



## MAY 2022 ACTIVITIES

- 04 May Trail Maintenance, Bridge building, Trans Canada Trail Borden Creek.
- 05 May Trip Ski/Snowshoe Whistler
- 06 May Hike Rolley Peak 10.5 km / 700m gain
- 12 May Trail Maintenance, Chilliwack Lake to riverside campground
- 13 May Hike Dewdney Grind Cabin 7 km / 660m gain
- 15 May Outdoor course facilitated by Hope Mountain Centre for Outdoor Learning.
- 17 May Trail Maintenance, Riverside to Pierce Creek
- 19 May Trail Maintenance, Pierce creek to Borden Creek
- 20 May Hike Tikwalus Heritage Trail 13 km / 1072m gain
- 22 May Cycle Fairfield Island 35 km flat
- 22-29 May Trip. Hiking. Waterfalls and Flowers. Columbia River Gorge, Painted Hills, Silver Falls State Park.
- 23 May Hike McKee Peak 2 hours, easy/intermediate hike
- 24 May Trail Maintenance, Borden Creek to Tolmie, Cultus
- 26 May Trail Maintenance, Tolmie to Little Tamihi
- 27 May Devils Lake Loop 4 km
- 28 May Hike Gloria Lookout 15 km / 1300m gain
- 30 May Club Meeting 3 pr of tickets giveaway (Door Prizes) to "Chilliwack Rocks Chilliwack". In Support of Chilliwack Search and Rescue.
- 31 May Trail Maintenance, BCIT Woodlot

## ROLLEY MT. – MAY 6



This was a first-time hike for all of us, excluding Sonia who was our guide. We did this hike as a crossover, leaving one vehicle at the trailhead that we later came out on and driving the other two 3 km farther up the gravel road. The "Mission Grind" trailhead was not hard to miss, with new looking stairs jutting off from the side of the

road. It was a rather deceiving impression, because immediately after that we had to carefully make our way over a patch of wet boulders. From there on the trail was a steady climb, interspersed with some less steep sections. Just enough to give us a brief break from the uphill before getting back to it again.

About half an hour in, we dropped our packs and made our way down a slippery, muddy trail to get a look at the falls. Wow!!! Fiddlehead Falls did not disappoint! With the heavy rainfall the night before, they roared into the river that churned and tossed right in front of us. I couldn't believe I'd never hiked this trail before. Back on track, Sonia made a



game of sitting on the seats that were hewn out of logs and stumps along the trail. A bit higher up you could see the old ax marks on massive tree trunks.



About half an hour before the viewing platform, we dropped down a bit to the dead-end of a broad gravel road where we had a beautiful expansive view of Stave Lake & dam. We were pleasantly surprised when Sheri showed up with her husband. They got the farm chores done and still were able to join us for the last bit. Then Case & Lucky (our neighbor after whom the Vedder Mt. trails behind our place were named) filed in. Lucky was not so Lucky. He had slipped and slammed his face against a tree. Case had no bandages on him, so he improvised and used good ol' duct tape on Lucky's nose. We had a hard time believing it when Case said Lucky is 81 years old! Lucky claims that his daily jaunts up our Vedder Mt. keep him young.



Lunch was a leisurely affair, happy to be in the sunshine after a week of rain. Cal & Iraj descended via the Mission Grind trail. They took the car keys and drove back to where we ended up coming out. We took the more gradually graded logging road down. As we were waiting for injured Lucky and Case to arrive, a young guy abruptly parked in front of us, jumped out and started animatedly talking to us about opening the gate and driving up to the viewing platform. Cal told him that would not be possible, to "Read the sign on the gate". So he took a few steps farther, stood in front of the gate, read the sign, then went to the side of the gate and fiddled with the lock for a sec and lo and behold; the gate swung open!

So Cal jumped in his jeep to go pickup injured Lucky. But they were already almost back.

When I asked Lucky if he was feeling up to going to Mission Springs for happy hour he indignantly said, "Of course!" Thankfully the staff were able to squeeze all 12 of us in. But we had to sit on two different tables. We were wondering why it was taking so long to get our fries. Then we realized the waiter had brought them to their table. Hmm. They did have a few left over and gave us some of their onion rings so we were even-stein.

Stats: 10.5 km / 700m gain / 751m high point / 3:30 hours  
MT – 9:30am – 3:00pm

Participants: Terry B, Jerry B, Iraj F, Cal F, Darlene G, Charlotte H, Lucky H, **Sonia J**, Carolyn H, Ling S, Case & **Joce T**

## DEWDNEY MT – MAY 13



Where to start? North or South trailhead? The South trail is steeper so that's where we headed. This was Sonia's very first time she coordinated a hike. She knows this area like the back of her hand. She had us park at the North trailhead. We then walked down the gravel road for 1.5 km to the South trailhead. Then began a relentless steep grunt which didn't



let up till we hit the first logging road where a helicopter kept hovering over us.

We couldn't believe it; mid-May and at 620m there's a fresh layer of snow on the ground! From the road we took a brief right, and then turned left onto another road where we got a valley/peak view to the east, somewhat shrouded by cloud. It was sad to see the recent clear-cutting that left a cacophony of hacked up stumps and debris. After a shorter section of trail, we once again emerged onto the FSR before delving back into the peaceful dense forest for the final stretch.

The hut was built by the people of Deroche in memory of 33-year-old Ben Von Hardenberg who died in a 2003 helicopter crash while fighting forest fires. I met his older brother while doing a solo hike there a few years ago. He maintains the very well-equipped cabin, checking it out several times a week. Jerry & Sonia grabbed brooms and cleared the picnic table of snow. The sun was shining on us and the view before and below us of Sumas Mt. and all that lies between.



After lunch we hiked back to the now first FSR and turned two brief rights, where Sonia showed us an even bigger view, stretching from Deroche all the way to the Mission Bridge. Right below us was the Nicomen Slough which bordered Nicomen Island. And at the base of Sumas Mt, on the other side of the narrow flats, wound the mighty Fraser. Chilliwack and Matsqui Prairie were in the background to the southeast and southwest.

Soon after that we were on the North trail. Again, I was sad to see that the loggers had also chewed up the "Canadian Whisky" (sign) spot where a freshwater spring used to bubble

up from the ground and a scoop dangled from the tree for us to help ourselves. About halfway down Sonia led us off the main trail, to a viewpoint overlooking Norrish Creek. The Saskatoon Berry bushes were blooming. Soon we were back at the main trail, crossing through some boulders, past some hollowed out trees that makes you wonder how they're still standing and a final steep drop before we were back at the vehicles around 2:30pm.

We couldn't go to the historic Dewdney Pub aka Church of the Blues, without first stopping in along the way to pay a visit to Larry & Harry. They are 80-year-old rescue sturgeons. We stood on a floating platform at the Inch Creek Salmon hatchery, watching 6' long Harry swim his rounds. But 7.5' Larry was shy, staying out of sight. I suppose 12 humans weighing down the platform and making so much noise, were a bit too intimidating for him.



Lining the walls in the pub were photos of large groups of motorcycle gangs in days gone by. Iraj got me to stand on the tall weigh scale which measured in stones, not pounds. It was good to meet some new people and we hope to see them again. Thank you, Sonia, for being such a great guide!

Stats: 7.12 km / 661m gain / 690m high

Along for this fun day were; Kim, Kathy, Terry B, Jerry B, Kim B, Iraj F, Ingrid F, Cal F, Tracey G, Allison J, Case & **Joce T** (report + pics) Audrey V + **Sonia A J**

## HERITAGE TIKWALUS TRAIL - MAY 20

11.7kms (7.27mi) with 930m (3051 ft) elevation gain.

The Event: Amazingly there were 19 members on this challenging hike, but it didn't seem like that because the group got quite spread out due to the steepness and different hiking speeds of the individuals. There were a few planned locations for us to regroup, which allows individual freedom but also maintains group integrity. Most of the regrouping spots were viewpoints, with the exception of the fork in the trail where you decided to go clockwise or counter-clockwise and no view. I highly recommend going clockwise, which we did. The clockwise direction adds some elevation gain on the

outgoing section but also keeps the views in front of you on the way up. Where the track turns right (at the top of the track), there is a campsite with washrooms and that is where we had lunch at 1:30. We started the hike at 10:22 am and got back to the vehicles 6 hours later. 10 of us went to dinner after the hike at Ricki's Restaurant in Hope. I find that getting together after a group hike really adds to the camaraderie of the event and we all enjoyed a good dinner and fun conversation.



The Hike: The trail started out as a gradual moderate incline on nice soft surface but didn't continue that moderate classification for very long before it got seriously UPcline. There are lots of sections in this UPcline that were in the 30% to 40% range. This went on for around two and a half kilometers, before easing off to mild and moderate grades. By then, my legs thought even this mild and moderate stuff was pretty inconsiderate.



A while after the junction you get glimpses of the 3 lakes to the right and below the trail. The glimpses are periodic and give the impression it is one long skinny lake instead of 3 separate ones. The highlight viewpoint was before the campsite and gave a panoramic view of the mountains and the Fraser River as well as Highway one and Hell's Gate



Tunnel. Very shortly after this viewpoint the trail went down VERY steeply. I would have been very happy to have had my microspikes on for this section. It would have been a lung/leg buster to go Up that section. Eventually we got to the campsite and met a fellow hiker who was setting up camp for the weekend. The campsite was surprisingly accommodating including washrooms and quite a few split logs for benches. There was also a picnic table, which 3 of us decided to use. However, it was a bit detached from the large sitting area where the group sat, so our team leader came and dragged us by the ears back to the group. I ended up quite happy with that, because it turned out it was Jocelyn's birthday and there was singing and tasty birthday treats. We got sprinkled on a bit during lunch which dampened things but not the mood.



Eventually we finished lunch and loaded up to begin the rest of the journey. After probably a kilometer we came to Lakehouse, which was a stopping point where gold miners, on their way to the gold fields, could rest. This whole trail was earlier called the HBC trail (Hudson's Bay Company) and was a route to the gold fields plus fur trading. There is still some tiny evidence of it's existence, as it apparently burned down in the 1860's. We took a short, side excursion to the lake, which was a treat. Back in the saddle we continued on and faced more uphill work, before we came back to the junction with about 4.5 kms to go to the trailhead. It was decent hiking back for the first couple of kilometers before we got to that really steep part. This was absolutely brutal on my leg muscles as descending is far harder on leg muscles than

ascending, as it is not what your legs normally do. By the time I got to the 1km marker my legs didn't want to have anything to do with me anymore. I thought that their revolt was unkindly, because a kilometer on a steep trail is a very long way, whether it is up or down, but at the moment it seemed like I had to get down from the top of Mt Everest. Oh well, embrace the struggle. I made it down alive. Somehow. And I'm still alive, so I am really looking forward to the next hike.

Participants: Terry B, John & Kim B, Jerry B, Cal F, Manfred H, Darcy G, Rob G, Sheri K, Chris L, Glen R, Mark S, Allana S, Jan S, David, Ted VA, Don T + Case & Joce T

Thanks to **Jocelyn Timmermans** for organizing and leading this fabulous experience.

Relish The Struggle.

-written by **Don Tocher**

## MCKEE PEAK – MAY 23



It was a great day hiking to the caves and rock bluffs on McKee. A big group today enjoying our long weekend out on the trails that were dry and in great shape. We lucked out and didn't see any rain. It was a pleasure meeting some new hikers today and also some that I hadn't seen for quite awhile. I will be posting more open invitation hikes on a regular basis and hope you will be able to join us on some of them.



-Ted VA

## DEVILS LAKE – MAY 27



Devil's Lake loop 4kms, is described as a family friendly hike along the lakeshore and forest. Muddy in some sections and minimum elevation providing a enjoyable day into the forest. Along were: Sheri K, Cathy U

by **Sonia AJ**

## GLORIA LOOKOUT – MAY 28

I can see why they named this trail the Gloria Lookout. The difficult steep 1188m climb on a long trail that is 98% in forest, made for a feeling of hard-earned accomplishment and a truly glorious reward when we finally got to the lookout that offered vistas from the Pacific Ocean almost to Hope! This is an excellent hike for training oneself for those harder upcoming hikes.



I didn't expect too many takers since I posted it rather late, humming and hawing about the forecast. So it was a delight to still have 6 of us hit the trail at 9:00am. My plan was to get to the summit in the sunny morn before the clouds closed in. But that's not how the day went.

The first few km was on the relaxing Community Forest loop trails. At the Gloria junction were two log benches and a map sign warning of how hard the trail is, gaining 1200m in only 6.5 km! It was a Saturday and yet we encountered only 3 other people on the trail. The forest was mystical with its bright green groundcover of moss and tall trees encased in fog. As we ascended a narrow spine, we could hear and get glimpses of Ford Creek below us to the right. We encountered old snow at almost 1300m. On went the handy micro-spikes. We did only a few post-holes.



As we emerged onto the ridge and junction to Thurston/Elk Mts, we were disappointed, having no view – just white. We saw footprints in the snow that had turned left. The young couple passed us at the junction, turning right to the Gloria Lookout. Its too bad they stayed only 5 minutes, thinking there was no view. I told our group that there was a good chance patches of the mist would partially clear, as it comes and goes in a matter of seconds. A few minutes after we settled in for lunch at the lookout, Jerry exclaimed, “Look! I see something!” And yes, we could see a faint outline of a farm down below. But I didn’t expect that about 10 minutes later the view would open up completely! Wow! We had about 20 minutes of sunshine and photo ops.



As we began the steep 100m climb back up to the ridge, one of us had cramping legs. This was not welcome, after having a half hour break and then starting to climbing again?!! Bodies were not too willing. But soon we were at the top and not too far down we met up with the rest of our group

who had made it to the ridge and junction, thinking they’ll get the lookout views through my pics. As we reentered the forest, the fog had set in once again. About halfway down we branched off to the right on the Big Blue trail which led to the Magic trail and then left on the Thalatel Community forest trail which was a huge relief as my knees were starting to think they were done. A few km got us back to the parking lot. A mountain biker took a group shot of us. The second shot turned out blurry because she couldn’t stop laughing when we did the utterly-tired pose; 3 women leaning their heads on each other’s shoulders and finally on Jerry’s who took the brunt of the weary weight.

Stats: 15 km / 1300m gain / 1520m high / 3:05 hrs MT to ridge / 9:00am – 4:00pm

Out for this challenging hike were: Terry B, Jerry B, Darcy G, Michelle K, Allana S + **Joce T**

## EDWARD FUEZ JR: A STORY OF

**ENCHANTMENT** By D.L. Stephen Published by Rocky Mountain Books, 2021

The Canadian mountaineering tradition has its layered origins in the role of the CPR and Swiss Guides, and Edward Feuz Jr. (1884-1981) was, without much doubt, one of the most significant Swiss Guides of 1st generation Canadian mountaineering. The beauty and joy of Donna Stephen’s biography of Feuz Jr. is the way she intricately threads together both Feuz Jr.’s compelling mountaineering life and her journey of sorts with Feuz and his wife. This means Edward Feuz Jr. is both a biography of Feuz but also an autobiography of sorts of Stephen’s.

Edward Feuz Jr. is both a companion book and yet takes deeper dives into the Swiss Guide ethos than the earlier, *The Guiding Spirit* (1986) by Andrew Kauffman and William Putnam. The focus, of course, of Stephen’s biography of Feuz Jr. means such a biographical and focused approach is inevitable. Many of the 1st generation guides are aptly mentioned, some more legends than others in Canadian mountaineering culture. But the evocative beauty of this biography is the way Stephen’s not only highlights Feuz Jr.’s multiple 1st ascents, significant guiding skills and legendary status but also his personal, private, family and unique personality. Stephen’s had access to this side of Feuz Jr. given the fact her family for decades had a maturing and ripe

relationship with the Swiss Guides but mostly with Edward and his wife, Martha.

Ron Dart, Ruthie Oltmann (an important mountain chronicler) and Sepp Renner from a trip Ron led in Assiniboine, 2013. Sepp was central in carrying on Edward’s line and lineage

and led Donna and her sister to the peak of Mt. Tupper in 2005 to honour Edward's many climbs.

The history of the Swiss Edelweiss Village (a heritage site but threatened by developers) in Golden is told in tender detail and the tensions between many of the Swiss Guides and the CPR is equally recounted in a candid manner. The ample collection of photographs in the book of Feuz Jr. and friends (including many with Donna Stephen's, friends and family) make for a generous and inviting approach to balance the engaging textual approach.

I quite enjoyed the bounty of a book for many reasons. I lived in Switzerland from 1972-1974 in the Alps and spent much of my time near Interlaken (where the Feuz family is from) and have trekked most of the trails and done many of the peaks Stephen's mentions and Feuz Jr. led trips to. Many of the mountaineering legends in the Canadian Rockies such as Bruno Engler, Lizzie Rummel, Georgia Engelhard, Conrad Kain and Sepp Renner/Ruthie Oltmann (see photo with Sepp/Ruthie on a trip I led to Assiniboine in 2013) etc have whispered much mountain lore and wisdom to my soul. I have also spent time at the Swiss Edelweiss Village in Golden and chatted with Jean Feuz Vaughan when she was alive (she kindly invited my wife, Karin and I, to spend an evening in the standard and much decorated Feuz mountaineering home).

There is an obvious sense, as the book inches towards its inevitable end, Edwards's wife has died and Edward, increasingly so, is alone and lonely that Donna and her sister become not only Edward's daughters but "Edward's Girls"—a touching and telling tale of lives knit together through the enchantment of the mountains.



There are many reasons for a pleasurable read or browse of Edward Feuz Jr., but there can be no doubt it is very much a story about enchantment and the enchanting world of mountaineering culture and mountains, Edward Feuz Jr. a true guide into such a reality.  
— by **Ron Dart**

## C.O.C. - 2022 MULTI DAY TRIPS

**TRIP:** UP THE ALCAN HWY EARLY JUNE, THROUGH WHITEHORSE, UP TO DAWSON CITY, OPTION TO DRIVE THE DEMPSTER HWY, LOOP UP TO KLUANE NP, WHITEHORSE, RETURN ON THE CASSIAR HWY TO MAKE A LOOP RETURN THE LAST WEEK OF JUNE.

**LEADER:** CINDY WASLEWSKY AT TWIN-CREEKS@SHAW.CA

**DATES:** 3-4 WEEKS IN JUNE 2022

**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** OLYMPIC PENINSULA, WASHINGTON STATE, CAR CAMPING, DAY HIKES

**LEADER:** CHRISTINE CAMILLERI AT 4CHRISTINECAMILLERI@GMAIL.COM

**DATES:** 5 DAYS AROUND MID JUNE

**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** BIKING TRIP TO THE "HEART OF THE KOOTENAYS" B.C.

**LEADER:** GARY BAKER AT GARYWBAKER@SHAW.CA

**DATES:** 5-7 DAYS OF BIKING ROUGHLY AROUND JUNE 20-30, STARTING AT KASLO OR NELSON

**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** BACKPACK INTO GARABALDI LAKE, WHISTLER AREA, TENTING

**LEADER:** SUE LAWRENCE AT GWELU@TELUS.NET

**DATES:** JUNE 21-23 3 DAYS/2 NIGHTS TENTING - TUES - THURS

**GROUP SIZE:** MAXIMUM 8

**TRIP:** BACKPACKING TO GARABALDI LAKE PP AT WHISTLER, 2 NIGHT / 3 DAY, TENTING

**LEADER:** CINDY WASLEWSKY AT TWIN-CREEKS@SHAW.CA

**DATES:** TIME ZONE IS 1ST 3 WK OF JULY OR 4TH WK OF AUG DEPENDING ON WEATHER AND SITES

**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** STRATHCONA PP, VANCOUVER ISLAND, CAR CAMP, DAY HIKE, BACKPACK

**LEADER:** CHRISTINE CAMILLERI AT 4CHRISTINECAMILLERI@GMAIL.COM

**DATES:** APPROXIMATELY JULY 9-19, DEPENDS ON SNOWPACK

**GROUP SIZE:** MAXIMUM 12 OR

**TRIP:** MARRIOT BASIN, ROHR LAKE, PEMBERTON AREA, BACKPACK  
**LEADER:** PATRICK RAMSDAN AT PATRICKR@SHAW.CA  
**DATES:** JULY 10-14, TENT, STAY AT WENDY THOMPSON HUT 1 NIGHT  
**GROUP SIZE:** 6-12 MAXIMUM OR

**TRIP:** BACKPACK THE ILLAL MEADOWS, COQUIHALLA AREA, TENTING  
**LEADER:** SUE LAWRENCE AT GWELU@TELUS.NET  
**DATES:** JULY 19-20, 2 DAYS/1 NIGHTS TENTING - TUES-WED  
**GROUP SIZE:** MAXIMUM 8

**TRIP:** REVELSTOKE & GLACIER NP (JULY 24-28) DAY HIKING, CAR CAMPING  
**LEADER:** CAL FRANCIS AT CALFRANCIS@GMAIL.COM  
**DATES:** SNOWFLAKE CG JULY 24-28  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** BACKPACKING A VARIATION OF THE HOWE SOUND CREST TRAIL, NORTH VAN, 2 NIGHT / 3 DAY, TENTING  
**LEADER:** CINDY WASLEWSKY AT TWIN-CREEKS@SHAW.CA  
**DATES:** 1ST 3 WK OF JULY TO 4TH WEEK OF AUG DEPENDING ON WEATHER AND SITES  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** KOOTENAY NP, DAY HIKING, CAR CAMPING  
**LEADER:** CAL FRANCIS @ CALFRANCIS@GMAIL.COM  
**DATES:** REDSTREAK CG @ RADIUM BC, JULY 29 – AUG 04  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** CAR CAMPING, HIKING & BACKPACKING IN YUKON (THE TOMBSTONE MTNS)  
**LEADER:** JOCE TIMMERMANS AT JOCELYNTIMMERMANS@HOTMAIL.COM  
**DATES:** TRYING TO FIT IT IN THE MONTH OF AUGUST, DAY HIKE KLUANE NP 1ST WEEK AUG & BACKPACK TOMBSTONE MTNS 3RD WEEK AUG  
**GROUP SIZE:** 12 MAXIMUM OR  
BACKPACK TOMBSTONES IS NOW FULL – I CAN PUT YOU ON A WAITING LIST IN CASE OF CANCELLATIONS

**TRIP:** JASPER NP, THE SKYLINE TRAIL, BACKPACK  
**LEADER:** CAL FRANCIS AT CALFRANCIS@GMAIL.COM  
**DATES:** TENTING AUG 14-15  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** JASPER NP, CAR CAMPING, HIKING, KAYAKING, E-BIKING  
**LEADER:** CAL FRANCIS AT CALFRANCIS@GMAIL.COM  
**DATES:** CAMPING AUG15-21  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** JASPER/BANFF ICEFIELD HWY, CAR CAMPING, HIKING, KAYAKING  
**LEADER:** CAL FRANCIS AT CALFRANCIS@GMAIL.COM  
**DATES:** CAMPING AT WILCOX CG OR MOSQUITO CG AUG 21-25  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** ACC GENERAL MTN CAMP AT INTERNATIONAL BASIN  
**LEADER:** CINDY WASLEWSKY AT TWIN-CREEKS@SHAW.CA  
**DATES:** AUGUST 6-13, HELICOPTER IN FROM NEAR GOLDEN  
**GROUP SIZE:** 3 MEMBERS ALREADY SIGNED UP, OPEN

**TRIP:** CAR CAMP AND DAY HIKE SOUTH OF MT BAKER & INTO CASCADES NP ON HIGHWAY 20  
**LEADER:** CAL FRANCIS AT CALFRANCIS@GMAIL.COM  
**DATES:** EARLY – MID SEPT 2022, EXACT DATES SENT OUT IN AUGUST  
**GROUP SIZE:** 12 MAXIMUM

**TRIP:** BACKPACK IN MANNING PROVINCIAL PARK  
**LEADER:** TERRY BERGEN AT TERRYBERGEN@SHAW.CA  
**DATES:** 3 DAYS/2NIGHTS TENTING IN MID SEPTEMBER  
**GROUP SIZE:** 12 MAXIMUM OR

**TRIP:** BACKPACK COPPER RIDGE, MT BAKER/NORTH CASCADES AREA  
**LEADER:** SUE LAWRENCE AT GWELU@TELUS.NET  
**DATES:** SEPT 13-15, 3 DAYS/2 NIGHTS TENTING - TUES-THURS  
**GROUP SIZE:** MAXIMUM 6

Masthead: Rolley Mt. viewing platform



## CLUB INFORMATION

### Notice to Trip Participants

It is understood that risk is inherent to some degree in all outdoor activities. Please ensure that you understand the risks involved and are prepared to accept them. As a participant, you are responsible for your own safety and equipment at all times. Trip organizers are not professional guides—they are simply club members who have volunteered their time for your enjoyment.

Inform the trip organizer of any medical conditions that he or she should be aware of in an emergency, for example: diabetes, asthma, and bee sting reactions. Ensure that your previous experience, ability and fitness level are adequate for the trip. Be sure that your equipment and clothing are adequate for the trip. Stay with the group. Wait for other group members frequently and at all route junctions. Tell the trip organizer if you must turn back. **Be safe and enjoy!**

### Required Equipment

Trip organizers will be pleased to answer any questions regarding the required equipment for any outing. For more information, it is recommended that you visit one of the many websites that provide such information. Some recommended sites are: [www.valhallapure.com](http://www.valhallapure.com) (club sponsor), [www.backpacker.com](http://www.backpacker.com) and [www.mec.ca](http://www.mec.ca).

**Safety first, last, and always!** It is the responsibility of trip participants to be equipped appropriately. Plan for the **worst!**

### The Ten Essentials

Before you hit any trail, no matter how easy, no matter how short, no matter how close to home, make sure your backpack is loaded with the ten essentials. When in the backcountry you are responsible for your own safety, and any one of these ten items may help to save your life. Carry them all and know how to use them.

1. Map
2. Compass
3. Extra clothing
4. Sunglasses and sunscreen
5. Headlamp/flashlight
6. First-aid supplies
7. Fire starter
8. Matches
9. Knife
10. Extra food and water

### Equipment for Club Members' Use

3	shovels	1	climbing dead man anchor
2	pairs of crampons	13	ice axes
2	avalanche transceivers	1	avalanche probe
6	climbing harnesses & a few carabineers	5	ice screws contact Cal Francis to use: <a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a>

**Note:** All equipment must be returned in the same condition as borrowed or repaired appropriately. The equipment is being examined to determine its state of repair and will be reviewed by the Board of Directors as to what should be retained, scrapped or sold.

### Hike Grading System

Duration (hrs.)		Elevation Gain (m)		Difficulty	
A	0-4	1	10-500	a	Easy
B	4-7	2	500-1000	b	Moderate
C	7-10	3	1000-1500	c	Difficult
D	10+	4	1500+	d	Advanced

## CLUB CONTACTS

Position	Name	E-mail
President:		
Vice President:	Christine Camilleri	<a href="mailto:4christinecamilleri@gmail.com">4christinecamilleri@gmail.com</a>
Secretary:	Jackie Chambers	<a href="mailto:Jackie.p.chambers@hotmail.com">Jackie.p.chambers@hotmail.com</a>
Treasurer:	Irene Hofler 604-824-6741	<a href="mailto:ihofler@telus.net">ihofler@telus.net</a>
Executive:	Tracy Goodwin Cal Francis Carol Ault Pat Ramsden Terry Bergen	<a href="mailto:tracy.g22222@gmail.com">tracy.g22222@gmail.com</a> <a href="mailto:calfrancis@gmail.com">calfrancis@gmail.com</a> <a href="mailto:carolault@gmail.com">carolault@gmail.com</a> <a href="mailto:patrickr@shaw.ca">patrickr@shaw.ca</a> <a href="mailto:terrybergen@shaw.ca">terrybergen@shaw.ca</a>
Membership:	Tim Yochim	<a href="mailto:membershipsecretarycoc@gmail.com">membershipsecretarycoc@gmail.com</a>
Past President & FMCBC Rep:	Ken Orr	<a href="mailto:orrke@shaw.ca">orrke@shaw.ca</a>
Club Trip Email:		<a href="mailto:chilliwackoutdoorclub@googlegroups.com">chilliwackoutdoorclub@googlegroups.com</a>
For trips and announcements to be forwarded to all		
Note: also you can post in members: Facebook: Chilliwack Outdoor Club Group		
Librarian:	Carol Ault	<a href="mailto:carolault@gmail.com">carolault@gmail.com</a>
Newsletter Pub:	Jocelyn Timmermans	<a href="mailto:jocelyntimmermans@hotmail.com">jocelyntimmermans@hotmail.com</a>
Website :	Christine Camilleri	<a href="mailto:4christinecamilleri@gamil.com">4christinecamilleri@gamil.com</a>
Vedder Mt Trail Ass'n:	Gary Baker	604-858-4928 <a href="mailto:garybaker@shaw.ca">garybaker@shaw.ca</a>