



### PRESIDENT'S PERSPECTIVE

Welcome back to the Tripper! I know we've all missed reading about what exploits members have been up to. So thanks Jocelyn for continuing to receive and compile stories and photos in this excellent publication.

With the resumption of safe outdoor activities, we would like to resume the club photo contest but are looking for a volunteer to coordinate it. Any takers out there? We have a budget for awards and new guidelines to more widely distribute prize money so please reach out to any board member if you are interested.

Our Annual General Meeting is coming up on April 26, which due to covid will be a zoom meeting. Carol Ault is preparing the agenda package for your reading pleasure prior to the AGM and is seeking nominations for members interested in joining the board for the next year.

It's great to see trail maintenance work resuming this month ("hiking with a purpose", Gary Baker, 2019). A reminder to participants to apply standard covid protection measures including physical distancing... I don't have to repeat them here; we know them all too well.

See you out there!

**Grant Acheson**, President

### MT CARTMELL - MARCH 17

We took the opportunity of a great weather day to hike Mt Cartmell near Sasquatch Ski Resort, previously called Hemlock. We started out from the parking lot with everybody wearing microspikes, with the exception of one lady on snowshoes.

We went way over to the side of the parking lot and straight over the bank and down to a groomed Forest Service Road (FSR). All the FSR's near the resort, are groomed. We went wandering up the inclined road and got quite high up when Cal realized the person at the front was off track. We regrouped and headed quite a long way back (see the little leg on the attached track which ends just past the 1km mark), to where Cal did what Cal does best. We went straight up the bank beside the trail, to connect with the FSR above. This cut

off quite a bit of road travel which we would have had to descend and then ascend, and partially made up for our extended exploration. This sidehill was ummm . . . STEEP. Oh well, we Did survive it so I guess it wasn't formidably steep.



We continued climbing up the FSR until quite high up and then ventured up into the trees. Note the multiple up's. I don't know why I hike, because I find this up stuff to be quite a bit of work.

There were a few viewpoints along the way which always gives a person an emotional lift. Our mountains are SO gorgeous and dramatic. The first big open area gave us a tremendous view south, as well as overlooking the entire ski area with its 3 chair lifts. The next big viewpoint, at about 2.6 kms, was a great view of the mountains toward the east and slightly south. They are always more magnificent when draped in snow. Then at about 3.7kms we were at an even greater viewpoint but looking in the same direction. The snow was getting soft and becoming difficult to manage in microspikes, so everyone put on their snowshoes for the final leg to the summit. We left our snowshoes on for the rest of the hike back because of the soft snow. This type of snow condition causes people that weigh more than a fly to sink into, which makes it hard work. One of the ladies did the entire hike in microspikes, but I didn't know they made them that small. Not ladies. Microspikes. I know they make ladies



that small because she's as tiny as my wife. Sinking in wasn't an issue for her. Lucky girl.

There was quite a bit of up and down and shortly before the 4km point it got pretty serious about going UP. Then a brief reprieve and then more UP until we got to the summit. There were a couple of spots along the way that were depressing because when you look up ahead of you, you see the end of the trees and a clear view of the sky, indicating the summit. I have been depressed about these false signals before, so I was only moderately sucked into believing we had reached the summit these times. Then when I could see a congregation of people at the top of one of these situations, I relaxed and allowed myself the pleasure of knowing that was the end of the UP.

It was a great open area with 270-degree views ranging from the Golden Ears in the west to almost Mt Baker in the south and all the north and east mountains in between. This included the dramatic peaks of Mt Judge Howay and Mt Robie Reid to the west. These two mountains dominate the northern view in the south Fraser Valley, with the Golden Ears range picking up the dominant view when you get further west in the Fraser Valley.



We enjoyed a wonderful lunch break at the summit and Brigitte brought her trusty Fireball to share with us. I decided to take a panoramic video of the view and Cal decided that would be a perfect opportunity to do Shenanigans, which you will see in one of the videos. Then,

of course, Brigitte caught the disease and had to get into the action with Cal. Recorded for your viewing pleasures. When everybody had soaked up the beauty to their fulfillment, we decided to begin our downward journey. This was relatively uneventful until we were down to a couple of very steep sections and bum sliding became the order of the day. Technically known as glissading.

These were also uneventful until I slid straight into a tree well. Twice. The first time it wasn't overly difficult to extricate myself, but the second time I was totally tangled up with my snowshoes crossed and stuck, and my pole stuck. That one was a bit of a challenge. The third bum slide was down to an FSR and there was a drop from the slope to the road, which should have been straight forward as you just plant your snowshoes as you go over the drop and stand up. When I planted my snowshoes, they slipped and I went from sliding down the slope on my bum to sitting on the road on my bum. I blame all of that on Cal. After all this hike was his idea.



When we got near the end of the FSR on the way back to the parking lot, Cal, once again, took us straight down a bank to save some distance and add some excitement. This one was without mishap. Whew. I'm sure he didn't plan it that way.

Then we had to climb up the very steep and ugly bank back to the seriously muddy parking lot. Then all the way back to the vehicles which were on the other side of the huge parking lot. Not nice.

After a bio break, we started driving home; down the ugly, muddy, brutally potholed road. It would honestly take a nuclear war to get me to drive up that road again.

We got a couple of good mountain views on the way down and eventually got back to pavement and normality.

All in all, it was a very fun and rewarding day. Brigitte's Tacoma earned itself a wash job for its duties.

Relish the Struggle and The Joy of Life -- report by **Don Tocher**, leader: **Cal F** & photos by Joce T

Also along for this day were: Sue A, Sonya A, Dave B, Denise D, Brigitte G, Tracey G, Janice H, Irene H, Anne O'L, Cindy & Phoebe Z.

## DRAGON'S BACK TRAIL - MARCH 23

This is a newly constructed trail in Hope. Cal definitely chose a winner with this hike. The forest itself is flat out gorgeous with endless opportunities to take photos. It's a good thing I wasn't using a film camera or I would have needed at least 20 rolls of film. And that's just for the forest. On top of that there are so many opportunities to take photos of the incredible work the trail building crew did. I was overwhelmed



with the dedication and effort that was put into this and never did get to the point where it no longer amazed me. Here's a quote from [BCLocalnews.com](https://www.bclocalnews.com/.../photos-hope-trail.../): "The three-person trail crew, led by crew leader Rebecca Arrowsmith together with Angus Stromquist and Nic Kamp, have been spending 10 hour days Monday to Thursday since the start of July (2020) to construct the trail." <https://www.bclocalnews.com/.../photos-hope-trail.../>

The trail is named Dragon's back for a reason. The profile looks just like a dragon's back with its ups and downs. This is typical of Cal, he always puts 'downs' in his hikes just to make you go up again. Cal is a really nice guy, but I think he has a sadistic streak in him. It's not enough to send you uphill to tire you out, but he has to send you downhill to get tired going up one more time. Sometimes a few more times. Oh well, at least he takes you on really nice hikes.

The trail is accessed from Exit 168 Flood Hope Road, off Hwy #1, which will lead you to Silver Skagit Rd, where you turn right and go approximately 1.6 kms to a newly constructed logging road on the right, which leads to the trailhead. It is rough, but I am sure that with judicious driving you could take almost anything up there. However, if you aren't so inclined you could park on Silver Skagit Rd and add a little distance to your hike.



Shortly after starting the hike, you come to a large logging clearcut area and down to the right is a great rope swing. We had a great time on it. I chose to just video people with the intention of getting in on the action when we came back down. Denise seemed to think this was some kind of fountain of youth because she must have done it about 10 times. Some of us pondered on who could have tied that rope to the branch that was like a thousand feet up that tree. Hmm. After a very long time playing on the rope swing, someone might have remembered that we came here to hike. Once everybody was torn away from the rope and got themselves organized, (like herding fleas for old folks) off we went for the purpose we came.

This trail was mesmerising and truly wonderful. I don't have the vocabulary to describe it anywhere close to what would give you an idea of its beauty, variety as well as the work put into it. Hopefully, the photos will give you a better idea, but even they can't come close enough. Possibly the most visually rewarding hike I've ever done.

Including all the photo stops and swing swinging, it only took us an hour and 45 minutes to get to the top and we got there at 12:03. Great time for our lunch break. Many photos taken there too, as you are right above the town of Hope. Remember the movie, Rambo, with Sylvester Stallone? Hope is where it was filmed.



After a 40-minute break we got going again and continued along the trail, rather than going back. This made the top of the hike into a loop and it was a far more challenging section with very steep, slippery sections as well as steep, narrow stairs that I had to go down sideways on. Along the way there was a vertical muddy rope section. It was an Up section and quite short. Of course, I had to do it without the rope, as it is just in my nature to challenge myself even when there is no good reason to do so. I made it. Barely. Using the rope would be a good idea. I forgot to take a good photo of it, but there is one from a distance, so you might at least get the idea of it.

There isn't much more to report on going down, besides the fact that you then have to go up again, before you get the opportunity to go down again. We only had to repeat that once or twice, but one is major.



On the way down one of the ladies forgot to hide the item she used to cheat on the hike, so I took a picture of it. I don't know why people hike if they're going to cheat. We finally got back to the rope and spent even more time risking our lives swinging back and forth, probably a hundred feet in the air. Maybe even more. I'm not the best judge of heights. Another great day in the books and anxiously awaiting what Cal or Jocelyn have in store for us next. Happy Hiking and Relish the Struggle -- by **Don Tocher** & photos by Joce T

Because this was a large group, we split it in two. **Joce's** group started half an hour before **Cal's** group.  
 Group 1: Jayne F, Jan S, Len & Miriam S, Ted S, John & Diane W  
 Group 2: Gary A, Denise D, Irene H, Sonia J, Mark S, Don T, Harry W

**FAT DOG – MARCH 27**

This popular snowshoe route leads you to the ridge of the Brothers Mts in Manning Park. We've done this hike annually for the last 14 years that I've been with this club, but it was the first time I was able to hike up the whole way on micro-spikes. For the descent I put on my snowshoes. We were all equipped with both.



We started out by the valley east of Kelly Mt, passing two junctions for the Cambie Creek loop route. The grade was more gradual, it being on a deactivated FSR. The route led us around the east side of Burnt Knoll (1860m). After just

over 1.5 hours we were in the open alpine. Now the 360-degree views began. After another half hour in the subalpine, after almost 2 hours of uphill, we started to yearn for the summit (and lunch). Just 1/2 hour longer. The thought of "Are we there yet?" became as repetitious as our footsteps. And then at last – our reward! (and lunch). Six of us ladies plopped down and stayed down for 45 minutes. Without wind and above freezing temps, there was no rush at all. Irene pulled out her Fireball and we settled in for a lovely long lunch. Five of our group called it quits a bit lower but still in the open with lovely views. We reunited on the way down.



To the south we could see the North Cascades and Mt. Frosty and then the Hozomeens who did not lose their cloudy hat for the day. And right before us to the north were the Brothers: Fourth Brother (2100m) - Three Brother (2130m) - First Brother (2190m).



Afterwards our carload went for dinner at the Bear's Den Lounge in Manning Park. My mouth was barely big enough to bite into their juicy Bear burger.  
 Stats: 15.84 km / 900m gain / 1982m high  
 Thanks for all who came out and made this a great day: Irene H, Anne O'L, Case T, Marlene D, Michelle K, Dinese D, Brian T, Grete, Lori B + Terry - **Joce T**

**NEEDLE PEAK TRAIL – MARCH 31**

The forecast for the day was sunny, so 7 of us headed out to the Needle Peak trail. We arrived at the bathrooms just after 9, got our gear, headed through the tunnel then up the road. Oops, went up to the dirt shed. Where is the trail? All we could see was a wall of snow. Headed back down along the road to the hwy to find the creek, then up the snow ploughers wall. This will definitely be a snowshoe; could have left the micro-spikes behind.



Denise ploughed ahead and started following skiers' tracks. Skiers like to gradually go up the hill, so they made nice switchbacks. We made it to the first sign on an old tree by 10:30. Here we stopped for a quick snack break. We met 2 other snowshoers going up; now they had to break trail. Up the next knoll where the other sign was, they took a break, now we had to break trail.

As we went higher, the wind started to pick up. We had to stop again and put on jackets. Dave figures the winds could be close to 20 knots. It was stinging my cheeks. We ended up on the rocky, wind-swept part about 15 mins away from the saddle. Mutiny, on hand? No, more like a unanimous

decision to retreat back to a better lunch spot. With the wind now at our backs, we made good time back. The snow was deep and heavy. It was not great for sliding; more like moving through a thick paste.



Plopped ourselves down on a windless section for lunch. The view was outstanding. Everyone just chilled out soaking up the rays. Dave was trying to perfect his snowball throw. After an hour, the group got restless. We re-grouped for a photo where Jan came out with his rubber-band, selfie pole. Then, Sue wanted to know the names of peaks, so out came peak finder. Time well spent.

Coming down, there were many tracks to follow. We started on our original up track but ended up following another ski track. The temperature had risen from the morning and now the forest was dripping. If you stood under the wrong spot, you'd get a bomb of snow falling. If you heard a yelp, then someone got it down their neck. Back at the car at 3:30, about Km 7.75, moving time just over 3.5 hrs. Great day, thanks Phoebe, Jan, Denise, Dave, Sue, Janice....

Cheers, **Irene**

*Masthead: Harrison Lake from Mt. Cartmell*



## CLUB INFORMATION

### Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

### Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: [www.valhallapure.com](http://www.valhallapure.com) (club sponsor), [www.backpacker.com](http://www.backpacker.com) and [www.mec.ca](http://www.mec.ca).

**Safety first, last, and always!** It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

### The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

### Equipment for Club Members' Use

|   |                                       |    |  |
|---|---------------------------------------|----|--|
| 3 | shovels                               | 1  | climbing dead man anchor   |
| 2 | pairs of crampons                     | 13 | ice axes   |
| 2 | avalanche transceivers                | 1  | avalanche probe  |
| 6 | climbing harnesses & a few carbineers | 5  | ice screws contact Cal Francis to use:<br><a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a> |

**Note:** All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

### Hike Grading System

| Duration (hrs.) | Elevation Gain (m) | Difficulty  |
|-----------------|--------------------|-------------|
| A 0-4           | 1 10-500           | a Easy      |
| B 4-7           | 2 500-1000         | b Moderate  |
| C 7-10          | 3 1000-1500        | c Difficult |
| D 10+           | 4 1500+            | d Advanced  |

## CLUB CONTACTS

| Position   | Name   | E-mail   |
|--|--|--|
| President:   | Grant Acheson<br>604-791-5808  | <a href="mailto:Achesongrant9@gmail.com">Achesongrant9@gmail.com</a>   |
| Vice President:  | Christine Camilleri  | <a href="mailto:4christinecamilleri@gmail.com">4christinecamilleri@gmail.com</a>   |
| Secretary:   | Jackie Chambers  | <a href="mailto:Jackie.p.chambers@hotmail.com">Jackie.p.chambers@hotmail.com</a>   |
| Treasurer:   | Irene Hofler<br>604-824-6741   | <a href="mailto:ihofler@telus.net">ihofler@telus.net</a>   |
| Directors:   | Johnny Grimm<br>Cal Francis<br>Carol Ault<br>Pat Ramsden<br>Gary Baker | <a href="mailto:johnnygrimm@yahoo.ca">johnnygrimm@yahoo.ca</a><br><a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a><br><a href="mailto:carolault@gmail.com">carolault@gmail.com</a><br><a href="mailto:patrickr@shaw.ca">patrickr@shaw.ca</a><br><a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a> |
| Membership:<br>Past President & FMCBC Rep:   | Tim Yochim<br>Ken Orr  | <a href="mailto:membershipsecretarycoc@gm">membershipsecretarycoc@gm</a><br><a href="mailto:orrke@shaw.ca">orrke@shaw.ca</a>   |
| Club Trip Email :  |  | <a href="mailto:chilliwackoutdoorclub@googlegroups.com">chilliwackoutdoorclub@googlegroups.com</a>   |
| For trips and announcements to be forwarded to all<br>Note: also you can post in members: Facebook: Chilliwack<br>Outdoor Club Group |  |  |
| Librarian:   | Irene Hofler   | <a href="mailto:ihofler@telus.net">ihofler@telus.net</a>   |
| Newsletter Pub:  | Jocelyn Timmermans   | <a href="mailto:jocelyntimmermans@hotmail.com">jocelyntimmermans@hotmail.com</a>   |
| Website :  | Christine Camilleri  | <a href="mailto:4christinecamilleri@gamil.com">4christinecamilleri@gamil.com</a>   |
| Vedder Mt Trail Ass'n:   | Gary Baker 604-858-4928  | <a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>   |

# **COC 2021 MULTI DAY HIKING TRIPS**

**TRIP: OCEAN KAYAK TRIP TO NUCHATLITZ,  
WEST COAST VAN ISLAND**  
**DATE: JUNE 05-12, 5 DAY PADDLE**  
**LEADER: DAVE BIEHN @ dave.biehn@gmail.com**  
**PEOPLE: 8 PEOPLE MAX & MUST HAVE SOME  
OCEAN KAYAKING EXP**

**TRIP: BACKPACK FROM BLACKWELL PEAK  
TO WHATCOM TRAILHEAD VIA NICOMEN  
LAKE OR VERSION OF**  
**DATE: MAYBE ABOUT JUNE 28-30, 3 DAY TRIP**  
**SUBJECT TO THE ROAD TO BLACKWELL  
PEAK OPENING UP**  
**LEADER: MAURICE DODD @**  
**mauricego@gmail.com**  
**PEOPLE: 8 PEOPLE MAX**

**TRIP: HIKE TO THE SADDLE BETWEEN WEBB  
& MACDONALD PEAKS, CAMP THE NIGHT  
AND THEN SCRAMBLE UP BOTH PEAKS**  
**DATE: END OF JUNE/BEGIN OF JULY,**  
**SUBJECT TO WEATHER, 2/3 DAY TRIP**  
**LEADER: CINDY WASLEWSKY @ twin-**  
**creeks@shaw.ca**  
**PEOPLE: 8 PEOPLE MAX**

**TRIP: HIKING/SCRAMBLING, CAR CAMPING  
IN YOHO / ROCKIES AREA**  
**DATE: MID OF JULY 17 - 27 DAY TRIP**  
**LEADER: CINDY WASLEWSKY @ twin-**  
**creeks@shaw.ca**  
**PEOPLE: 10 PEOPLE MAX**

**TRIP: BACKPACK TO PIERCE LAKE, THEN  
CLIMB MT MACFARLANE AND OUT**  
**DATE: 2 DAY MID JULY, SUBJECT TO  
WEATHER**  
**LEADER: MAURICE DODD @**  
**mauricego@gmail.com**  
**PEOPLE: 8 PEOPLE MAX**

**TRIP: BACKPACK INTO GARABALDI PP, DAY  
HIKE IN THE AREA**  
**DATE: LATE JULY – EARLY AUG, 3 DAY TRIP**  
**LEADER: CINDY WASLEWSKY @ twin-**  
**creeks@shaw.ca**  
**PEOPLE: 10 PEOPLE MAX**

**TRIP: 1 WEEK IN REVELSTOKE & GLACIER  
NP 1 WEEK IN KOOTENAY NP, HIKING & CAR  
CAMPING**  
**DATE: JULY 29 – AUG 12, 14 DAY TRIP**  
**LEADER: GRANT ACHESON @**  
**achesongrant9@gmail.com**  
**PEOPLE: 10 PEOPLE MAX**

**TRIP: BACKPACK UP THE WINDY JOE TRAIL,  
CAMP OVERNITE, HIKE TO THE TOP OF  
FROSTY MTN, CAMP OVERNITE THEN HIKE  
OUT**  
**DATE: JULY 29-AUG 01, 3 DAY TRIP**  
**LEADER: TERYY BERGEN @**  
**terrybergen@shaw.ca**  
**PEOPLE: 12 PEOPLE MAX**

**TRIP: BIKE RIDE (240KM+) “THE HEART OF  
THE KOOTENAY”, NELSON/KASLO AREA,  
BOTH ON AND OFF ROAD**  
**DATE; EITHER AUG 09-15 OR SEPT 07-13, 7  
DAY TRIP**  
**LEADER: GARY BAKER @ garywbaker@shaw.ca**  
**PEOPLE: 8 PEOPLE MAX**

**TRIP: BACKPACK THE HOWE SOUND CREST  
TRAIL, NORTH VAN (+ A COUPLE OF PEAKS)**  
**DATE: MID JULY, 3 DAYS, SUBJECT TO  
WEATHER**  
**LEADER: CINDY WASLEWSKY @ twin-**  
**creeks@shaw.ca**  
**PEOPLE: 8 PEOPLE MAX**

**TRIP: HELICOPTER IN/HIKE OUT TO BERG  
LAKE @ MT ROBSON PP**  
**DATE: MID TO LATE AUGUST**  
**LEADER: MARY ANN DYKSHOORN @**  
**madykshoorn@gmail.com & CAL FRANCIS @**  
**calfrancis@gmail.com**  
**PEOPLE: MAY DO MORE THAN ONE GROUP  
SO CHECK WITH MARY ANN OR CAL**

**TRIP: DAY HIKING/CAR CAMPING SOUTH OF  
MT BAKER AND INTO CASCADES NP ON  
HIGHWAY 20**

**DATE: EARLY TO MID SEPTEMBER**

**LEADER: CAL FRANCIS @ calfrancis@gmail.com**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: BACKPACK THE SUNSHINE COAST  
TRAIL, WATER TAXI FROM LUND TO SARAH  
POINT & END AT POWELL RIVER**

**DATE: OCT 09-17, 5 DAY TRIP, SUBJECT TO  
GETTING HUT RESERVATIONS**

**LEADER: JANE DESBARATS @**

**janedesbarates91@gmail.com**

**PEOPLE: 8 PEOPLE MAX**

**TRIP: DAY HIKING/CAR CAMPING IN UTAH  
(ARCHS, CAPITAL REEF, ZION, BRYCE  
CANYON NP, ETC ETC)**

**DATE: OCT 02-23, 3 WEEK TRIP**

**LEADER: DAVE BIEHN @ dave.biehn@gmail.com**

**PEOPLE: 12 PEOPLE MAX**

**TRIP: DAY HIKE/3-4DAY BACKPACK ON MAUI  
HAWAII**

**DATE: NOV 06-21, 16 DAYS**

**LEADER: JOHN MCLELLAN @**

**jhmclellan@shaw.ca**

**PEOPLE: 10 PEOPLE MAX**

**NB: CAL IS TRYING TO GET INTO  
ASSINIBOINE PP IN JULY & LAKE  
O'HARA/YOHO NP IN AUG BUT UNTIL  
HE CAN CONFIRM THAT HE CAN GET  
RESERVATIONS THESE 2 TRIPS WILL  
BE ON HOLD, SO PLEASE DO NOT  
CONTACT HIM ABOUT THE TRIPS  
UNTIL HE CONFIRMS THAT HE HAS  
BEEN SUCCESSFUL IN BOOKING THE  
TRIPS.**