB INFORMATION

### Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

### Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: [www.valhallapure.com](http://www.valhallapure.com) (club sponsor), [www.backpacker.com](http://www.backpacker.com) and [www.mec.ca](http://www.mec.ca).

**Safety first, last, and always!** It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

### The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

### Equipment for Club Members' Use

3	shovels	1	climbing dead man anchor
2	pairs of crampons	13	ice axes
2	avalanche transceivers	1	avalanche probe
6	climbing harnesses & a few carabineers	5	ice screws contact Cal Francis to use: <a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a>

**Note:** All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

### Hike Grading System

Duration (hrs.)	Elevation Gain (m)	Difficulty
A 0-4	1 10-500	a Easy
B 4-7	2 500-1000	b Moderate
C 7-10	3 1000-1500	c Difficult
D 10+	4 1500+	d Advanced

## CLUB CONTACTS

Position	Name	E-mail
President:	Grant Acheson 604-791-5808	<a href="mailto:Achesongrant9@gmail.com">Achesongrant9@gmail.com</a>
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For trips and announcements to be forwarded to all		
Note: also you can post in members: Facebook: Chilliwack Outdoor Club Group		
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